Gail P Duke Older Adult Center
350 Livonia Avenue
Brooklyn, NY 11212
Phone 718-942-5345

November -2026



Daily Activities

Monday	**Tuesday**
10:00 AM – The Tommy Exp. Aerobics 11:00-Indoor Horticulture Club 12:00 PM–Lunch 1:30PM-Bingo Review 2:30PM-Social Hour	10:00 AM –Health Series Workshop 11:00 AM-Tai Chi w/Jimmy Britt 12:00PM-Lunch 1:00PM-Computer Class-Lab 2:00-Writing Class w/ Dorothy **Nov 3 & Nov 17**
Wednesday	**Thursday**
10:00AM-Cardio Fusion w/Yvette 11:00AM- Let's Talk w/Dorothy 12:00PM-Lunch 1:00PM – Riverway Chorus w/Brenda 2:00PM- Arts & Crafts **Nov. 11-We will be open w/ full services on Veteran's Day**	10:00AM-B/P Monitoring 11:00 AM-You Tube Health-Game RM 12:00PM – Lunch 1:00-Zumba w/Fitwell Hydro 2:00PM-Corn Hole **Nov 5 & 12**
Friday	**Please Note: Lunch is served from 12PM-1PM** **Suggested Donation $2.00** *****Please do not discuss change or donation intentions with staff or volunteers**
10:00AM-Guided Meditation 11:00AM-Drawing 12:00PM –Lunch 1:00-OHEL Mental Health Awareness or Coffee Chat w/Annie 2:00-Painting-See Rec Schedule	

Funded by NYC Aging

Upcoming Events for November 2026

Presentations:

November 6-All About Emotions w/ Annie @1PM
November 10-Howard & Health First @1PM
November 12-Eating Habits Presentation @11AM
November 13-SCAMS PREVENTION Workshop@11AM
November 17-OHEL Presentation w/Dr. Kevin Wang @11AM
November 25-Personal Hygiene Presentation @ 11AM

Special Events:

Nov. 6-Paint & Dip $10-See Dorothy for details
Nov. 17-Thanksgiving Luncheon Pot Luck- @ 12PM-4PM Must RSVP by Nov 9-Please Sign up with Dorothy-Suggested Donation $5.00
Nov. 18-Line Dance Party @ NEW Age Center@1PM (Sign UP)
Nov. 19-Birthday Party w/ 70's & 80's Theme
Nov. 20-Rec Bingo @1:30 PM

Center is closed on Nov. 26-27 for Thanksgiving and Day After.

You must make an appointment with Dorothy Craig for Case Assistance.

Transportation door to door to center offered to individuals with mobility issues as needed. Please make sure you have a transportation application on file and intake. You must make reservations by the day before. You can do one way or round trip. Sign- up sheet at front desk.

*****Remember transportation suggested donation is now $2 each way. We do not refund transportation refunds.**

Gail P Duke OAC November 2026
TRIP CALENDAR



Monday	Tuesday	Wednesday	Thursday	Friday
2	3	4	**5**	6 **Shoprite-10AM**
9 **10AM-Trader Joe's or Costco**	10 **11:30 AM** **Le Baobab-Senegalese Food-1235 Fulton Street**	11	12 **10AM-Walmart**	13
16 **10AM- BOWLING**	17	18	19	20 **10AM-Walmart**
23 **10:30AM-Golden Corral** **$6**	24 **10 AM-Food Bazaar-Linden Blvd**	25	26 **CENTER CLOSED THANKSGIVING DAY**	27 **CENTER CLOSED**
30 **10:30-Cheese Cake Factory**			**Schedule with Nicci for trips**	**Each Trip $4 Round trip** **Must give 24 hour notice to cancel**

Riverway Recreation NOVEMBER 2026

Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
						1
2 1:30 - BINGO	3 2:00 pm – Writing	4 11 am – Let's Talk: 2:00 – Arts & Crafts: Jewelry	5 2:00 - Corn Hole	6 2:00 pm – Paint & Dip ($10)	7	8
9 1:30 - BINGO	10 10 - Movie	11 11 am – Let's Talk: 2:00 - Yarn Works: Crochet	12 2:00 - Corn Hole	13 DTC OUT	14	15
16 1:30 - BINGO	17 2:00 pm – Writing	18 11 am – Let's Talk: 2:00 – Arts & Crafts: Jewelry	19 1:30 – BIRTHDAY PARTY (Theme: 70's & 80's)	20 2:00 pm – REC BINGO	21	22
23 1:30 - BINGO	24 2:00 – It's Music	25 11 am – Let's Talk: 2:00 Yarn Works: Crochet	26	27	28	29

EVENTS

MOVIE: TBA

BIRTHDAY PARTY color(s):
Gold and Brown

AWARENESS MONTH: Pancreatic * Lung * Stomach * Carcinoid CANCER.
Honoring Caregivers