

125+
YEARS OF CHANGING LIVES



The Howard Beach Gazette & OAC Chronicle

AUGUST 2026 EDITION

HOWARD BEACH OLDER ADULT CENTER

A Program of Catholic Charities Neighborhood Services

CENTER INFORMATION

Address: 155-55 Cross Bay Blvd., Howard Beach, NY 11414

Phone: (718) 738-8100

Hours: Monday - Friday | 8:30 A.M. - 4:30 P.M.



August 2026 Howard Beach
OAC Newsletter

125⁺

YEARS OF CHANGING LIVES



Our Mission Statement

Catholic Charities of the Diocese of Brooklyn and Queens translates the Gospel of Jesus Christ into action by affirming the dignity and value of every person, especially the most vulnerable members of our diverse society.



Catholic Charities develops effective responses to human need and joins with all people of good will in advocating for a social order which promotes justice and embraces human development.



For more info, visit: www.ccbq.org | Howard Beach OAC Front Desk

MONTHLY PROCLAMATION: AUGUST ADVENTURES

GARDEN & OUTDOOR APPRECIATION: Enjoy our local gardens and outdoor spaces during the pleasant August mornings.

CREATIVE EXPRESSION: Participate in our August workshops featuring painting, crafting, and creative writing.

AUGUST HIGHLIGHTS: Celebrate the late summer with end-of-season socials, local excursions, and ice cream socials.

COMMUNITY ENGAGEMENT: Strengthen your bonds with friends through collaborative projects and group discussions.

HARVEST SEASON: Savor the fresh flavors of late summer with harvest-themed meals and farm-to-table recipes.

MEMBER SPOTLIGHT: Join our new Spotlight events where members share their unique life stories and personal wisdom.

A COMMUNIQUÉ FROM YOUR STEWARDS

Salutations for the month of August! As we navigate the golden days of late summer, our focus turns toward creativity and the harvest season. We shall honor the artistic spirit within our community and celebrate the abundance of the late summer harvest. It is our noble aim to ensure you remain inspired, connected, and joyful as we make the most of these vibrant summer days. **Creative Horizons and Harvest Feasts: A Season of Community Spirit Flourishes Within These Walls!** - *The Howard Beach OAC Team*

AUGUST EXPOSITION: A GRAND CHRONICLE OF FORTHCOMING AFFAIRS

FITNESS & WELLNESS

Maintain your vitality with our diverse movement classes:

- Brain Teasers (Mondays @ 9:00 AM) and Heart & Muscles (Mondays @ 10:15 AM).
- S.A.I.L. (Tuesdays & Thursdays @ 9:15 AM).
- IntenSati (Wednesdays @ 9:30 AM) and Disco Torso (Wednesdays @ 10:30 AM).
- Exercise (Fridays @ 9:30 AM) and Sign Language (Fridays @ 10:30 AM).

ARTS & HOBBIES

Unleash your creativity and engage in friendly competition:

- Embroidery (Tuesdays @ 1:00 PM), Beginner & Intermediate Crochet (Thursdays @ 10:00 AM/11:00 AM), and Rock Painting (Thursdays @ 1:00 PM).
- Leisure Games (Wednesdays @ 1:00 PM), Mahjong (Fridays @ 1:00 PM), and Card Games (Fridays @ 1:00 PM).
- Karaoke with Howard (August 12 & 26 @ 1:00 PM).
- Book Club with Patricia (August 20 @ 1:30 PM)

WORKSHOPS & SPECIAL EVENTS

Mark your calendars for these unique educational and social gatherings:

- Social Security & Medicare w/ Beverly Ortega (Aug 6 @ 10:30 AM),
- Estate Planning/Wills/Trusts w/ Cameron Laaly (Aug 11 @ 10:30 AM),
- Navigating Elder Law w/ Anna Gavrysh (Aug 20 @ 10:30 AM).
- Fire Safety Education (Aug 14) and a Comedy Show (Aug 18).
- Ukrainian Independence Dance (Aug 25).
- Building Social Connections & Reducing Loneliness w/ Alena Khaimchayev (Aug 31 @ 11:15 AM - 12:00 PM).
- The Spotlight Club (Fridays @ 10:30 AM; exception: August 13 @ 10:30 AM) and our Friday Afternoon Parties with rotating DJs Lou, Joel, and Rayl.

