

125⁺
YEARS OF CHANGING LIVES



The Howard Beach Gazette & OAC Chronicle

SEPTEMBER 2026 EDITION

HOWARD BEACH OLDER ADULT CENTER

A Program of Catholic Charities Neighborhood Services

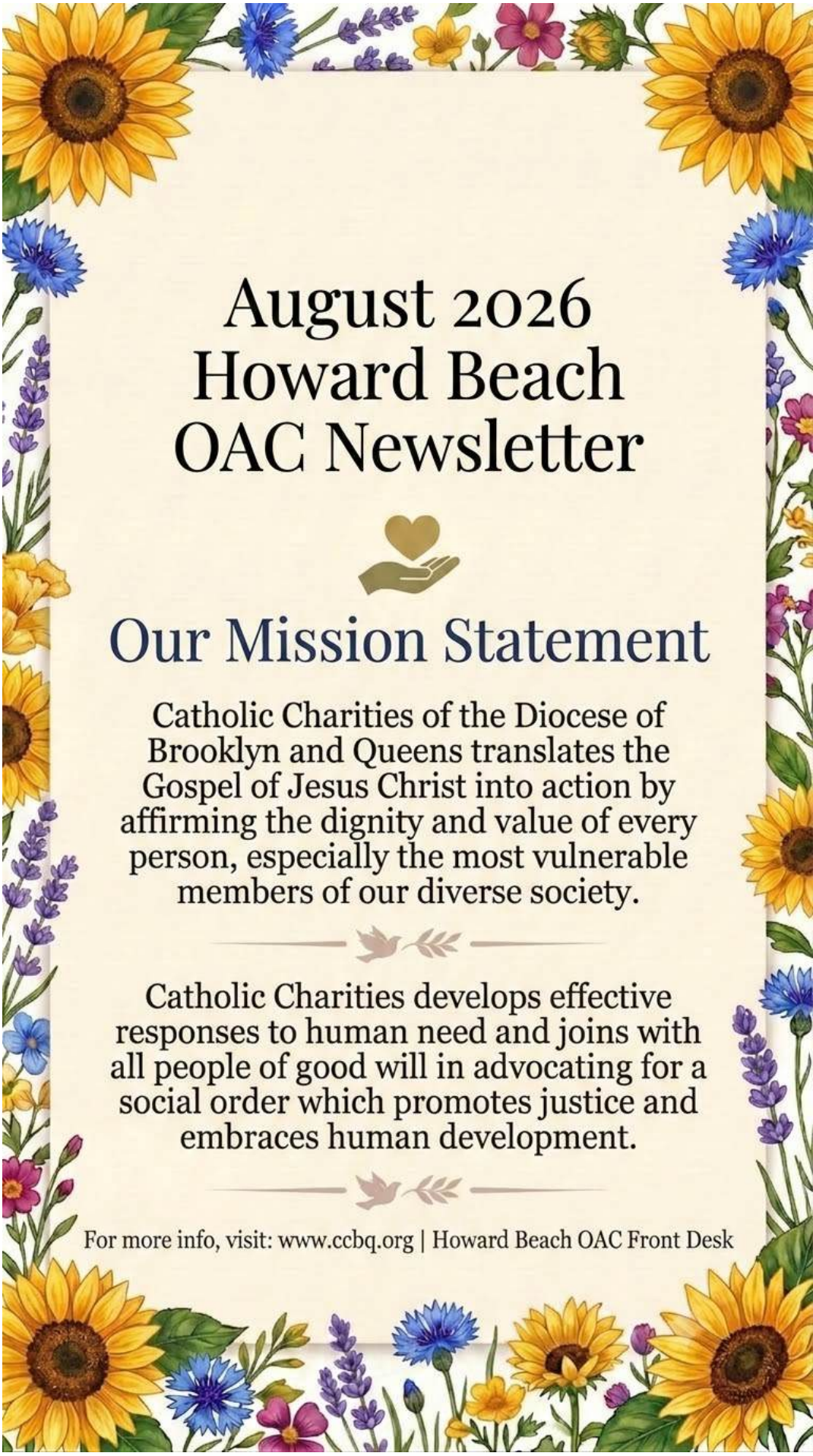
CENTER INFORMATION

Address: 155-55 Cross Bay Blvd., Howard Beach, NY 11414

Phone: (718) 738-8100

Hours: Monday - Friday | 8:30 A.M. - 4:30 P.M.





