



THE WOOD

Catholic Charities Neighborhood Services

GLENWOOD OLDER ADULT CENTER

5701 AVENUE H, BROOKLYN, NY 11234 Ph(718) 241-7711 / Fx(929) 292-0323

AUGUST 2026

Dear CCNS Glenwood OAC Members,

The month of August is here, and it is a gentle reminder that summer is ending. I hope you enjoyed these sunny days, whether you traveled somewhere you had been looking forward to or just spent time with family and friends.

No matter what you did this summer, I hope you made memories that will last. As summer wraps up, take a moment to relax and enjoy the last warm days. Autumn is almost here, bringing new chances and experiences.

Nadine Aspilaire

Program Manager



AUGUST AWARENESS MONTH

Children's Eye Health and Safety Month

Gastroparesis Awareness Month

National Breastfeeding Month

National Immunization Awareness Month

Psoriasis Awareness Month

National Health Center Week (Aug. 4–10)

National Grief Awareness Day (August 30):



Vaccinate To Keep Yourself Healthy

According to the Centers for Disease Control and Prevention and the National Foundation For Infectious Diseases, here are few reasons people need to get vaccinated

Vaccine-preventable diseases have not gone away - Viruses and bacteria that cause disease still exist and can be passed on to those who are unvaccinated and unprotected. While many preventable diseases are no longer common in the US, global travel makes it easy for diseases to spread.

Vaccines help keep you healthy - The Centers for Disease Control and Prevention (CDC) recommends vaccines throughout your life to help protect against many infections. If you skip vaccines, you may be at risk for diseases including flu, measles, and HPV and hepatitis B –both leading causes of cancer.

Vaccines are as important to your overall health as diet and exercise

Like eating healthy and exercising, vaccines help play a vital role in protecting your health.

Vaccination can mean the difference between life and death - Vaccine-preventable diseases can be deadly. Prior to the COVID-19 pandemic, approximately 50,000 adults died from vaccine-preventable diseases in the US each year.

Vaccines are safer than the diseases they prevent - The US has a robust [approval process](#) in place to ensure the safety of all licensed and approved vaccines. Potential side effects associated with vaccines are uncommon and much less severe than the diseases they prevent.

Vaccines do not cause disease - Vaccines contain either killed or weakened viruses, making it impossible for vaccines to give you the diseases they are designed to prevent

Young and healthy people can get very sick, too - Although infants and older adults are at increased risk for serious

complications, vaccine-preventable diseases can strike anyone, at any time.

Vaccine-preventable diseases can be expensive - Diseases have a direct impact on individuals and families and also carry a high price tag for society as a whole, exceeding an estimated \$10 billion per year.

When you get sick, your children, grandchildren, and parents may also be at risk - Adults are the most common source of pertussis (whooping cough), which can be deadly in infants. Staying up to date on all recommended vaccines helps protect you and your family as well as those in your community who are unable to be vaccinated.

Your family and co-workers need you - In the US, millions of adults get sick from vaccine-preventable diseases each year, causing them to miss work and leaving them unable to care for those who depend on them, including children and/or aging parents.



Reason #2
Vaccines help keep you healthy

Reason #6
Vaccines can't give you the diseases they are designed to prevent

Reason #9
When you get sick, your children, grandchildren, and parents may be at risk, too

EPIC Program To Help You Reduce Your Prescription Cost

EPIC (Elderly Pharmaceutical Insurance Coverage) is the New York State Pharmaceutical Assistance Program (SPAP) that helps older adults with Medicare pay for prescription drug costs. EPIC is available to New York State residents who are 65 years or older and have annual incomes below \$75,000 if single or \$100,000 if married, and do not receive full Medicaid benefits. The people have to be enrolled, or eligible to be enrolled, in a Medicare Part D drug plan or Medicare Advantage Plan that provides drug coverage

Your EPIC benefits are determined by whether you are eligible for the Fee plan or Deductible plan:

EPIC Fee plan - To qualify for the EPIC Fee plan, your income must be less than \$20,000/year if single or less than \$26,000/year if married. If you qualify for the EPIC Fee plan: - You must pay an annual fee based on your income last year (fees range from \$8 to \$300). EPIC will mail you bills to pay this annual fee in quarterly installments (

every three months). This fee is waived if you have Extra Help.