COMPUTER LAB

Enhance your digital skills with our specialized technology workshops:

- Privacy & Security: August 4 & 6 @ 1:00 PM.
- Safe Online Shopping: August 11, 13, 18, 20, 25, & 27 @ 1:00 PM.

MOVIE NIGHTS

Join us for our afternoon cinematic presentations:

- Find Graceland on August 5 @ 1:00 PM.
- Honeymoon in Vegas on August 19 @ 1:00 PM.

FESTIVITIES & OBSERVANCES

August 1	World Wide Web Day
August 8	International Cat Day
August 9	Book Lovers Day
August 10	National Lazy Day
August 12	International Youth Day
August 15	National Relaxation Day
August 19	World Photography Day
August 28	National Bow Tie Day
All Month	National Peach Month
All Month	National Wellness Month

JULY RETROSPECTIVE



Our community celebrated Independence Day with great spirit and joy, which also marked the festive start of our International Cuisine Month featuring classic American fare! We gathered for a celebration filled with patriotic music, shared stories, and a wonderful meal. It was a beautiful reminder of our shared values and the strength of our community, leaving everyone with warm hearts and memories to cherish.

SINGIN' IN THE RAIN: A GRAND FINALE

This July, the Howard Beach OAC stage hosted a dazzling Broadway-style production of *Singin' in the Rain*. This spectacular performance was the grand finale for members who dedicated two months to mastering choreography and lines in our 'Inside Broadway' classes.

The energy was palpable as our seniors shone under the spotlight, met with thunderous applause. The event beautifully highlighted the immense talent, dedication, and supportive community we continue to build together at the center.



A WORLD OF FLAVOR: REFLECTING ON OUR JULY CULINARY JOURNEY

What a magnificent journey we shared this July! It was truly wonderful to "travel" around the world together without ever leaving Howard Beach. Our International Cuisine Month was a resounding success, filled with the joy of discovering diverse global flavors and the rich traditions behind them. From the spicy notes of the Orient to the romantic tastes of the Italian Peninsula, every meal was a new discovery.

The Passport of Flavor program brought an extra layer of excitement to our afternoons, and we were delighted to see so many of you eagerly collecting stamps. More importantly, the community spirit shared during these themed lunches was truly heartwarming. These gatherings reminded us that food is a universal language that brings us all closer together, creating memories that will last long after the final course has been served. We would like to extend a warm congratulations to everyone who joined us for this culinary adventure, and a heartfelt thank you to our kitchen staff for their hard work and dedication in making these meals possible.

INTERNATIONAL CAT DAY: FELINE FRIENDS & FUN - AUGUST 8

Why Cats Make Purr-fect Companions for Seniors

Did you know our whisker-clad friends make the most wonderful companions? Let's celebrate the joy they bring to our lives!