August 2026 Howard Beach OAC Newsletter



Our Mission Statement

Catholic Charities of the Diocese of Brooklyn and Queens translates the Gospel of Jesus Christ into action by affirming the dignity and value of every person, especially the most vulnerable members of our diverse society.



Catholic Charities develops effective responses to human need and joins with all people of good will in advocating for a social order which promotes justice and embraces human development.



For more info, visit: www.ccbq.org | Howard Beach OAC Front Desk

MONTHLY PROCLAMATION: SEPTEMBER ADVENTURES

 **FITNESS & WELLNESS:** Maintain your vitality with Brain Teasers, Heart & Muscles, S.A.I.L., IntenSati, Disco Torso, and Exercise.

 **ARTS & HOBBIES:** Engage your creativity with Embroidery, Beginner and Intermediate Crochet, Rock Painting, Karaoke, Mahjong, Card Games, and Leisure Games.

 **PASSPORT TO FLAVOR:** Embark on a culinary journey with video tours and themed lunches featuring the vibrant cultures of Puerto Rico, France, Poland, India, and Germany.

 **WORKSHOPS & SPECIAL EVENTS:** Join us for festive parties with DJs Lou, Joel, and Ray, a Comedy Show with Howard Newman, and informative sessions on Brain Health, CenterLight PACE, and Safe Street-Crossing.

 **GAMES & SOCIAL:** Strengthen community bonds during our daily game sessions and exciting Bingo events.

A COMMUNIQUÉ FROM YOUR STEWARDS

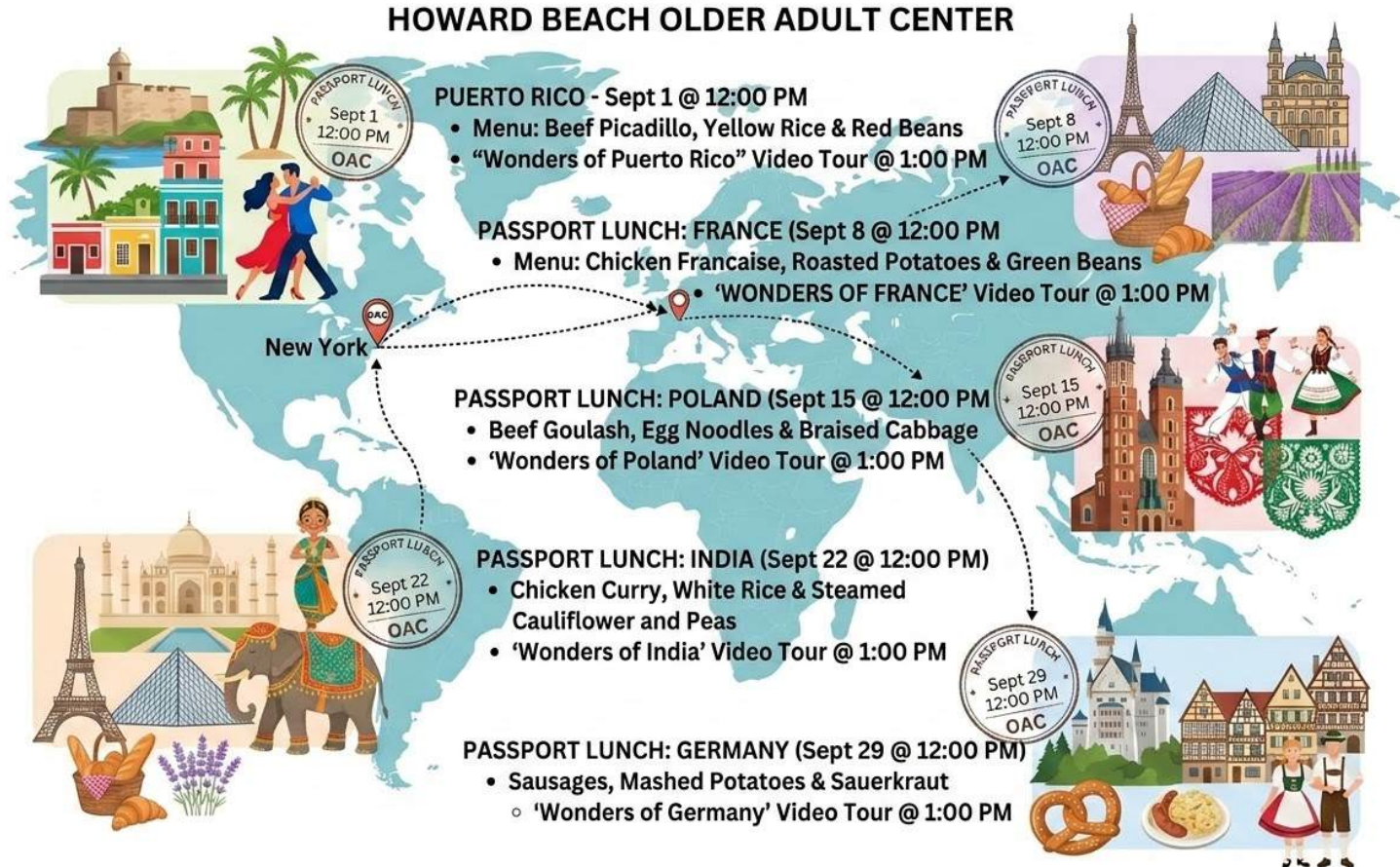
Salutations for the month of September! As we navigate the golden days of early autumn, our focus turns toward creativity and the harvest season. We shall honor the artistic spirit within our community and celebrate the abundance of the early autumn harvest. It is our noble aim to ensure you remain inspired, connected, and joyful as we make the most of these vibrant autumn days. **Creative Horizons and Harvest Feasts: A Season of Community Spirit Flourishes Within These Walls!** - *The Howard Beach OAC Team*