EPIC will pay your Part D premium up to the state benchmark (\$58.82/month in New York in 2026). You will be responsible for any excess premium cost. If Extra Help is also paying your Part D premium, EPIC and Extra Help will both pay \$58.82 towards your Part D premium. In other words, EPIC and Extra Help will pay up to \$117.64 toward your Part D premium.

You must pay your Part D plan's deductible, if it has one. EPIC will not pay this cost. After you meet your Part D deductible, your EPIC copayments will range from \$3 to \$20. EPIC members will also pay copays for Part D-excluded drugs.

EPIC Deductible plan - To qualify for the EPIC Deductible plan, your income must range from \$20,001-\$75,000/year if single and \$26,001-\$100,000/year if married. If your income is between \$20,001-\$23,000 and you are single, or \$26,001-\$29,000 and you are married: You will not have to

pay an annual fee to have EPIC. EPIC will pay your Part D premium up to the state benchmark (\$58.82/month in New York in 2026). You will be responsible for any excess premium cost. If Extra Help is also paying your Part D premium, EPIC and Extra Help will both pay \$58.82 towards your Part D premium. In other words, EPIC and Extra Help will pay up to \$117.64 towards your Part D premium. If your Part D plan requires you to meet a deductible, you must pay for it yourself. EPIC will not pay it for you.

In addition to paying your Part D plan's deductible (if you have one), you must also pay an EPIC deductible, which is separate from your Part D plan's deductible. The amount you pay toward your Part D deductible will not count toward your EPIC deductible. However, the out-of-pocket amounts you pay for covered drugs (copays, coinsurance) after you meet your Part D plan's deductible will count toward your EPIC deductible. After you have met both your Part D and your EPIC deductibles, you will pay EPIC copays (ranging from \$3 to \$20) for your drugs.

If your income is over \$23,001 and you are single, or over \$29,001 and you are married: You will not have to pay an annual fee to have EPIC. EPIC will not pay your Part D premium. If your Part D plan requires you to meet a deductible, you must pay for it yourself. EPIC will not pay it for you.



You will have to meet an EPIC deductible, which is separate from your Part D plan's deductible. The amounts you pay toward your Part D deductible will not count toward your EPIC deductible. However, the out-of-pocket amounts you pay for covered drugs (copays, coinsurance) will count toward your EPIC deductible. After you have met both your Part D

HAPPY SUMMER 2026

August is the last full month of summer in this part of the Hemisphere and a time when we will be experiencing some steamy weather carried over from July. We here at the center have no trips planned for this month, but we can be certain that August will be unforgettable.

July had an extraordinary trip (The Civil Rights Trail) sponsored by the Advisory Board and a celebration of America's 250 years of independence. However, August is the month when families take vacation because it's the month when students and teachers return to school. But there are some significant historical events in August.

Therefore, let's look at some of them.

According to historical records, slavery was abolished on August 1st, 1838, in Jamaica.

August 6th, 1965, President Lyndon Johnson signed the Voting Rights Act into law.

Finally, on August 21, 1959, Hawaii was officially admitted as the 50th U.S. state.

These are just a few of the outstanding achievements that took place in the month of

August.

Are you ready to enjoy the remaining weeks of summer? Yes, you are. It is hot now, but it will pass, and soon we will be back in coats, gloves, and freezing weather ☺

Happy and safe summer to all!