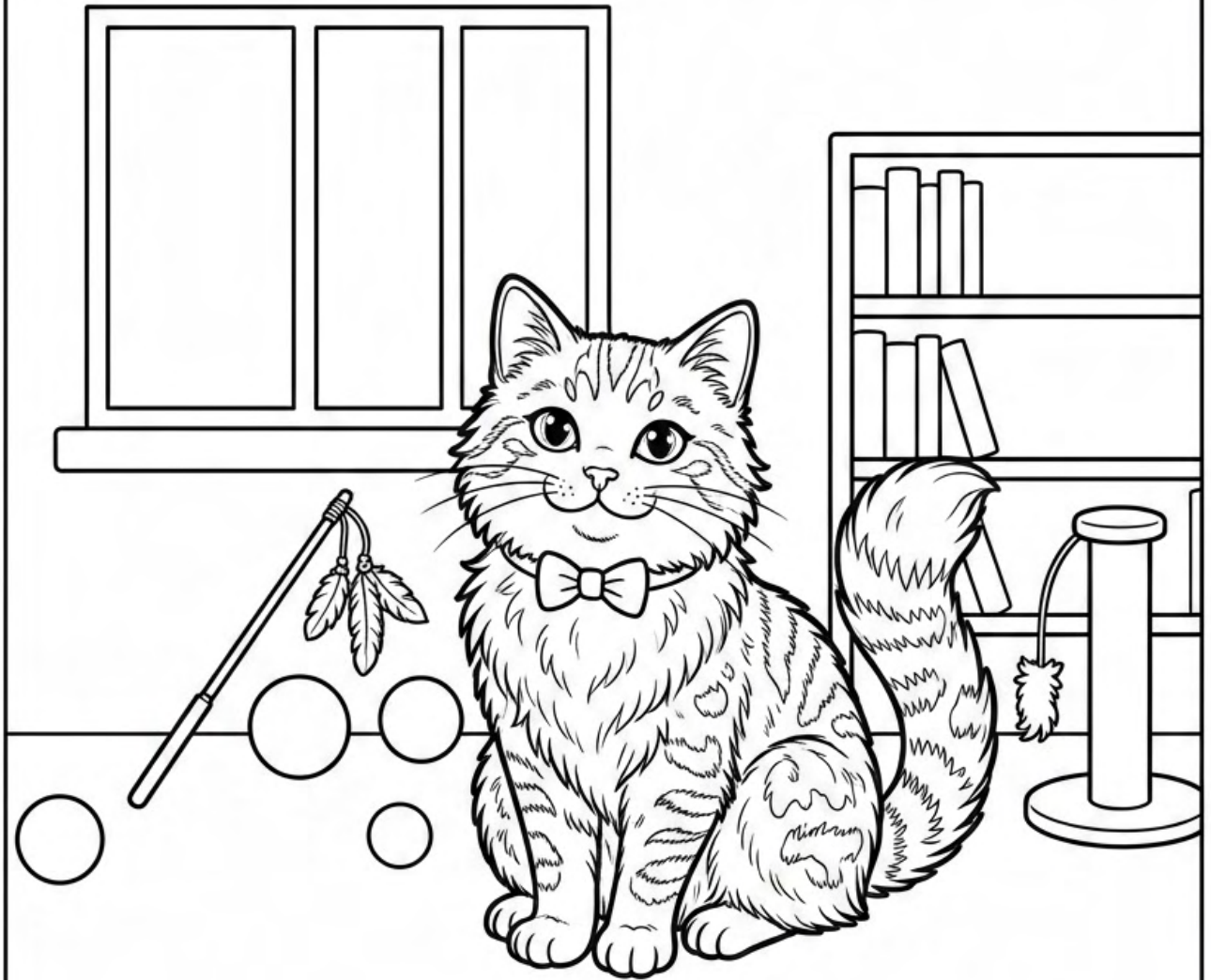
- **Health Benefits:** Studies show that the calming presence of a cat can lower blood pressure and reduce stress levels.
- **Social Joy:** Caring for a cat provides a sense of purpose and daily structure, which combats loneliness.
- **Gentle Interaction:** Cats offer affection and companionship that is perfectly suited for a relaxed, home-based lifestyle.

Cat Trivia Challenge

- What is the average number of hours a cat sleeps per day? (Answer: 12-16 hours)
- Which part of a cat's body is as unique as a human fingerprint? (Answer: Its nose print)



CAT COLORING GAME



125+
YEARS OF CHANGING LIVES



UNDERSTANDING YOUR FUTURE: AN EDUCATIONAL SESSION ON SOCIAL SECURITY & MEDICARE

A BRIEF AGENDA:

- **Understanding Social Security Basics & Benefits**
 - Overview of eligibility, types of benefits, and recent updates.
- **Key Considerations for Your Retirement Timing**
 - The pros and cons of collecting early versus waiting for full retirement age.
- **Medicare 101: Decoding Your Options**
 - Clear explanations of Parts A, B, C (Advantage), and D (Prescription Drugs).
- **Comparing Medicare Pathways**
 - Deciding between Original Medicare with Supplement and Medicare Advantage.
- **Important Dates & Getting Started**
 - Step-by-step guidance on enrollment and key deadlines.
- **Dual Eligible Special Needs Plans (D-SNP) and Prescription Drugs**
 - Support for combined coverage and managing medications.



