

New Age OAC

OLDER ADULT CENTER

BEDFORD-STUYVESANT

*Stay Active,
Stay Engaged,
Stay New Age!*



NEWSLETTER

*Take a break, have fun,
and enjoy every sunny day!*

AUGUST 2026



**MEET NEW
FRIENDS**



**DISCOVER NEW
INTERESTS**



**SUPPORT YOUR
WELL-BEING**



54 MacDonough Street
Brooklyn, NY 11216



(929) 397-2628

Funded by



Department for
the Aging

NEW AGE OLDER ADULT CENTER

Hello August!

A NEW MONTH.
NEW OPPORTUNITIES.

We're happy to welcome you!



BLOOD PRESSURE CHECKS

Available!

Regular blood pressure checks
are an important part of
staying healthy.

Stop by and take care
of your health!

NEW!

STRETCH/ MOBILITY/ BALANCE CLASS



TUESDAYS
2:15 PM – 3:00 PM

NEW!

TECH CLASS

Available!



Get help with your phones,
tablets, laptops and more!



EVERY MONDAY
10:00 AM – 11:00 AM



AUGUST IS NATIONAL IMMUNIZATION AWARENESS MONTH

Vaccines help protect you and those you love.
Talk to your health care provider about
the vaccines you may need to stay healthy!



FARMERS MARKET COUPONS DISTRIBUTION

STARTS AUGUST 4TH!

Don't miss out on this great benefit.



Coupons help you
buy fresh fruits and
vegetables at local
farmers markets.



SOCIALIZE
Make new
friends!



LEARN
Discover new
skills!



STAY ACTIVE
Programs for
body & mind!



FEEL SUPPORTED
We're here
for you!



VISIT US!
54 MacDonough Street
Brooklyn, NY 11216



Ph: 929-397-2628

*We look forward
to seeing you!*

Funded by NYC Department for the Aging

NEW AGE OLDER ADULT CENTER

Message FROM THE Staff



Dear Members,

Welcome to a brand-new month! August is a wonderful time to stay active, connect with friends, and take care of your health.

Our team is here to support you every step of the way.

We look forward to seeing you at our programs, classes, and special events.

Thank you for being a valued part of the New Age family!

With warm wishes, 
The New Age OAC Team



Stay HYDRATED!



Drinking enough water helps your body stay strong, your mind stay sharp, and your energy levels up!

Sip water throughout the day! 

⇒ DID YOU KNOW? AUGUST FUN FACTS ⇐



WHY IS IT CALLED AUGUST?

August is the eighth month of the year, originally named Sextilis (meaning "sixth") in the ancient Roman calendar. It was renamed in honor of the first Roman Emperor, Augustus Caesar.



THE DOG DAYS OF SUMMER

The period from July 3 to August 11 is known as the "Dog Days of Summer". This is not a reference to pet dogs, but rather the rising of Sirius (the "Dog Star"), which ancient Romans associated with the year's hottest and steamiest temperatures.



FAMOUS HISTORICAL MILESTONES

- August 28, 1963 – Martin Luther King Jr. delivered his historic "I Have a Dream" speech.
- August 26, 1920 – The 19th Amendment, granting women the right to vote in the U.S., was certified.



THE "MONA LISA" THEFT

On August 21, 1911, the Mona Lisa was famously stolen from the Louvre in Paris. It was recovered two years later after an Italian employee tried to sell it to an art dealer in Florence.



VISIT US!

54 MacDonough Street
Brooklyn, NY 11216



Ph: 929-397-2628



Funded by NYC Department for the Aging



NEW AGE OLDER ADULT CENTER



National Immunization Awareness Month



#VaccinesWork

**VACCINES PROTECT
AGAINST MORE THAN
20 DISEASES**



World Health
Organization



**TALK TO YOUR HEALTH WORKER TO
ENSURE VACCINATION IS UP TO DATE
FOR YOU AND YOUR FAMILY.**

Vaccinations are one of the best ways to protect yourself and those you love from potentially harmful diseases that can be very serious, require hospitalization, or be deadly. Each August the US observes **National Immunization Awareness Month** to highlight the importance of routine vaccination for those of all ages.