Angela Alleyne; member and volunteer of the Glenwood OAC

SOLVE THE SUDOKU GAME

A 16x16 Sudoku puzzle grid with various numbers filled in. The grid is divided into four 8x8 quadrants. The bottom-left quadrant contains a small box with the text "Visit site" and a circular arrow icon.

GAME CENTER TO IMPROVE YOUR MENTAL FITNESS

← _____ Date: _____

SUMMER FOODS
Word Search

DIRECTIONS:
Find and circle the vocabulary words in the grid. Look for them in all directions including backwards and diagonally.

BARBECUE
BLUEBERRY
CAPRESE SALAD
CHERRY
COCONUT WATER
CORN ON THE COB
FRESH HERBS
FROZEN YOGURT
FRUIT SALAD
GAZPACHO
GRILLED CHICKEN

HAMBURGER
HOT DOG
ICE CREAM
ICED TEA
LEMONADE
MANGO
PASTA SALAD
PEACH

PINEAPPLE
POPSICLE
SALSA
SMOOTHIE
S'MORE
SORBET
STRAWBERRY
WATERMELON



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Name: _____ Date: _____

PICNIC THEMED
WORD SEARCH

Ants
Apple
Barbecue
Basket
Bees
Blanket
Burgers
Checkered
Chips
Cookies
Cooler
Family
Friends
Frisbee
Hotdog
Ice Cream
Jelly
Juice
Lemonade

Napkin
Nature
Outdoors
Park
Peanut Butter
Picnic

Salad
Sandwich
Sunglasses
Sunshine
Watermelon



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NYC Aging Daily/Weekly Awareness Of Summer Events

Vehicles Spot the 10 Differences



GAME CENTER TO IMPROVE YOUR MENTAL FITNESS

← _____ Date: _____

August

WORD SCRAMBLE DIRECTIONS:
Unscramble each set of letters to discover a vocabulary word relating to the month of August.

UNF	_____	LIPOCSPE	_____
NUFELRSWO	_____	UDIMH	_____
MMSERU	_____	IAACCD	_____
ETAXINAORL	_____	ARACKBDY	_____
MAOCMHK	_____	DSNSAAL	_____
YLBICC	_____	IYRELF	_____
RTUIF	_____	TUASUG	_____
CAMPING	_____	TOELEMNWR	_____
AVCIONAT	_____	LKAE	_____
EUEBBAC	_____	AIBLOSTA	_____
		ANUOLDYRGP	_____
		SUSENINH	_____
		EVAETURND	_____
		HTO	_____

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Summer Word Scramble

SUMMER WORD SCRAMBLE

- JHTLFUOOYFUR (3 Words.) _____
- AESLUHEKO (2 Words.) _____
- UNESWLRFO _____
- MRECCIEA (2 Words.) _____
- GPANIMC _____
- OSTMIUOQ _____
- STAEHYAFDR (2 Words.) _____
- CMAKMHO _____
- RREREWASTSIB _____
- OLLVAYLLBE _____
- LPPFOFSIL (2 Words.) _____
- AVOATNIC _____
- TISNEN _____
- DMNOELAE _____
- AOTNOTONOBP (2 Words.) _____
- IRKFRWSEO _____
- ABAEBLCLH (2 Words.) _____
- TENAIAXROL _____
- UMTHIDYI _____
- WINSIMGM _____
- GRGIADNEN _____
- RMAELTEWON _____
- SABABLEL _____
- UNNSIHES _____

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AUGUST'S UPCOMING EVENTS / ACTIVITIES / GUEST SPEAKERS

Poetry in motion (Claire & Vilma) - General Membership Mtg - Advisory Mtg (Center) - Current Event Group Discussion (Vilma - Claire) / Spanish Group Discussion (Corey / Grace) - center/ audio — Creole Group Discussion (Mireille JN (center - Audio) / Strength exercise — Tommy the experience — Cardio Fusion / Yoga -Island Rhythms -Yvette / Blood pressure screening & monitoring (Claire — Maureen - Norwood— Mona— Desire— Jocelyne) / Sewing class (Ivil W—Bernice) / Loom knitting (Sonia R) - Computer Class / Estate Planning / Piano lesson (I. Walters) / Painting Class with Fafona- Augusts Birthday Celebration / /Karaoke (Lenox) / Lowering Prescription drug cost (Senior Services of North America / Elder Abuse (POD Health) / Medicaid LTC (Bushwick HC— Joanne