DATE: August 6



TIME: 10:30-11:30 AM



LOCATION: Dining Room,
Howard Beach OAC



SPEAKER: Beverly Ortega

BOOK LOVERS CORNER: ESCAPE INTO NEW WORLDS

Reading is a gateway to adventure and the ultimate exercise for the mind. Whether you're diving into a thriller or exploring history, books enrich our lives and connect us to stories both new and familiar.

The Benefits of Turning the Page

- **Cognitive Clarity:** Regular reading keeps the mind sharp, improves vocabulary, and enhances focus.
- **Stress Relief:** Reading for just six minutes can reduce stress levels by up to 68%.

Ways to Celebrate Your Love of Books

- **Visit the Library:** Explore new genres and rediscover old favorites.
- **Cozy Up:** Dedicate an afternoon to quiet reading with a comfortable chair and your favorite tea.
- **Share the Joy:** Join our community of readers and share your recommendations with friends.

Fun Facts & Trivia

- "Bibliosmia" is the term for the pleasant smell of old books.
- The Library of Congress in Washington, D.C., is the largest library in the world.

A Little Bit of Humor

I told myself I'd only read one more chapter... five hours later, I'm still here!

Join the Conversation

Don't forget to join our Book Club with Patricia on August 20th at 1:30 PM for lively discussions and shared stories!

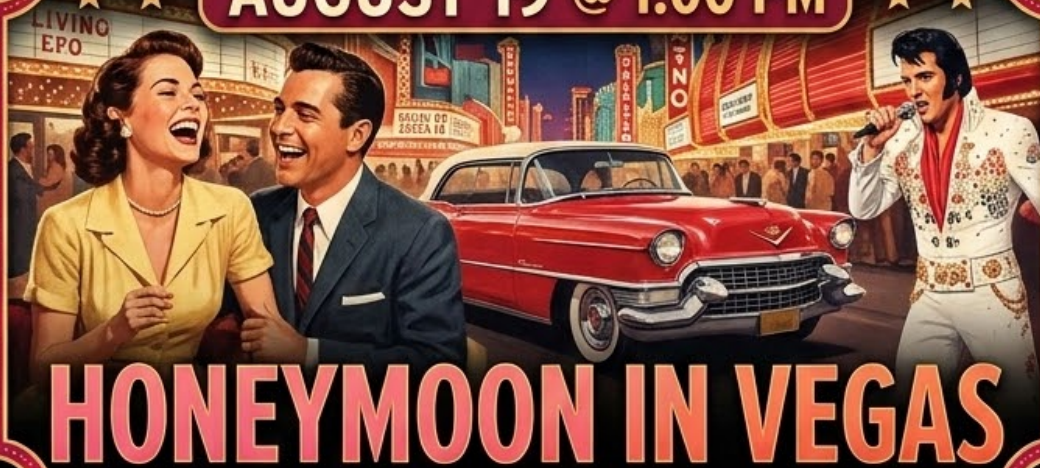
MOVIE NIGHTS

Join us for our afternoon cinematic presentations:

AUGUST 5 @ 1:00 PM



AUGUST 19 @ 1:00 PM



Don't miss these captivating afternoon screenings!

Howard Beach Older Adult Center

NATIONAL LAZY DAY: EMBRACE THE ART OF DOING NOTHING - AUGUST 10

After a vibrant week filled with fitness classes, creative workshops, and social gatherings at the Howard Beach OAC, sometimes the most rewarding thing you can do for your body and mind is absolutely nothing at all! National Lazy Day is your official invitation to slow down, honor your active lifestyle, and deeply recharge your batteries.

The Power of Restful Recovery

- **Mental Refreshment:** Stepping back from our busy center schedule allows your mind to settle, boosting your natural creativity and leaving you refreshed for next week's adventures.
- **Physical Vitality:** Rest is a vital part of staying active! It gives your hard-working muscles a chance to recover, helping to maintain your energy and overall well-being.