SEPTEMBER EXPOSITION: A GRAND CHRONICLE OF FORTHCOMING AFFAIR

INTERNATIONAL CUISINE DAYS

SEPTEMBER 2026

HOWARD BEACH OLDER ADULT CENTER



MOVIE NIGHTS

Join us in the dining room for our featured cinematic presentations:

- "Novocaine" (Sept 2 @ 1:00 PM).
- "The Messenger - The Story of Joan of Arc" (Sept 16 @ 1:00 PM).
- "Night Passage" (Sept 30 @ 1:00 PM).

FESTIVITIES & OBSERVANCES

SEPTEMBER 2026
FESTIVITIES & OBSERVANCES

Howard Beach Older Adult Center

 Sept 7 Labor Day	 Sept 11 Patriot Day
 Sept 11–13 Rosh Hashanah	 Sept 13 National Grandparents Day
 Sept 17 Constitution Day	 Sept 20–21 Yom Kippur
 Sept 21 International Day of Peace	 Sept 22 Autumnal Equinox
 Sept 29 National Coffee Day	
 All Month National Senior Center Month	 All Month National Literacy Month

JULY RETROSPECTIVE: A WORLD OF FLAVORS



We are thrilled to share that our International Cuisine Month was a resounding success, culminating in our highest volume of meal feedback ever! The response was overwhelmingly positive, with many members sharing that the meals met or exceeded their expectations. Throughout the month, we embarked on a culinary journey across the globe, pairing our lunches with immersive video tours and national music from each featured destination. To celebrate our travelers, we proudly presented "King of Travel" and "Queen of Travel" certificates to those who joined us for all 9 destinations. Seeing the pride, applause, and smiles as our members received their "royal" titles was truly priceless. It was an amazing month, and we look forward to continuing this excitement!

AUGUST RETROSPECTIVE: SPOTLIGHT CLUB SUCCESS



We are thrilled to celebrate the resounding success of our Spotlight Club, which became a weekly highlight throughout August! Moderated by our own Matilde, whose television experience brought such poise to our gatherings, these sessions offered a powerful space for connection. Week after week, our members stepped up to share their life stories - some moments had us laughing out loud, while others deeply touched our hearts. It has been incredibly heartwarming to witness the consistent support, close listening, and genuine camaraderie that flourished session after session. Thank you to everyone who made these weekly gatherings a true success!

Understanding Estate Planning & Elder Care

A Free Community Workshop



1 What happens without a will and trust

Who decides — you, or the court?