GUEST SPEAKERS

CHECK THE MONTHLY CALENDAR FOR THE DATE AND TIME OF EACH EVENT



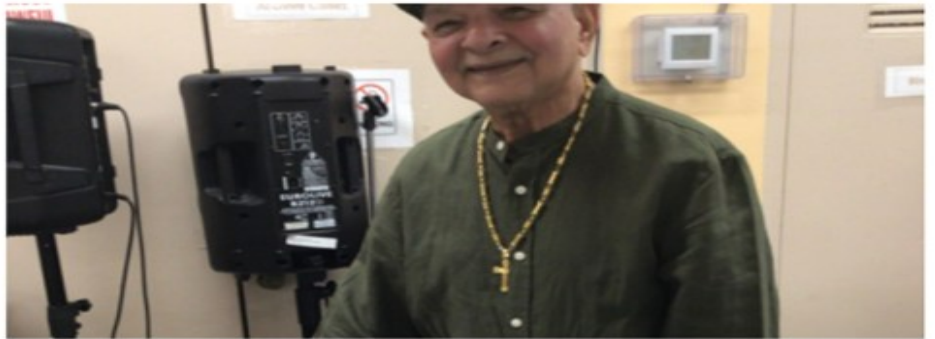
The Men's group discussion is closed for the summer and will resume in September

JULY BIRTHDAY CELEBRATION WITH GUEST ASSEMBLY MEMBER MONIQUE CHANDLER WATERMAN



JULY'S BIRTHDAY CELEBRANTS WITH THEIR TARGET GIFT CARD

MEMBERS HAVING FUN AT THE CENTER



BEST WISHES TO OUR AUGUST'S BIRTHDAY CELEBRANTS!



Dorothy Rowe 8/1	Diana Dempster 8/14
Gehy Marlene 8/1	Beverley Gaskin 8/15
Yvonne Jackson 8/3	Anne George 8/15
Lovell Alberga 8/3	Yolene Fequiere 8/18
Mildred Johnson 8/7	Carole Walker 8/20
Jocelyn Jean Pierre 8/7	Elsie Belizaire 8/22
Mimose Pierre Charles 8/7	Ena James 8/23
Cynthia Tomlinson 8/8	Patricia Alladice 8/27
Iris Hockaday 8/9	Mavis Polidore 8/28
Emerson Ison 8/9	Margaret Chapman 8/28
Irene Colville 8/9	Gloria Beckford 8/29
Barbara Wingate 8/10	Tina Duncan 8/29
John Stokes 8/11	Martin Samuels 8/29
Philomene Vincent 8/11	Marilyn Pack 8/30
Barbara McDougald 8/12	Jean Sandiford 8/30
Kathy Gilmore 8/12	Carol Smith 8/30
Gloria Hinds 8/12	Virginia Heywood 8/25
Hermine James 8/13	
Zhanna Begun 8/14	



Muchas Felicidades!

Glenwood OAC is a free program for individuals aged 60 and older; no insurance is required. Suggested meal contributions are appreciated as they help enhance the program and its activities. We value the contributions made by our members. Enjoy your time at the center!

CASE MANAGER'S BULLETIN BOARD

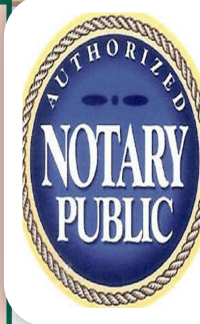
CASE ASSISTANCE - COMMUNITY INFORMATION & EVENTS

If you need assistance because you have difficulty getting around, are home isolated, or unable to come to the center, please ask to talk to Case Manager @ 718-241-7711



Do You Need Assistance To Notarize A Document — Please Call Mr. Lenox Hutson @ 718-251-5848

Also, Have A Valid ID And The Person Whose Document is Being Notarized Must Be Present With The ID.