Immunizations are not just for children. Some childhood vaccines' protection can wear off over time, and adults may also be at risk for **vaccine-preventable diseases** depending on their age, job, health conditions, lifestyle, or travel habits.

Funded by NYC Department for the Aging

NEW!

Continental Breakfast

Every Tuesday & Thursday

8:30 AM – 10:00 AM

Start your morning with a delicious complimentary breakfast prepared by our amazing volunteers!

What's Included



Eggs



Bagels



Cream Cheese



Butter



Waffles



Oatmeal

Menu items may vary.



Special Thanks to Our Volunteers

Thank you to
Patricia Lawrence
Thumberlina D. Vaughan
Linda Sanders
for organizing and providing our
Continental Breakfast for our members!

*Limited
Quantity
Available*



NEW AGE
OLDER ADULT CENTER
54 MacDonough Street
Brooklyn, NY 11216
(929) 397-2628

Funded by

NYC
Department for
the Aging

NEW AGE
OLDER ADULT CENTER

FARMERS MARKET

Coupons Distribution

STARTS AUGUST 4TH!

Fresh fruits and vegetables
for a *healthier* you! ❤️



TO BE ELIGIBLE, YOU MUST:

- ✓ Be **60** years of age or older
- ✓ Meet the **income** limit
- ✓ Not receive a coupon book from **another site** this year

2026 INCOME LIMITS (GROSS MONTHLY)

FAMILY SIZE	MAXIMUM MONTHLY INCOME
1 person	\$2,461
2 people	\$3,337
3 people	\$4,212
4 people	\$5,088
5 people	\$5,964
6 people	\$6,839



DISTRIBUTION STARTS
AUGUST 4TH!



NEW AGE OLDER ADULT CENTER
54 MacDonough Street
Brooklyn, NY 11216



MONDAY – FRIDAY
8:00 AM – 4:00 PM



Ph: 929-397-2628

*We're here
for you!* ❤️

Funded by **NYC** Department for the Aging

NEW AGE

OLDER ADULT CENTER

August Birthday

CELEBRATION

for Members
Born in August!

Let's celebrate **YOU!**
Join us for a fun afternoon
with music, cake,
and good company!