2 Why estate planning matters

And what it does for your family



3 Wills, trusts & the documents to know

The papers that speak for you



4 Common beneficiary mistakes

The form that outranks your will



5 Where life insurance & annuities fit in

Protection while living — and after



6 Protecting your home & long-term care

Planning ahead means more choices

WORKSHOP DETAILS:

DATE: August 8, 10:30 AM

LOCATION: Dining Room, Howard Beach OAC

FEATURED SPEAKER: Jason Bamby

Funded by NYC Aging



NATIONAL SENIOR CENTERS MONTH

Fun Facts

- September is National Senior Centers Month, a time to recognize the vital role these centers play in empowering older adults to age with dignity and independence.
- Senior centers serve as essential community hubs, offering a unique blend of health, social, and educational services that foster lifelong learning and connection.
- Many centers across the country host events throughout September to highlight the diverse activities and support systems available to seniors.

How to Celebrate

- Join us at the Howard Beach OAC for our special September programming - try a new hobby, join a fitness class, or participate in a group game.
- Bring a friend or neighbor who hasn't visited the center yet; sharing the experience is the best way to celebrate!

How You Can Help Maintain & Support Our Center

- **Maintain the spirit:** Your active participation is the heart of this center. Keep coming to classes, joining in discussions, and sharing your stories - your engagement keeps our community vibrant.
- **Support our staff:** Our dedicated team works tirelessly to create a welcoming environment for everyone. You can support them by:
 - Offering a simple "thank you" for their efforts.
 - Following center guidelines to help everything run smoothly.
 - Providing your honest feedback on programs so we can continue to offer the services that matter most to you.



FASHION SHOW
JOIN US & WALK THE RUNWAY

SEPTEMBER 10, 2026
10:30 am to 11:30 am
AT THE HOWARD BEACH
SENIOR CENTER

MODELS WANTED!
Looking for diverse models
to showcase styles for:

FORMAL

DINNER

CASUAL

SPORT

**PLEASE SIGN UP WITH
YVONNE WHITTINGHAM** 
OR THE OFFICE
Funded by NYC Dept of Aging

✈️ HOWARD BEACH NEWS: THE WORLD TOUR CONTINUES!



Our 'Passport to Flavor' was such a hit in July that we're packing our bags for another adventure this September! Starting September 1st, get ready for International Cuisine Day every Tuesday! Tracy, Shamel, and Maria are already in the kitchen crafting culturally-inspired masterpieces. Join us for a full sensory experience featuring delicious meals, stunning video walking tours, and traditional music from around the globe.

★ Become a Certified Global Critic!

This month, you are the judge! Pick up your official Travel Passport at the start of September. For every Tuesday lunch, fill out the Review Card at your table to rate the food, video, and music. Drop your card in our Departure Box to earn your weekly passport stamp! Collect all five stamps to earn the prestigious title of Certified Global Critic at our September wrap-up celebration! Grab your passport next week - we can't wait to travel the world with you!

HOWARD BEACH OLDER ADULT CENTER

PACK YOUR BAGS!

September International Cuisine Days & Travel Game

Join us every Tuesday this September for a delicious journey around the world! Savor authentic meals prepared by Tracy and our kitchen staff, enjoy traditional music & videos, and play our **Travel Passport Game!**

HOW TO PLAY

1. **Get Your Passport:** Grab your official booklet at the front desk or during lunch.
2. **Experience the Trip:** Enjoy the international meal, regional music, and video tour.
3. **Submit Your Review:** Fill out the Review Card at your table and drop it in the *Departure Box*.
4. **Earn Your Visa Stamp:** Receive an official country stamp in your passport for each review!
5. **Become a Critic:** Collect all 5 stamps by Sept 29 to become a *Certified Global Critic!*

★ WHAT TO LOOK FOR



TRAVEL PASSPORT



REVIEW CARD

DROP IN DEPARTURE BOX

✈️ UPCOMING DEPARTURES BOARD ✈️

SEPT 1	SEPT 8	SEPT 15	SEPT 22	SEPT 29
Puerto Rico 	France 	Poland 	India 	Germany 

➔ BE ON TIME TO BOARD, DO NOT MISS YOUR FLIGHT! ➔



MOVIE NIGHTS

Join us for our afternoon cinematic presentations:

SEPT 2

@ 1:00 PM



SEPT 16

@ 1:00 PM



THE MESSENGER - THE STORY OF JOAN OF ARC

SEPT 30 | @ 1:00 PM



NIGHT PASSAGE

Don't miss these captivating afternoon screenings!