NYC
Department for
the Aging

2026 FARMERS' MARKET NUTRITION PROGRAM

To receive a \$25 coupon booklet you must be age 60 or older and meet income eligibility.

NYC Aging distributes thousands of coupon booklets which can be redeemed at participating farmers' markets and farm stands.

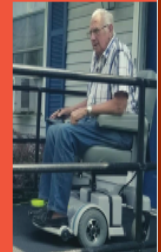
**Distribution
Date & Time:**

Coupons booklets are
distributed on
first come first served basis

The Farmers Market Nutrition Program is sponsored by:
NYS Department of Agriculture and Markets, NYS Department of Health,
NYS Office for the Aging, Cornell University, USDA Food and Nutrition Service.
For more information, call Aging Connect 212-AGING NYC (212-244-6469)
or visit www.nyc.gov/aging for a list of distribution sites.

ADAPT
COMMUNITY NETWORK
[we change]

OLDER ADULTS HOME MODIFICATION PROGRAM



The Older Adults Home Modification Program (OAHMP) supports free, person-centered home modifications.

TO QUALIFY, PARTICIPANTS MUST:

- Be at least 62 years old
- Live within NYC's five boroughs (renters and homeowners)
- Have a household income at or below 80% of the Area Median Income (AMI)

The program covers low-cost, high-impact modifications that reduce fall risk, increase accessibility, and help seniors remain safely at home.

EXAMPLES OF OAHMP MAINTENANCE REPAIR ACTIVITIES

GRAB BARS • RAILINGS • RAMPS • LIGHTING IMPROVEMENTS
ADAPTIVE EQUIPMENT • AND MORE

For more information on OAHMP please contact Wendy De Leon at:
wdeleon@adaptcommunitynetwork.org or call: 347.971.0325

ADAPT [we change]
COMMUNITY NETWORK

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KINGS COUNTY SUPPLEMENTAL FOOD DISTRIBUTION

NYC
HEALTH+
HOSPITALS

Kings County



Commodity
Supplemental
FOOD PROGRAM

New York State Department of Health

COMMODITY SUPPLEMENTAL FOOD PROGRAM

FREE, FREE, FREE...

FREE GROCERY FOR

ALL SENIORS ONLY....!!!

ATTENTION

Must Bring **PHOTO ID**, Shopping
Cart /Shopping Bags.....



⇒ **60 YEAR OR OLDER**

⇒ **RESIDENTS OF NEW YORK**

⇒ **LOW INCOME**

NOTE: IF YOU PICK UP AT NY COMMON PANTRY, or ISLAND HARVEST FOOD BANK NY, YOU ARE NOT ELEGIBLE.

IF YOU ARE 60 YEAR OR OLDER, PLEASE COME ON JOIN

August 6, 2026 and Time: From 9:00 am to 11:00 am

To 5701 Avenue H, Brooklyn, NY, 11234

Catholic Charities Glenwood Senior Center

TO APPLY:

BRING WITH YOU THE FOLLOWING DOCUMENTS:

- ⇒ **PHOTO I.D.**
- ⇒ **PROOF OF AGE**
- ⇒ **2026 PROOF OF ADDRESS**
- ⇒ **2026 PROOF OF INCOME**

IF YOU HAVE ANY ADDITIONAL QUESTIONS PLEASE

CALL US 840 Alabama Ave, Brooklyn, NY. 11207

AT Phone Number 718 -498 -9208



In accordance with Federal law and U.S. Department of Agriculture (USDA) civil rights regulations and policies, this institution is prohibited from discriminating on the basis of race, color, national origin, sex (including gender identity and sexual orientation), age, disability, and reprisal or retaliation for prior civil rights activity. Program information may be made available in languages other than English. Persons with disabilities who require alternative means of communication for program information (e.g., Braille, large print, audiotape, and American Sign Language) should contact the responsible State or local Agency that administers the program or USDA's TARGET Center at (202) 720-2600 (voice and TTY) or contact USDA through the Federal Relay Service at (800) 877-8339. To file a program discrimination complaint, a complainant should complete a Form AD-3027, USDA Program Discrimination Complaint Form, which can be obtained online, at <https://www.usda.gov/sites/default/files/documents/ad-3027.pdf>, from any USDA office, by calling (866) 632-9992, or by writing a letter addressed to USDA. The letter must contain the complainant's name, address, telephone number, and a written description of the alleged discriminatory action in sufficient detail to inform the Assistant Secretary for Civil Rights (ASCR) about the nature and date of an alleged civil rights violation. The completed AD-3027 form or letter must be submitted to USDA by: mail: U.S. Department of Agriculture Office of the Assistant Secretary for Civil Rights 1400 Independence Avenue, SW Washington, D.C. 20250-9410; or fax: (833) 256-1665 or (202) 690-7442; or email: program.intake@usda.gov. This institution is an equal opportunity provider.

FRESH FRUITS & VEGETABLES DISTRIBUTION WITH THE CELESTIAL CHURCH OF CHRIST

CCNS GLENWOOD OAC

**FRESH FRUITS &
VEGETABLES DRIVE**



Fresh Fruits And Vegetables Are Donated
By The Las Maravillas del Exodo Church

Distribution Day

WEDNESDAYS 10:00 AM - 12:00 PM

Glenwood OAC, 5701 Avenue H



For More Info



(718-241-7711)



Glenwood OAC is sponsored By The NYC Aging



PRODUCE FREE DISTRIBUTION EVENTS



PRODUCE FREE DISTRIBUTION EVENTS

Throughout the month of August, NYC Aging is hosting dozens of free fresh produce distribution events in all five boroughs to help older adults access healthy fruits and vegetables.

Because the schedule is subject to change and supplies may be limited, those interested in participating are encouraged to contact Aging Connect or the distribution site prior to attending.

BROOKLYN

Bay Ridge OAC
15 Bay Ridge Avenue
Brooklyn, NY 11220

10:00am

Thursday, August 6
Friday, August 7
Thursday, August 13
Friday, August 14
Thursday, August 20
Friday, August 21
Thursday, August 27
Friday, August 28

Bensonhurst OAC
6915 15th Avenue
Brooklyn, NY 11228

11:00am

Friday, August 7
Friday, August 14
Friday, August 21
Friday, August 28



Partners

Bay Ridge Center • Homecrest Community Services

Encore Community Services • Hamilton Madison House

Jewish Association Serving the Aging (JASA)

Jewish Community Center of Staten Island • Korean Community Services

Mosholu Montefiore Community Center

Call Aging Connect: 212-AGING-NYC (212-244-6469)

NYC Department for
the Aging

NUTRITION EDUCATION MONTHLY POST

Easy Ways to

Enjoy Fresh Greens



1. Buy

- ❖ Choose greens with crisp, bright leaves with no yellow or brown spots.

2. Store

- ❖ Before storing:
 - **Lettuce and salad greens:** Wrap leaves in a dry paper towel.
 - **Bunched greens with stems (kale, collard greens):** Chop off ends of stems and wrap ends in a damp paper towel.
 - **Herbs:** Wrap entire bunch in a slightly damp paper towel.
- ❖ Keep all greens in the refrigerator, unwashed, in a sealed plastic bag.



3. Wash

- ❖ Place greens in a bowl and cover with water.
- ❖ Shake greens under the water to loosen any dirt. Allow dirt to settle.
- ❖ Gently lift out greens and discard water. Repeat as needed.