How to Celebrate Your "Lazy" Day

- **Unplug:** Turn off your devices for a few hours and disconnect from the digital buzz.
- **Recline & Relax:** Whether it's a comfy chair or a sunny spot in the park, dedicate time to simply sit and watch the world go by.
- **Indulge in Quiet Joys:** Spend your time on low-effort activities you love - reading a book, listening to soft music, or just enjoying a peaceful nap.

A Little Bit of Humor

I'm not lazy, I'm just on energy-saving mode.

125+

YEARS OF CHANGING LIVES



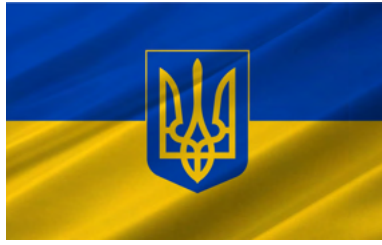
CATHOLIC CHARITIES & HOWARD BEACH OAC COMEDY SHOW



**TUESDAY
AUGUST 18, 11AM**

THANKS HOWARD NEWMAN

A GLIMPSE OF UKRAINE



Ukraine is a land of profound history and breathtaking landscapes. As we prepare for our special celebration, here are a few amazing facts about this vibrant nation:

- **European Giant:** Ukraine is the largest country located entirely within the European continent.
- **Natural Beauty:** The stunning Carpathian Mountains offer majestic peaks and lush forests, home to unique traditions and folklore.
- **Folk Heritage:** The nation boasts a rich heritage of folk dance, such as the energetic Hopak, which is celebrated globally for its athleticism and spirit.
- **Breadbasket of Europe:** Ukraine is known for its exceptionally fertile soil, making it a major global producer of grain and a vital agricultural powerhouse.
- **Deepest Metro:** The Arsenalna station in Kyiv is the deepest metro station in the world, plunging approximately 346 feet underground.
- **Vyshyvanka Tradition:** The nation is famous for its "Vyshyvanka," a traditional embroidered shirt that serves as a powerful symbol of national identity and cultural pride.

SPECIAL EVENT: UKRAINIAN CULTURAL CELEBRATION

Join us for a magnificent day of culture and community! On **Aug 25, 2026 At 11:00 AM**, we will host a grand Ukrainian Folk dance performance followed by a special Ukrainian themed lunch. Experience the vibrant rhythms and authentic flavors of Ukraine right here at the center!

The Cultural Dancers Present:

Ukrainian Folk Dance



Date: Tuesday, August 25, 2026 **Location:**
Time: 11am **Howard Beach Senior Center**

CUE THE COMMUNITY: CELEBRATING OUR POOL ROOM & SENIOR TEAM

If there is one place in the Howard Beach OAC where the energy is always high and the smiles are even broader, it is our beloved pool room. More than just a space for recreation, the pool table has become a lively hub where friends gather daily for fun, friendly competition, and deep-rooted camaraderie. Whether you are a seasoned shark or just there to cheer on your peers, the clacking of the balls and the shared laughter create a soundtrack of fellowship that resonates throughout our halls.

We also want to take a moment to celebrate the incredible team of seniors who make this center a vibrant and welcoming home for all. Your unique life stories, shared wisdom, and unwavering spirit are what transform our building into a true community. From the spirited matches in the pool room to the collaborative projects and group discussions that fill our afternoons, it is your engagement and kindness that define the Howard Beach OAC as a second home for the neighborhood's finest generation.

Thank you for being the heart and soul of our center - keep the games going and the laughter rolling!



JOIN THE SPOTLIGHT CLUB: SHARE YOUR STORY

Every one of our members has a wonderful story to tell, and we want to hear yours! Join us at the Spotlight Club to share your life's most memorable moments and listen to the inspiring journeys of your friends and neighbors.

Our sessions are moderated by the talented Matilde Diaz, who brings her own unique story and an impressive background as an interviewer to every gathering. Whether you are a storyteller or a listener, your presence makes our community complete. We look forward to connecting with you!



NATIONAL BOW TIE DAY: STYLE & SPIRIT - AUGUST 28



The bow tie is more than just a dapper accessory; it is a storied piece of fashion with a rich history. This August 28th, we celebrate the elegance and individuality that this classic neckwear brings to any ensemble.