Howard Beach Older Adult Center

PATRIOT DAY



Patriot Day, observed annually on September 11th, serves as a solemn tribute to the lives lost and the unwavering courage displayed during the tragic events of 2001. We gather in patriotic unity to honor the first responders who acted with selfless bravery and to remember the enduring spirit that defines our great nation. This day is a call to reflection, strengthening our resolve to uphold the values of liberty and justice that our country holds dear. At the Howard Beach Older Adult Center, we stand together in steadfast remembrance, ensuring that the lessons of resilience and the heroism of that day are never forgotten. As we reflect on the sacrifices made, we pledge to pass on the legacy of courage and community solidarity to future generations, serving as a guiding light of hope and dedication for all.

NYC AGING AND WALGREENS PHARMACY

VACCINATION CAMPAIGN

Protect Yourself and Your Community

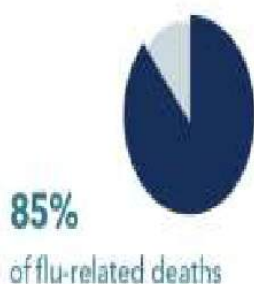
Pre-Register today to **GET VACCINATED!**

FLU, COVID, and PNEUMONIA Vaccines Available

OAC/NORC Name: Howard Beach Older Adult Center

Vaccination Date and Time: SEPTEMBER 11, 11 AM – 2 PM

People 65 and older account for the majority
of influenza (flu)-related hospitalizations and deaths:



Influenza infection is linked to a
6-fold elevated risk
of myocardial infarction
3-fold higher risk
of stroke



NYC Department for
the Aging

Established November 4, 1975

ROSH HASHANAH & YOM KIPPUR: HIGH HOLY DAYS

Rosh Hashanah and Yom Kippur are the two most significant holidays in the Jewish calendar, known as the "High Holy Days" or "Days of Awe."

Fun Facts

- Rosh Hashanah marks the Jewish New Year and commemorates the creation of the world.
- It is traditional to eat apples dipped in honey on Rosh Hashanah, symbolizing the hope for a sweet year ahead.
- The Shofar (a ram's horn) is blown during Rosh Hashanah to awaken the soul and signal the beginning of the period of introspection.
- Yom Kippur is the holiest day of the year in Judaism, dedicated to fasting, prayer, and repentance.
- The fast on Yom Kippur lasts for about 25 hours, starting before sunset and ending after nightfall the next day.
- Yom Kippur concludes with the "Ne'ilah" service, ending with a long blast of the Shofar.

What is Similar Between Them?

- Both are part of the "Ten Days of Repentance," a period between the two holidays dedicated to reflection, self-examination, and seeking forgiveness.
- Both holidays are deeply rooted in prayer, communal synagogue services, and the themes of judgment and reconciliation.
- The Shofar is a central symbol in both, blown during Rosh Hashanah to mark the start and at the end of Yom Kippur to mark the conclusion of the fast.
- Both are widely observed by Jewish communities around the world, serving as profound opportunities to reconnect with tradition, family, and personal values.



STREET *wise*

STREETWISE is a 45 minute traffic safety presentation created by the NYC DOT Office of Safety Education and Outreach to help older New Yorkers protect themselves in the city's traffic environment, especially important because New Yorkers over 65 account for up to 50% of the city's pedestrian fatalities!



Understand

- Dangerous Driving Behaviors



Learn

- Pedestrian Safety tips
- Best practices



EVENT DETAILS:

- **10:30A-11:30A, September 22**
at **Howard Beach OAC Dining Room**



VISION ZERO 
Building a Safer City

NATIONAL GRANDPARENTS DAY: SEPTEMBER 13



National Grandparents Day is a special occasion dedicated to honoring the wisdom, strength, and love that grandparents bring to our families and communities. It serves as a beautiful reminder to cherish the intergenerational bonds that shape our lives and to express our deepest gratitude for their enduring guidance.

Fun Facts

- Marian McQuade started the movement for the holiday in 1973 in West Virginia to educate youth about the important contributions seniors have made throughout history.
- In 1978, President Jimmy Carter signed the proclamation that made National Grandparents Day a national holiday in the United States.
- The official flower for the day is the forget-me-not.

How to Celebrate

- Spend quality time together, share stories, or look through family photo albums.
- Write a heartfelt letter or card to express your love and appreciation.
- Bake a favorite family recipe together.

Howard Beach Older Adult Center

Celebrate Grandparents Day with Matilde!