**DJ
&
CAKE**



DATE: Thursday,
August 27, 2026



TIME: 1:00 PM – 3:00 PM



PLACE: New Age OAC –
Activity Room

*We can't wait to
celebrate with you!*

FUNDED BY

NYC
Department for
the Aging

CELEBRATING

125
YEARS



♥ CONNECT ♥ PARTICIPATE ♥ STAY ACTIVE ♥ HAVE FUN

LUNCH

12:00PM – 1:00PM

NEW AGE OLDER ADULT CENTER LUNCH MENU AUGUST 2026



54 MacDonough Street
Brooklyn, NY 11216

Tel: (929) 397-2628

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
3 BBQ Chicken Leg Mashed Potato Collard Greens w/Kale Plum	4 Rotini Pasta w/Spinach & Chickpea Garden Salad Grape Juice Fruit	5 Pepper Steak Egg Noodles String Beans Fruit	6 Roasted Chicken Leg Yellow Rice w/Pigeon Peas Zucchini Apple	7 Tuna Salad Garden Salad Coleslaw Orange Pineapple Juice Honeydew Melon
10 Baked Salmon Penne Pasta w/Onions & Peppers Broccoli Spears Juice Fruit	11 Russos Catered (Mexican Style) Arroz con Gandules Brown Rice w/Pigeon Peas String Beans & Carrots Juice Fruit	12 Beef Lasagna Garden Salad Garlic Bread Peach	13 Stewed Pork Chops Rice & Red Beans California Blend Vegetables Fruited Jello	14 Russos Catered Baked Fish Oreganata Brown Rice Green Beans w/Onions Juice Fruit
17 Russos Catered Egg Salad Basic Pasta Salad Simple Potato Salad Fruit	18 Russos Catered Zesty Chickpea Stew Brown Rice Garden Salad Juice Fruit	19 Russos Catered (Dominican Style) Chambre de Gandules Stew w/Pork Yellow Rice Prince Edward Blend Vegetables	20 Russos Catered Italian Meatballs w/Beef & Turkey Homemade Tomato Sauce Penne Pasta California Blend Vegetables	21 Russos Catered Cajun Shrimp White Rice Caesar Salad Juice Fruit
24 Chicken Drumsticks Baked Potato Italian Blend Vegetables Fruit	25 Russos Catered Mama's Pasta Fagioli Italian Blend Vegetables Baby Spinach Salad w/Balsamic Vinaigrette Juice Fruit	26 Chicken Lo Mein Broccoli Spears Fruit	27 Pork Chops Mashed Potato String Beans Fruit	28 Russos Catered Tuna Salad Basic Pasta Salad Garden Spinach Salad Juice Fruit
31 Russos Catered Chicken Salad Coleslaw Simple Potato Salad Fruit	WHOLE WHEAT BREAD MILK 1% SERVED DAILY COFFEE & TEA SERVED DURING LUNCH 12:00PM – 1:00PM Please note: Menu is subject to change 100% Juice served w/Plant Based Meals Fish Meals Special Meals Funded by  NYC Department for the Aging			

NEW AGE ADULT CENTER ACTIVITY SCHEDULE

AUGUST 2026

Note: Schedule is subject to change

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
3  10 AM – 11 AM Tech Class  11 AM – 12 PM Family Feud Game  1 PM – 2 PM Chair Exercises  2 PM – 4 PM Game Time: Dominoes, Cards & Word Scramble	4  8:30-10 AM Continental Breakfast  10:30 AM – 11:30 Chair Yoga  1:15 PM – 2:15 PM Arts & Crafts  2:15 PM – 3:00 PM Stretch/Mobility/Balance Class  3 PM – 4 PM Bingo	5  11:00 AM – 12:00 PM Line Dance  1 AM – 2 PM Jewelry Making Class  PM Movies	6  8:30-10 AM Continental Breakfast  10 AM – 11 AM Ceramic Class  11 AM – 12 PM Zumba  1 PM – 1:45 PM Nutrition Education Lecture	7  10:30 AM – 11:30 AM Game Social  1 PM – 2 PM Tai Chi  2 PM – 3 PM Bingo
10  10 AM – 11 AM Tech Class  11 AM – 12 PM Family Feud Game  1 PM – 2 PM Chair Exercises  2 PM – 4 PM Game Time: Dominoes, Cards & Word Scramble	11  8:30-10 AM Continental Breakfast  10:30 AM – 11:30 Chair Yoga  1:15 PM – 2:15 PM Arts & Crafts  2:15 PM – 3:00 PM Stretch/Mobility/Balance Class  3 PM – 4 PM Bingo	12  11:00 AM – 12:00 PM Line Dance  1 PM – 3 PM 30 min Chair Massage Therapy (reservation required)  PM Movies	13  8:30-10 AM Continental Breakfast  10 AM – 11 AM Ceramic Class  11 AM – 12 PM Zumba  1 PM – Tea & Games	14  10:30 AM – 11:30 AM "Wheel of Fortunate" Game Time  1 PM – 2PM Tai Chi  2 PM – 3 PM Bingo
17  10 AM – 11 AM Tech Class  11 AM – 12 PM Family Feud Game  1 PM – 2 PM Chair Exercises  2 PM – 4 PM Game Time: Dominoes, Cards & Word Scramble	18  8:30-10 AM Continental Breakfast  10:30 AM – 11:30 Chair Yoga  1:15 PM – 2:15 PM Arts & Crafts  2:15 PM – 3:00 PM Stretch/Mobility/Balance Class  3 PM – 4 PM Bingo	19  11:00 AM – 12:00 PM Line Dance  1 AM – 2 PM Jewelry Making Class  PM Movies	20  8:30-10 AM Continental Breakfast  10 AM – 11 AM Ceramic Class  11 AM – 12 PM Zumba  1 PM – Tea & Games	21  10:30 AM – 11:30 AM Game Social  1 PM – 2PM Tai Chi  2 PM – 3 PM Bingo
24  10 AM – 11 AM Tech Class  11 AM – 12 PM Family Feud Game  1 PM – 2 PM Chair Exercises  2 PM – 4 PM Game Time: Dominoes, Cards & Word Scramble	25  8:30-10 AM Continental Breakfast  10:30 AM – 11:30 Chair Yoga  1:15 PM – 2:15 PM Arts & Crafts  2:15 PM – 3:00 PM Stretch/Mobility/Balance Class  3 PM – 4 PM Bingo	26  9:30 AM Trip to Walmart  11:00 AM – 12:00 PM Line Dance  1 PM – 3 PM 30 min Chair Massage Therapy (reservation required)  PM Movies	27  8:30-10 AM Continental Breakfast  10 AM – 11 AM Ceramic Class  11 AM – 12 PM Zumba  1:00 PM – 3 PM Birthday Party (Cake and DJ)	28  10:30 AM – 11:30 AM Game Social  12:00 PM Cookout BBQ Party  1 PM – 2PM Tai Chi  2 PM – 3 PM Bingo
31 10 AM - 11 AM Tech Class 11 AM - 12 PM Family Feud Game	1 PM - 2 PM Chair Exercises 2 PM - 4 PM Game Time: Dominoes, Cards & Word Scramble			