Did You Know?

- **Historical Roots:** The bow tie originated from Croatian mercenaries during the Thirty Years' War in the 17th century, who used scarves to hold their shirt collars together.
- **A Mark of Distinction:** Often associated with scientists, architects, and doctors, the bow tie is widely considered a symbol of intellect and professional distinction.
- **Timeless Fashion:** Despite changing trends, the bow tie remains a timeless fashion staple that adds a touch of sophistication to any look.

Join the Celebration!

We encourage all our gentlemen members to showcase their personal style! Please wear your favorite bow tie to the center on **August 28th** as we celebrate National Bow Tie Day in true Howard Beach style.

125+

YEARS OF CHANGING LIVES

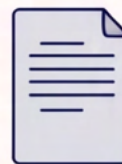


Protecting What Matters: Navigating Estate Planning & Elder Law

Join us for an informative and essential session
on protecting your future.



- Powers of Attorney
- Health Care Proxies
- Living Wills
- Last Wills and Testaments
- Revocable vs. Irrevocable Trusts,
specifically for Medicaid planning



WHEN:



August 20th

10:30 AM - 11:30 AM

WHERE:



Dining Room,
Howard Beach OAC
(Older Adult Center)



A complimentary
breakfast will be
provided.

Featured Speaker:
Anna Ivanenko Gavrysh, Esq.

Futterman Lanza, LLP
ELDER LAW & ESTATE PLANNING

AUGUST SUMMER TRIVIA



We warmly welcome everyone to join this month's exciting trivia challenge. While the summer heat settles over Howard Beach, why not take a relaxing break and put your knowledge to the test? Dive into these fascinating stories of history and legend that make this month so memorable.

August Historical Milestones

Test your knowledge on the events that shaped the world during this vibrant month.

1. **Voting Rights:** On August 6, 1965, which landmark piece of federal legislation was signed into law to prohibit racial discrimination in voting?
2. **Engineering Marvel:** On August 15, 1914, which artificial waterway officially opened, connecting the Atlantic and Pacific Oceans?

3. **Aviation Pioneer:** While their first flight was in December, which of the Wright brothers was born on August 19, 1871?
 4. **Ancient Fury:** On August 24, 79 AD, which famous volcano erupted, burying the cities of Pompeii and Herculaneum?
 5. **Summer of Love:** On August 18, 1969, which legendary music festival concluded after three days of "Peace & Music" in Bethel, New York?
-

Famous August Birthdays

Can you identify these legendary figures born in August?

- **August 4, 1961:** This statesman served as the 44th President of the United States.
 - **August 16, 1958:** Known as the "Queen of Pop," this singer and actress has been a cultural icon for decades.
 - **August 17, 1943:** This legendary actor is celebrated for his roles in *The Godfather Part II* and *Raging Bull*.
 - **August 25, 1930:** This Scottish actor was the first to portray the secret agent James Bond on film.
 - **August 29, 1958:** The "King of Pop" whose album *Thriller* remains one of the best-selling of all time.
-

August Fruits and Veggies

Savor the knowledge of the late summer harvest!

1. **Stone Fruit Star:** What fuzzy-skinned August fruit is famously baked into warm, syrupy cobblers and is closely associated with Georgia?
2. **Botanical Fruit:** Which summer vegetable, often used in salads, is botanically a fruit and thrives in the August sun?

3. **Hydration Station:** What popular refreshing fruit, often associated with August picnics, is over 90% water?
 4. **Pickle Partner:** Which crunchy, green vegetable is a staple of August gardens and is often pickled?
 5. **Peak Season:** What small, sweet, blue fruit is at the peak of its season in August?
-

August Funny Facts

How well do you know the lighter side of this summer month?

1. **Original Name:** What month was August originally called before it was renamed after Augustus Caesar?
2. **Record Breaker:** Which month has the highest number of record-breaking heat days on average?
3. **National Lazy Day:** In August, what do many people do to celebrate "Lazy Day"?
4. **August Soundtrack:** Which common summer insect is famous for its loud buzzing sound in August?
5. **Calendar Quirks:** August is the only month that lacks what in the United States?

