



Gail P. Duke OAC
350 Livonia Avenue
Brooklyn, NY 11212
Phone 718-942-5345

September 2026 Daily Activities



Monday 10:00 – Tommy Exp. Aerobics 11:00-Indoor Horticulture-DR 12:00 – Lunch 1:30-Bingo 2:30-Social Hour /Current Events-Game RM **** Sept. 7th Labor Day Center Closed	Tuesday 10:00- Health Workshop Series - Register w/Leticia-Game Room-6WKS 11:00- Tai Chi w/Jimmy 12:00- Lunch 1:00-Computer Class-Lab 2:00-Writing Class w/ Dorothy -9/8 &9/22 (see Rec Calendar)
Wednesday 10:00- Cardio Fusion w/Yvette 11:00- Let's Talk w/Dorothy 12:00- Lunch 1:00-Riverway Chorus w/ Brenda 2:00-Arts & Crafts(see Rec Calendar)	Thursday 10:00- B/P Self Monitoring-Game RM 11:00- Healthy Cooking Class-Art RM-Register w/ Leticia 12:00 – Lunch 1:00- Zumba w/ Fitwell Hydro 2:00 –Arts & Crafts
Friday 10:00- Guided Meditation-Game Room 11:00-Drawing 12:00 – Lunch 1:00- OHEL Mental Health Awareness or Coffee Chat w/Annie-Game Room 2:00-See Rec Schedule 3:00-Games Galore-Cards/Dominoes	Please note: Lunch is served from 12pm – 1pm <u>Donations \$2 for seniors 60 and over</u> <u>Individuals under the Age of 60 must pay -\$4.60 for lunch if we have enough catered meals</u> <u>*Donation Box with Nicci not dining room</u>

Gail P. Duke OAC



Upcoming Events for September 2026

Presentations:

- Sept. 3-Ultimate Home Care/Swift by Willeslie @11 AM
- Sept. 4-National Suicide Prevention Month Presentation w/Annie @1 PM
- Sept. 8-JASA Home Care Services @10AM
- Sept. 9-Insurance Presentation w/Oliver @11AM
- Sept. 10-OakStreet w/Danielle@11:30AM
- Sept. 14-Falls Prevention Presentation w/Leticia @11AM
- Sept. 16-Citizenship Preparedness w/ National Guard Disaster Preparedness@10:30AM
- Sept. 23- Insurance Presentation w/Oliver @11AM

Special Events:

- Sept. 1-HBO Comedy Show by Elder Plan @1PM
- Sept. 2-Pot Luck Lunch @12:30PM-See Leticia or Dorothy
- Sept. 11-9/11 Remembrance in Game Room @11AM
- Sept.10-Computer Topics w/ Dorothy@10AM
- Sept. 17-Virgo Birthday Party for September @1:30PM w/ DJ John
- Sept.18-Rec Bingo w/ Dorothy @1:30PM
- Sept.25-All in White Party @3:00PM (See Dorothy) -\$15.00
- Sept. 29-It's Music w/Dorothy @ 2:00PM

You must make an appointment with Dorothy Craig for Case Assistance.

Please make sure you have a transportation application on file before signing up for a trip or scheduling a pickup. For Pickups you must make reservations the day before. You can do one way or round trip. All members must have signed consent form on file to engage in activities including transportation at Gail P. Duke OAC. See key office staff for consent form and/or registration form.

Gail P Duke Recreation

SEPTEMBER 2026

Monday	Tuesday	Wednesday	Thursday	Friday
	1	2 11 am – Let’s Talk 2:00 Yarn Works: Crochet	3 2:00 - Brain Teasers	4 2:00 – Art Class
7 1:30 - BINGO	8 2:00 – Writing	9 11 am – Let’s Talk 2:00 Arts & Crafts: Jewelry	10 2:00 - Corn Hole	11 DTC OUT
14	15	16	17	18
DTC OUT 1:30 - BINGO	10 - Movie	11 am – Let’s Talk 2:00 Yarn Works: Embroidery	10 - Computer 1:30 – BIRTHDAY PARTY	1:30 – REC BINGO
21 1:30 - BINGO	22 2:00 – Writing	23 11 am – Let’s Talk 2:00 - Arts & Crafts: Pottery	24 2:00 - Corn Hole	25 3:00 –White Party (\$15)
28 1:30 - BINGO	29 2:00 – It’s Music	30 11 am – Let’s Talk 2:00 - Yarn Works: Embroidery		

EVENTS

MOVIE: Michael (2026) (cont'd)

BIRTHDAY PARTY color(s): Rust,
Bright Blue

AWARENESS MONTH: Childhood, Uterine,
Ovarian, Prostate, Thyroid Cancers.
Leukemia & Lymphoma
OLDER ADULT MONTH

Gail P. Duke Older Adult Center

September
2026

Monday	Tuesday	Wednesday	Thursday	Friday
	1 Must give 24-hour notice to cancel Each Trip \$2	2 No Trip	3 10:00-TRADER JOES Downtown	4 9:30-WALMART
7 LABOR DAY CENTER CLOSED	8 10:00-FOOD BAZAAR	9 No trip for GP Duke	10 10:00-COSTCO	11 10:00-SHOP RITE
14	15 10:30-RED LOBSTER	16	17 10:00-SHOP RITE	18 10:00-WALMART
21 9:00-Youngs Farm Glen Head NY	22 10:30-Flaming Grill Buffet	23	24	25
28	29 9:30-CITY ISLAND	30		

TRIPS

We need more than 5 seniors for each trip to go.

Must be registered member with transportation application on file.

All trips are subject to change.

Must be on time

Please cancel at least 24 hrs. in advance

No refunds unless center cancels

Funded by NYC Aging