Express Yourself... 

BASIC JEWELRY Making Class

FOR OLDER ADULTS

Create bracelets and earrings
for yourself or someone else!

 *New Dates!* 

- **AUGUST 5, 2026**
- **AUGUST 19, 2026**

AT 1:00 PM



All
Materials
Provided!



FUN & RELAXING

Enjoy a creative
and relaxing
experience.



LEARN NEW SKILLS

No experience
necessary!



BE CREATIVE

Design beautiful
bracelets and earrings
to wear or give as a gift.



CONNECT & SOCIALIZE

Meet new friends
and have fun!



NEW AGE OLDER ADULT CENTER

54 MacDonough Street
Brooklyn, NY 11216

*You can do it! ✨
Let your creativity
shine! *

COME CREATE, CONNECT & HAVE FUN!

We can't wait to see what you make! 



NEW! Summer Painting Series

Come Paint With Us!

Unleash Your Inner Artist!

Discover the joy of painting in a fun, creative, and welcoming environment!

Join us for a relaxing painting class where you can explore your creativity, learn new skills, and create beautiful artwork of your own. Whether you're a beginner or an experienced artist, everyone is welcome!



CLASS SCHEDULE



STARTS
Tuesday,
July 28



EVERY
TUESDAY



1:00 PM –
2:00 PM

★ SPECIAL NOTE



**All Materials
Will Be Provided!**

No experience necessary.
Just bring your creativity
and enthusiasm!



WHAT TO EXPECT

- ✓ Create colorful paintings at your own pace
- ✓ Learn new painting techniques
- ✓ Enjoy a supportive and friendly environment
- ✓ Relax, socialize, and express yourself creatively

✧ *Come paint, create, and inspire with us!* ✧



QUESTIONS?
929-397-2628



LOCATION
NEW AGE
OLDER ADULT CENTER

SPONSORED BY



FitWellHydro

SIMPLY THE BEST FITNESS AND WELLNESS

New Age OAC
OLDER ADULT CENTER
BEDFORD-STUYVESANT

Stay Active,
Stay Engaged,
Stay New Age! 