Did you know? The month of August was renamed in honor of **Augustus Caesar** in 8 BC. Before that, it was known as "Sextilis," the sixth month of the Roman calendar.

Note, consult the final page of this gazette for the solutions to our summer diversions.

Easy Ways to... Add More Fruits and Vegetables to Your Meals

Brighten up your plate with colorful fruits and vegetables at every meal.

Breakfast



Mix fruit with yogurt, oatmeal or whole grain cereal.



Include vegetables in an omelet or egg sandwich.



Make a smoothie with leafy greens and frozen fruit.

Lunch and Dinner



Add vegetables to soups, stews or casseroles.



Mix vegetables with pasta, rice or couscous



Top tacos, pizzas and pita bread with vegetables.

Snacks



Enjoy fruit with peanut butter.



Add vegetables to half of a sandwich.



Serve fresh vegetables with a bean dip.

For healthy eating tips, like Eat Healthy, Be Active NYC on Facebook at [facebook.com/eatinghealthynyc](https://www.facebook.com/eatinghealthynyc).

For more information about Stellar Farmers Markets, visit [nyc.gov](https://www.nyc.gov) and search for **farmers markets**.

For healthy recipes, visit [jsyfruitveggies.org](https://www.jsyfruitveggies.org).

This material was funded by United States Department of Agriculture's (USDA) Supplemental Assistance Program (SNAP). SNAP, formerly known as the Food Stamp Program (FSP) in New York, provides nutrition assistance to people with low incomes. It can help you buy nutritious foods for a better diet. To find out more, contact 800-342-3009 or go to [myBenefits.ny.gov](https://www.myBenefits.ny.gov). USDA is an equal opportunity provider and employer. In accordance with Federal law and USDA policy, this institution is prohibited from discriminating on the basis of race, color, national origin, sex, age, religion, political beliefs or disability. To file a complaint of discrimination, write USDA, Director of Civil Rights, Room 326-W, Whitten Building, 1400 Independence Avenue, SW, Washington, D.C. 20250 or call 202-720-5964 (voice and TDD).



Just Say Yes to Fruits and Vegetables

A HEALTHY AUGUST DISH: CHICKEN KYIV & COUNTRYSIDE RUSTIC POTATOES

In honor of our Ukrainian Cultural Celebration, we invite you to prepare this iconic and elegant dish. Chicken Kyiv features tender poultry wrapped around a heart of herb-infused garlic butter, served alongside Ukrainian style countryside rustic potatoes.



Ingredients

- 4 medium potatoes (cut into rustic chunks, skin-on), 1 onion (chopped), 2 tbsp oil or butter (for frying), and fresh dill (chopped)
- 2 large boneless, skinless chicken breasts
- 4 tbsp unsalted butter (softened), mixed with 2 cloves minced garlic and 1 tbsp fresh parsley
- 1/2 cup all-purpose flour, 1 beaten egg, and 1 cup fine breadcrumbs (for breading)
- Vegetable oil for frying

- Salt and black pepper to taste

Instructions

1. **Prepare Chicken:** Pound chicken breasts to an even thickness. Place a chilled log of the garlic-herb butter in the center, roll tightly, and secure. Dredge in flour, dip in egg, and coat thoroughly with breadcrumbs. Chill for 30 minutes.
2. **Cook:** While the chicken chills, heat oil or butter in a skillet. Sauté potatoes and onion until crispy, golden, and tender; season with salt, pepper, and fresh dill. Meanwhile, fry the chicken in oil over medium heat until golden brown, then finish in a 350°F oven for 15 minutes.
3. **Serve:** Slice the Chicken Kyiv carefully to reveal the melted butter and serve alongside a generous portion of crispy countryside rustic potatoes for a truly festive meal.

UKRAINIAN CULINARY TRIVIA

1. Did you know that while "Chicken Kyiv" bears the name of the Ukrainian capital, its exact origin is a subject of friendly debate between several culinary traditions, though it became a global symbol of Ukrainian fine dining in the 20th century?
2. Did you know that Ukraine is one of the world's largest producers of potatoes, which are a cornerstone of the national diet and are celebrated in countless traditional recipes?