Date: September 18
Time: 10:30 AM
Location: Dining Room

Special breakfast at 9 AM:



- Spinach Egg Frittata
- Pork Sausage
- Home Fries
- Fruit Cup with Yogurt
- French Toast with Syrup
- Chocolate Muffin



Join us to share your stories about your grandchildren and bring a photo to show!



A HEALTHY ACTIVITY FOR GRANDPARENTS & GRANDCHILDREN: FRUIT & VEGGIE SKEWERS WITH YOGURT DIP



Ingredients

- 1 cup of strawberries
- 1 cup of grapes
- 1 cup of cucumber slices
- 1 cup of cherry tomatoes
- 1/2 cup of Greek yogurt for dipping
- 1 tsp of honey

Instructions

1. Wash and dry all fruits and vegetables.
2. Together, carefully thread the fruit and vegetables onto safe skewers in alternating patterns.
3. Mix the Greek yogurt with the honey in a small bowl.
4. Enjoy this fresh, healthy snack together!



COMMUNITY WELLNESS WORKSHOP

NATIONAL SUICIDE PREVENTION MONTH

A special presentation and discussion.



SPEAKER:

Alena Khaimchayev,
Ohel



JOIN US!
Howard Beach OAC

DATE: September 28

TIME: 11:15 AM

LOCATION: The Dining Room

Learn about the signs, find resources, and
connect with help. Everyone is welcome.

**Funded by
NYC Aging**





United States Department of Agriculture

**10
tips**
Nutrition
Education Series



MyPlate
MyWins

Based on the
**Dietary
Guidelines
for Americans**

Got your dairy today?

The Dairy Group includes milk, yogurt, cheese, and fortified soymilk. They provide calcium, vitamin D, potassium, protein, and other nutrients needed for good health throughout life. Choices should be low-fat or fat-free—to cut calories and saturated fat. How much is needed? Older children, teens, and adults need 3 cups* a day, while children 4 to 8 years old need 2½ cups, and children 2 to 3 years old need 2 cups.

1 “Skim” the fat

Drink fat-free (skim) or low-fat (1%) milk. If you currently drink whole milk, gradually switch to lower fat versions. This change cuts saturated fat and calories but doesn’t reduce calcium or other essential nutrients.



2 Boost potassium and vitamin D, and cut sodium

Choose fat-free or low-fat milk or yogurt more often than cheese. Milk and yogurt have more potassium and less sodium than most cheeses. Also, almost all milk and many yogurts are fortified with vitamin D.

3 Top off your meals

Use fat-free or low-fat milk on cereal and oatmeal. Top fruit salads and baked potatoes with low-fat yogurt instead of higher fat toppings such as sour cream.



4 Choose cheeses with less fat

Many cheeses are high in saturated fat. Look for “reduced-fat” or “low-fat” on the label. Try different brands or types to find the one that you like.

5 What about cream cheese?

Cream cheese, cream, and butter are not part of the dairy food group. They are high in saturated fat and have little or no calcium.

6 Switch ingredients

When recipes such as dips call for sour cream, substitute plain yogurt. Use fat-free evaporated milk instead of cream, and try low-fat or fat-free ricotta cheese as a substitute for cream cheese.



7 Limit added sugars

Flavored milks and yogurts, frozen yogurt, and puddings can contain a lot of added sugars. Get your nutrients from dairy foods with fewer or no added sugars.

8 Caffeinating?

If so, get your calcium along with your morning caffeine boost. Make or order coffee, a latte, or cappuccino with fat-free or low-fat milk.

9 Can’t drink milk?

If you are lactose intolerant, try yogurt, lactose-free milk, or soymilk (soy beverage) to get your calcium. Calcium in some leafy greens is well absorbed, but eating several cups each day to meet calcium needs may be unrealistic.



10 Take care of yourself and your family

Parents who drink milk and eat dairy foods show their kids that it is important for their health. Dairy foods are important to build the growing bones of kids and teens and to maintain bone health in adulthood.

* What counts as a cup in the Dairy Group? 1 cup of milk, yogurt, or soy beverage; 1½ ounces of natural cheese; or 2 ounces of processed cheese.

Center for Nutrition Policy and Promotion
USDA is an equal opportunity provider, employer, and lender.

Go to **ChooseMyPlate.gov**
for more information.