CHAIR Massage THERAPY

 RELAX. RECHARGE. FEEL YOUR BEST.



30-MINUTE
SESSION



1:00 PM – 3:00 PM
EVERY OTHER
TUESDAY



CHAIR MASSAGE
IS A GREAT WAY TO
REDUCE STRESS,
RELIEVE TENSION &
BOOST WELL-BEING.



TAKE TIME
FOR YOU!



AUGUST DATES

Tuesday
AUGUST

12

Tuesday
AUGUST

26



RESERVATION REQUIRED
SPACES ARE LIMITED.



Please contact *Eric*
to reserve your spot!



54 MacDonough Street, Brooklyn, NY 11216



Tel: (929) 397-2628

Funded by



Department for
the Aging



New Age OAC

OLDER ADULT CENTER

BEDFORD-STUYVESANT

Stay Active,
Stay Engaged,
Stay New Age!



NUTRITION *Education*

• PRESENTATION •

ELDER NUTRITION / HEALTH MANAGEMENT

by **ELIZANDA LARSEN**



SUBJECT:

*Digestive System
Health & Wellness*

Learn simple and practical ways to support
your digestive health, improve wellness,
and feel your best every day! ❤️

YOU WILL DISCOVER: 🌿

- ✔️ How your digestive system affects overall health
- ✔️ Foods and habits that support healthy digestion
- ✔️ Tips for managing common digestive issues naturally
- ✔️ Practical steps to improve energy and well-being



THURSDAY
AUGUST 6, 2026



TIME
1:00 PM – 1:45 PM



NEW AGE OAC
54 MacDonough Street
Brooklyn, NY 11216



All are welcome!

Join us for this informative
and engaging session! ❤️



DISCLAIMER: Always consult a healthcare professional before starting any new fitness regimen, supplement(s), DIY, natural remedy, or herbal remedy to make sure it is suitable for your specific health and wellness needs.

Funded by



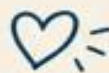
Department for
the Aging

New Age OAC

OLDER ADULT CENTER

BEDFORD-STUYVESANT

Stay Active,
Stay Engaged,
Stay New Age!



≡ Trip to ≡ WALMART



WEDNESDAY
AUGUST 26



9:30 A.M.



♡
Save
the Date!



All details to be determined.



STAY TUNED!



54 MacDonough Street
Brooklyn, NY 11216



Funded by



Department for
the Aging





NEW AGE OLDER ADULT CENTER

54 MacDonough Street, Brooklyn, NY 11216

929-397-2628

NEW CLASS!



STRETCH, MOBILITY & BALANCE CLASS

STRETCH • MOBILITY • BALANCE

EVERY TUESDAY

.....♥.....
2:15 PM – 3:00 PM



WITH ELIZANDA W LARSEN



Improve balance, flexibility and mobility through safe, accessible chair-based exercises. Enjoy gentle stretches, dynamic movements and stability exercises while seated or using a chair for support. Build functional strength, reduce the risk of falls and move with greater confidence in a friendly, encouraging setting!



Funded by
NYC
Department for
the Aging

Help Shape the Future of Affordable Food in New York City

Take the N.Y.C. Groceries Survey ♡ ≡

New York City is taking action to make everyday groceries more affordable and accessible — and we need your input. The City is gathering community feedback to help shape N.Y.C. Groceries and ensure that the program meets the needs of New Yorkers across all five boroughs.

FIVE THINGS TO KNOW ABOUT N.Y.C. GROCERIES:



ONE STORE IN EVERY BOROUGH:

Five City-supported grocery stores — one in each borough.



LOWER GROCERY COSTS:

Discounts on a core basket of everyday groceries and essentials.



OPEN TO ALL NEW YORKERS:

Every New Yorker can shop at N.Y.C. Groceries.



FOOD THAT REFLECTS YOUR COMMUNITY:

Stores will offer high-quality, culturally relevant foods shaped by community input.