AUGUST WELLNESS WISDOM

Hello dear friends! As we move into the beautiful heart of August, let's look beyond just staying cool and find ways to truly flourish. This month is a gift of golden light and community warmth, and we want you to enjoy every bit of it!

- **Embrace the Golden Hour:** There is a magical softness to the air during the early morning and late twilight. We encourage you to step out for a gentle stroll during these peaceful times to soak in the summer beauty while the world is quiet and calm.
- **Savor Seasonal Bounty:** August is nature's grand feast! Treat yourself to the incredible flavors of the late summer harvest. Whether it's a juicy, sun-ripened peach or a vibrant tomato from a local stand, these fresh delights are a wonderful way to nourish your body and spirit.
- **Nurture Your Creativity:** The vibrant energy of summer is the perfect fuel for your imagination. Why not start a small creative project or dive into a new hobby this month? Whether it's sketching, gardening, or writing, let your creative spirit roam free!
- **Connect & Cherish:** The greatest joy of our center is the friendship we share. Take a moment to reach out to a friend, old or new, and share a story over a cool drink. These connections are the true heart of our community and keep us all feeling young at heart.

125+ YEARS OF



CHANGING LIVES

BUILDING SOCIAL CONNECTIONS & REDUCING LONELINESS

JOIN US FOR AN INFORMATIVE & ESSENTIAL SESSION
ON PROTECTING YOUR FUTURE.



Strategies for
initiating new
friendships.



Overcoming
barriers to social
interaction.



Understanding
the health benefits
of community
connection.



Resources for
finding local
groups and
activities.



Tips for
strengthening
existing
relationships.

WHEN:



August 31st
11:15 AM - 12:00 PM

WHERE:



Dining Room,
Howard Beach OAC
(Older Adult Center)



FEATURED SPEAKER

**Alena
Khaimchayev**



Presented by Catholic Charities Brooklyn & Queens, drawing on 125+ years of community service.

AUGUST: LET THE GOOD TIMES ROLL!

Well, folks, that's the scoop for August! As we soak up these final golden days of summer, let's make sure we're making the most of every moment here at the OAC. Whether you're showing off your best moves at our Friday parties, out-puzzling the competition in Brain Teasers, or just enjoying a cool scoop of vanilla with old friends, remember that you're the heart and soul of this center. Don't let the summer heat slow you down - grab your sun hats, keep those water bottles handy, and let's keep the laughter rolling all month long. We can't wait to see your smiling faces in the halls!



CENTER DIRECTORY & ADVISORY COUNCIL

Center Staff

Annie

Director of Operations

Oleksandr (Alex)

Program Manager

Wendy

Case Manager

Kamani

Admin Assistant

Tracy

Cook

Shamel

Cook Assistant

Maria

Kitchen Aid

Jeremy

Maintenance

Howard Beach Advisory Council

Executive Board

- **President:** Joyce Taraby
- **Vice President:** Grace Denza
- **Treasurer:** Pat Mckeever
- **Secretary:** Elaine Anderson

Councilmembers

- Florence Carbone, Yvonne Whittingham, Matilde Diaz, Dee Martins, Nancy Lopez, Nieves Gonzalez, Hilda Spinner, Richard Tabakoff, Connie Pionegro, Lorraine Trotta, Linda Mastrangelo

**We wish all of you an August filled with late summer
sunshine, creative inspiration, and joyful community
gatherings.**

AUGUST TRIVIA CHALLENGE ANSWERS

Historical Milestones:

1. Voting Rights Act of 1965
2. Panama Canal
3. Orville Wright
4. Mount Vesuvius
5. Woodstock Music & Art Fair

Famous August Birthdays:

1. Barack Obama
2. Madonna
3. Robert De Niro
4. Sean Connery
5. Michael Jackson

August Fruits and Veggies:

1. Peach
2. Tomato
3. Watermelon
4. Cucumber
5. Blueberry

August Funny Facts:

1. Sextilis
2. August
3. Nothing
4. Cicada
5. Federal holidays in the US