DG TipSheet No. 5
June 2011
Revised October 2016

CATHOLIC CHARITIES & HOWARD BEACH OAC COMEDY SHOW



**TUESDAY
SEPTEMBER 29, 11AM**
THANKS HOWARD NEWMAN



SEPTEMBER AUTUMN TRIVIA



We warmly welcome everyone to join this month's exciting trivia challenge! As the crisp autumn breeze begins to roll over Howard Beach, take a relaxing break, gather with friends at the center, and put your knowledge to the test. Dive into these fascinating stories of history, music, and seasonal traditions that make September so memorable.

September Historical Milestones

1. **American Labor:** On September 5, 1882, the very first Labor Day parade was celebrated in which borough of New York City?
2. **Historic Voyage:** In September 1620, which famous ship set sail from Plymouth, England, carrying Pilgrims toward the New World?
3. **Star-Spangled Melody:** On September 14, 1814, Francis Scott Key wrote the

lyrics to "The Star-Spangled Banner" after witnessing the bombardment of which Maryland fort?

4. **The Constitution:** On September 17, 1787, delegates in Philadelphia gathered to sign which foundational legal document of the United States?
 5. **End of Conflict:** On September 2, 1945, formal surrender documents were signed aboard the USS *Missouri*, officially ending which major global conflict?
-

Famous September Birthdays

1. **September 7, 1936:** This rock 'n' roll pioneer from Texas topped the charts with classics like "That'll Be the Day" and "Peggy Sue."
 2. **September 19, 1965:** Known for her warm country tone, which legendary singer became famous for timeless hits like "Crazy" and "Walkin' After Midnight"?
 3. **September 21, 1950:** This beloved actor and comedian brought laughs to audiences in *Ghostbusters*, *Groundhog Day*, and *Caddyshack*.
 4. **September 23, 1949:** Known to generations of fans as "The Boss," this New Jersey singer-songwriter is famous for "Born to Run."
 5. **September 28, 1934:** This celebrated French actress and fashion icon captured international fame in the 1950s and '60s, starring in *And God Created Woman*.
-

September Harvest & Flavors

1. **Orchard Classic:** What crisp autumn fruit comes into peak picking season in September and is famously pressed into warm spiced cider?
2. **Hearty Gourd:** Which round orange vegetable begins appearing in September markets, destined for autumn pies, soups, and porch displays?
3. **Vineyard Favorite:** What sweet fruit, harvested extensively in late summer and

early autumn, is turned into jams, jellies, and fine wines?

4. **Nutty Treat:** What hard-shelled nut begins falling from trees in September and is a staple in autumn baking and holiday stuffing?
 5. **Sweet Stalk:** Which tall garden crop, often boiled or grilled and served with melted butter, reaches its final late-season harvest this month?
-

September Fun Facts & Quirks

1. **Name Origins:** September comes from the Latin word *septem*, meaning what number, reflecting its position in the ancient Roman calendar?
2. **Autumnal Balance:** What astronomical event occurs around September 22 or 23, marking the official first day of fall when day and night are nearly equal?
3. **Classic Song:** The opening line of the famous 1978 Earth, Wind & Fire hit asks, *"Do you remember the 21st night of..."* which month?
4. **Grandparents Day:** Celebrated on the first Sunday after Labor Day, which U.S. President officially signed the proclamation establishing National Grandparents Day in 1978?
5. **Sapphire Skies:** What deep blue precious gemstone serves as the traditional birthstone for the month of September?

Did you know? In the original ten-month Roman calendar, September was actually the seventh month of the year! It kept its name even after January and February were added to the beginning of the year.

 **Note, consult the final page of this gazette for the solutions to our summer diversions.**



USEFUL COMMUNITY RESOURCES

1. **Msgr. Joseph Pfeiffer Resource Center:** 155-55 Cross Bay Blvd. Hub for emergency food, health events, and benefit assistance.
2. **Our Lady of Grace Parish Ministries:** 158-10 101st St. (718) 845-6635. Monthly food pantry with grocery essentials.
3. **NYC Aging Connect:** 212-244-6469. Information, referrals, and connection to services for older adults.
4. **Queens Public Library (Howard Beach):** 92-06 156th Ave. (718) 641-7086. Community programming and seasonal meal programs.
5. **USDA National Hunger Hotline:** 1-866-3-HUNGRY. Resources for food assistance and nutritional support.
6. **Home Energy Assistance Program (HEAP):** access.nyc.gov. Financial help for heating costs and equipment repair.
7. **NY Connects (NYC Aging):** (212) 244-6469. Free, objective info on long-term supports to remain independent.
8. **MTA Accessibility:** mta.info/accessibility. Resources for accessible travel and paratransit info.
9. **Social Security Administration:** 1-800-772-1213 or ssa.gov for assistance with retirement, disability, and Medicare benefits.
10. **Senior Planet from AARP:** Visit seniorplanet.org or call 888-713-3495 for technology classes, social connection, and learning programs.