COMMUNITY DRIVEN:

Your feedback will help shape store products, services, and the overall shopping experience.



Take the
**SURVEY
TODAY!**

grocery.nyc/survey



Scan to
participate!

ABOUT NYC GROCERIES

N.Y.C. Groceries is a City-sponsored effort to lower the cost of everyday groceries and household staples, expand access to high-quality, culturally relevant food in underserved neighborhoods and create stable, quality jobs in the communities these stores serve.



Visit our website to learn more,
and email any questions to
nycgroceries@edc.nyc.



NYC / EDC

New York City
Economic Development
Corporation

≡ Good Food. Good Health. Strong Community. ≡

Mediterranean Chickpea Salad

INGREDIENTS

- 1 (15 oz) can chickpeas, drained and rinsed
- 1 cucumber, diced
- 2 tomatoes, diced
- 1 bell pepper, diced
- ¼ cup fresh parsley, chopped
- 2 tbsp olive oil
- Juice of 1 lemon
- Salt and black pepper to taste

DIRECTIONS

- 1 Combine the chickpeas, cucumber, tomatoes, bell pepper, and parsley in a large bowl.
- 2 In a small bowl, whisk together the olive oil, lemon juice, salt, and pepper.
- 3 Pour the dressing over the salad and toss gently.
- 4 Chill for 15–20 minutes before serving for the best flavor.



Healthy Tip:

Chickpeas are a great source of plant-based protein and fiber, helping you stay full and support heart health.



New Age OAC

OLDER ADULT CENTER

BEDFORD-STUYVESANT

August

RECIPE OF THE MONTH

Stay Active,
Stay Engaged,
Stay New Age!

Peach & Blueberry Crisp

A warm, fruity dessert made with juicy peaches, sweet blueberries, and a crunchy oat topping. ♥

INGREDIENTS

For the Filling:

- 4 cups sliced fresh peaches (about 4–5 peaches)
- 1 cup fresh blueberries
- 2 tbsp brown sugar
- 1 tbsp cornstarch
- 1 tsp lemon juice
- ½ tsp vanilla extract

For the Topping:

- ½ cup old-fashioned oats
- ½ cup all-purpose flour
- ¼ cup brown sugar
- ¼ tsp cinnamon
- ¼ tsp salt
- ¼ cup cold butter, cut into small pieces

DIRECTIONS

- 1 Preheat oven to 350°F (175°C).
- 2 In a large bowl, combine peaches, blueberries, brown sugar, cornstarch, lemon juice, and vanilla extract. Pour into a greased 8x8-inch baking dish.
- 3 In another bowl, mix oats, flour, brown sugar, cinnamon, and salt. Add the cold butter and use a fork or your fingers to mix until crumbly.
- 4 Sprinkle the topping evenly over the fruit mixture.
- 5 Bake for 35–40 minutes, or until the topping is golden brown and the fruit is bubbly.

Healthy Tip:

Peaches are a good source of vitamins A and C, and blueberries are packed with antioxidants that support brain and heart health. ♥



Funded by



Department for
the Aging

NEW AGE

OLDER ADULT CENTER

August

ACROSS

2. Sandy shore for sunbathing and playing
6. Tart and sweet citrus drink
7. Time off from school or work
8. Brightest star in the night sky
11. Cooling off in the pool or ocean
12. Period of very hot weather
13. Zodiac sign for late August birthdays
15. Long car journey for fun
17. Zodiac sign for early August birthdays
18. Large green fruit with pink insides
19. Eighth month of the year
20. Outdoor cooking on a grill

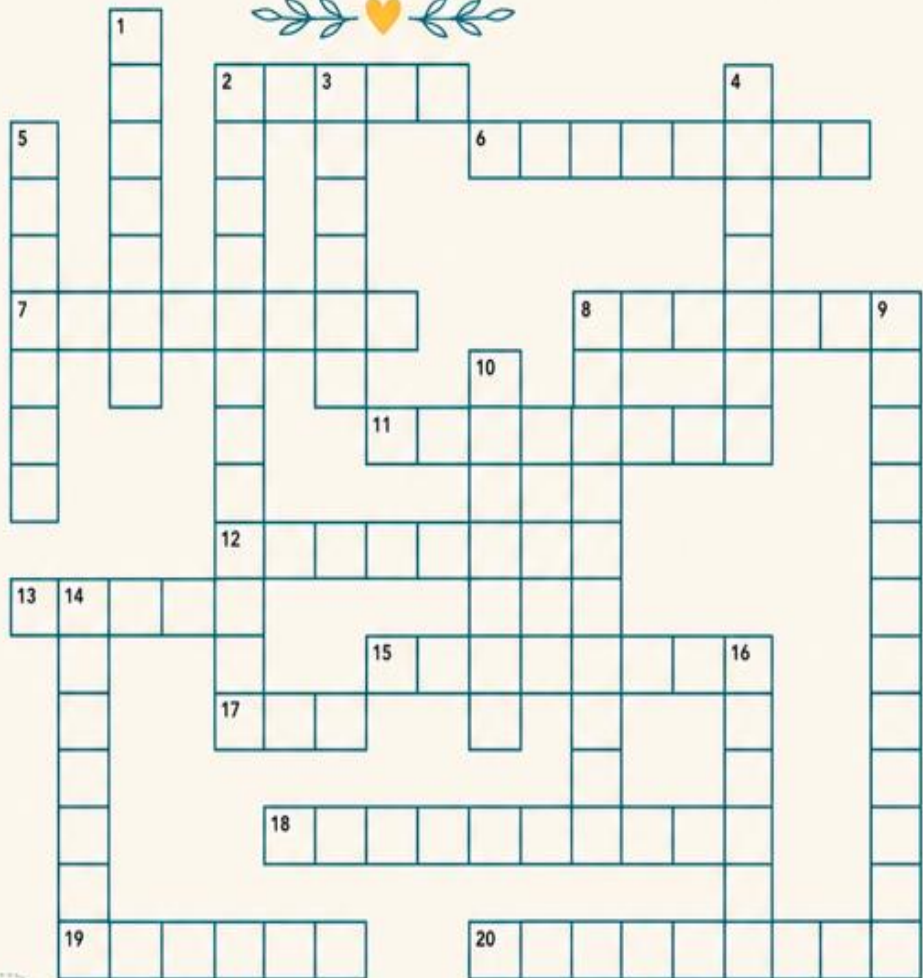
DOWN

1. Swinging bed hung between trees
2. Preparing for a new academic year
3. Cooling system for indoor spaces (abbr.)
4. Sleeping outdoors in a tent
5. Gathering ripe crops from fields
8. Warmest season of the year
9. When the moon blocks the sun
10. Noisy insects that buzz in trees
14. Cold brewed beverage
16. Outdoor meal on a blanket

WORD BANK

Air-con	Lemonade
August	Leo
Back-to-school	Picnic
Barbecue	Road trip
Beach	Sirius
Camping	Solar eclipse
Cicadas	Summertime
Hammock	Swimming
Harvest	Vacation
Heatwave	Virgo
Iced tea	Watermelon

Crossword



Take a break, have fun,
and enjoy every sunny day! ♥



New Age OAC

OLDER ADULT CENTER

BEDFORD-STUYVESANT

Stay Active, Stay Engaged,
Stay New Age! ♥

August

COLORING PAGE



FUNDED BY

NYC

Department for
the Aging

NEW AGE

OLDER ADULT CENTER

August



ADVENTURE



AMUSEMENT PARK



AUGUST



BACK TO SCHOOL



BACKYARD



BICYCLE



CAMPFIRE



CAMPING



CORN ON THE COB



FARMERS MARKET



FIREFLY



FLOWERS



FRUIT



FUN



GRILLING



HOT



HUMID



LAKE



PLAYGROUND



POPSICLE



RELAXATION



ROAD TRIP



SAILBOAT



STATE FAIR



SUMMER



SUNFLOWER

SUNNY



WORD SEARCH DIRECTIONS: Find and circle the vocabulary words in the grid. Look for them in all directions including backwards and diagonally.