SEPTEMBER WELLNESS WISDOM

As we settle into the crisp, golden days of early autumn, let's look for ways to embrace the changing season and continue to flourish. This month is a gift of cooling breezes and cozy community warmth, and we invite you to enjoy every bit of it!

- **Embrace the Crisp Air:** There is a refreshing clarity to the air as autumn arrives. We encourage you to enjoy a brisk, gentle stroll during these cooler days to soak in the vibrant fall colors and the peaceful, changing landscape.
- **Savor Autumn's Bounty:** September brings the arrival of nature's harvest feast! Treat yourself to the incredible flavors of the season. Whether it's a crisp, sun-kissed apple or a warm cup of spiced cider, these fresh, seasonal delights are a wonderful way to nourish your body and spirit.
- **Nurture Your Creativity:** The shift in seasons is the perfect fuel for your imagination. Why not start a cozy creative project or dive into a new hobby this month? Whether it's knitting, painting autumn landscapes, or journaling, let your creative spirit thrive in this new season.
- **Connect & Cherish:** The greatest joy of our center is the friendship we share. Take a moment to reach out to a friend, old or new, and share a story over a warm cup of coffee or tea. These connections are the true heart of our community and keep us all feeling young at heart as we welcome the autumn season together.



Department for
the Aging

2026



Healthy Aging Fair **REGISTER TODAY!**



Thursday, September 17th

9:00am - 12:00pm

Asphalt Green

555 East 90th Street

New York, NY 10128



Sponsors:

Salonpas

**NYU Langone
Health**



ITO EN

**Mount
Sinai**

**Asphalt
Green**

aetna
Aetna Better Health of New York

Rethink Food

Yakult

MetroPlusHealth

Call Aging Connect:
212-AGING-NYC (212-244-6469)

✧ **SEPTEMBER: PROCLAMATION OF SPIRIT**

As golden leaves begin to dance upon the autumn breeze, we gather here in harmony, beneath the changing trees. Let kindness be the language that our joyful hearts employ, as we cast aside all grievances to cultivate our joy. In every hall, let patience bloom and respect be our guide; with spirits bright and voices calm, let peace and love preside. For within these walls, a treasure lies in every shared delight - a smile, a dance, a song, a simple grace that makes our world so bright. So let us cherish every day, each moment small and grand, and walk this path of gentleness together, hand in hand.



CENTER DIRECTORY & ADVISORY COUNCIL

Center Staff

Annie

Director of Operations

Oleksandr (Alex)

Program Manager

Wendy

Case Manager

Kamani

Admin Assistant

Tracy

Cook

Shamel

Cook Assistant

Maria

Kitchen Aid

Jeremy

Maintenance

Howard Beach Advisory Council

Executive Board

- **President:** Joyce Taraby
- **Vice President:** Grace Denza
- **Treasurer:** Pat Mckeever
- **Secretary:** Elaine Anderson

Councilmembers

- Florence Carbone, Yvonne Whittingham, Matilde Diaz, Dee Martins, Nancy Lopez, Nieves Gonzalez, Hilda Spinner, Richard Tabakoff, Connie Pionegro, Lorraine Trotta, Linda Mastrangelo, Hilda Marrero

We wish all of you a September filled with the crisp beauty of early autumn, creative inspiration, and joyful community gatherings.

SEPTEMBER TRIVIA CHALLENGE ANSWERS

September Historical Milestones

1. Manhattan (New York City)
2. The Mayflower
3. Fort McHenry
4. The United States Constitution
5. World War II

Famous September Birthdays

1. Buddy Holly
2. Patsy Cline
3. Bill Murray
4. Bruce Springsteen
5. Brigitte Bardot

September Harvest & Flavors

1. Apple
2. Pumpkin (or Winter Squash)
3. Grape
4. Walnut (or Pecan / Chestnut)
5. Sweet Corn

September Fun Facts & Quirks

1. Seven (7)
2. Autumnal Equinox (Fall Equinox)
3. September
4. Jimmy Carter
5. Sapphire