W	J	C	T	A	M	U	S	E	M	E	N	T	P	A	R	K	S	S
H	B	P	L	S	J	L	Z	I	B	I	C	Y	C	L	E	G	T	D
T	O	G	B	T	U	P	L	A	Y	G	R	O	U	N	D	J	I	R
C	C	A	A	A	E	G	E	Q	N	Y	N	P	B	E	D	D	U	O
S	E	P	C	T	H	K	U	S	F	B	O	I	Q	C	Q	R	N	E
J	H	N	K	E	Z	I	R	A	R	P	C	Y	P	Y	R	A	O	R
Q	T	F	T	F	Y	B	F	A	S	E	L	S	N	M	K	Y	I	O
V	N	H	O	A	J	S	B	I	M	G	W	A	U	R	A	K	T	A
B	O	D	S	I	T	H	C	N	S	S	K	O	K	F	S	C	A	D
T	N	D	C	R	Q	L	B	U	R	M	R	A	L	E	U	A	X	T
E	R	Q	H	Z	E	Y	N	E	V	R	E	E	Z	F	N	B	A	R
R	O	R	O	D	E	F	M	M	S	Y	U	J	M	G	N	A	L	I
U	C	H	O	G	L	M	Y	L	F	E	R	I	F	R	Y	Y	E	P
T	J	L	L	O	U	Y	R	P	T	A	O	B	L	I	A	S	R	T
N	P	T	W	S	O	W	F	I	H	J	V	H	P	H	Z	F	F	I
E	R	E	Q	D	O	V	R	J	D	U	W	E	S	G	K	U	R	P
V	R	G	J	D	K	I	U	T	I	B	M	T	T	G	N	T	D	W
D	S	G	N	I	L	L	I	R	G	E	R	I	F	P	M	A	C	J
A	U	P	K	U	T	X	T	B	Q	S	Z	J	D	G	X	V	V	S



Funded by NYC Department for the Aging





BENEFITS & *Entitlements*



New Age OAC delivers many services to our members. One of those is direct services such as Case Management. Our case worker provides one-to-one case assistance to our members. This includes the following services:

- ✓ SCRIE (Senior Citizen Rent Increase Exemption)
- ✓ SCHE (Senior Citizen Homeowners Exemption)
- ✓ AAR (Access-A-Ride)
- ✓ Health Insurance (Medicare, Medicaid)
- ✓ Health Aides, Home Attendants
- ✓ Referrals



For more information, please see the case manager information in the [staff directory](#) attached to the back of this newsletter.



Thank you for your interest. 

 54 MacDonough Street
Brooklyn, NY 11216
 Tel: (929) 397-2628

Funded by



Department for
the Aging



NEW AGE

OLDER ADULT CENTER



ADDRESS

54 MacDonough Street,
Brooklyn, NY 11216



PHONE

Ph: 929-397-2628



HOURS OF OPERATION

Monday – Friday
8:00 AM – 4:00 PM

Our Mission

CELEBRATING
125
YEARS



The mission of Catholic Charities Brooklyn and Queens is to translate the Gospel of Jesus Christ into action by affirming the **dignity and value of every person**, especially the most vulnerable members of our diverse society.

Catholic Charities develops effective responses to human need and joins with all people of good will in advocating for a social order that promotes **justice and embraces human development.**

Our Staff



Ron Carson

Director of
Field Operation



Victoria Valeeva

Program Manager



Linda Sanders

Case Manager



Eric Fennell

Administrative
Assistant



Alpha Francois

Maintenance



Eugene Wedgeworth Jr.

Kitchen Aid

FUNDED BY

NYC
Department for
the Aging

Thank you for being a part of our community!