4. Prepare

- Sauté onions and garlic in oil. Add leafy greens and cook until tender.
- Blend spinach or kale with frozen fruit to make a smoothie or with beans to make a delicious dip.
- Add chopped leafy greens to soups, stews and pasta sauces. Cook until tender.
- Add fruits, other vegetables, nuts or beans to raw chopped greens for a hearty salad.



For healthy eating tips, like Eat Healthy, Be Active NYC on Facebook at

[facebook.com/eatinghealthynyc](https://www.facebook.com/eatinghealthynyc)

information about Stellar Farmers Markets, visit nyc.gov and search for "farmers markets."

For healthy recipes, visit jsyfruitveggies.org.

NYC
Health

Just Say Yes to Fruits and Vegetables

is a
ists
ipic
mpl Funded by United States Department of Agriculture's (USDA) Supplemental Assistance Program (SNAP). SNAP, formerly known as the Food Stamp Program (FSP) in New York, provides nutrition assistance with low incomes. It can help you buy nutritious foods for a better diet. To find out more, contact 800-342-3009 or go to myBenefits.ny.gov. USDA is an equal opportunity provider and complies with Federal law and USDA policy, this institution is prohibited from discriminating on the basis of race, color, national origin, sex, age, religion, political beliefs or disability. To file a complaint, write USDA, Director of Civil Rights, Room 326-W, Whitten Building, 1400 Independence Avenue, SW, Washington, D.C. 20250 or call 202-720-5964 (voice and TDD).

STAY HYDRATED DURING THE SUMMER

HYDRATION

DRINK. REPLENISH. REFRESH. LIVE FULLY.

- DRINK WATER**
REGULARLY THROUGHOUT THE DAY
- REPLENISH ELECTROLYTES**
SODIUM, POTASSIUM, MAGNESIUM, AND MORE
- ENJOY HYDRATING**
FRUITS AND VEGETABLES
- STAY ENERGIZED,**
FOCUSED, AND HEALTHY

WATER + HONEY + A PINCH OF SALT = NATURAL HYDRATION

HYDRATING FRUITS & VEGGIES:

 WATERMELON 92% WATER	 CUCUMBER 96% WATER	 ORANGE 87% WATER	 STRAWBERRIES 91% WATER	 GRAPES 81% WATER	 KIWI 83% WATER
--	--	--	--	--	--

HYDRATE YOUR BODY. FUEL YOUR LIFE. 

Small habits. Big difference.

THE POWER OF Water

EVERY DROP, EVERY DAY.
A HEALTHIER YOU

- AIDS DIGESTION**
Water forms saliva that helps break down food.
- KEEPS YOU HYDRATED**
Moistens mucous membranes like in your nose.
- SUPPORTS GROWTH & CELL FUNCTION**
Water helps in cell production, growth, & overall survival.
- LUBRICATES JOINTS**
Water acts as a natural cushion for your joints.
- CLEANS & DETOXIFIES**
Helps flush out waste & toxins, mainly through urine.
- BOOSTS BRAIN FUNCTION**
Helps the brain produce hormones & neurotransmitters.
- REGULATES BODY TEMPERATURE**
Keeps temperature in balance through sweating & breathing.
- SHOCK ABSORBER FOR YOUR BODY**
Protects your brain & spinal cord with the power of water.
- DELIVERS OXYGEN TO YOUR CELLS**
Water helps carry oxygen to every part of your body.

WATER IS THE MAIN INGREDIENT OF MOST BODY PARTS

DRINK ENOUGH | STAY CONSISTENT | STAY HEALTHY | HYDRATION IS SELF-CARE

HYDRATE TODAY. THRIVE TOMORROW

Sources: <https://www.pinterest.com/pin/1137088605945531451/visual-search/> https://www.pinterest.com/pin/1110981801855011767/visual-search/?cropSource=5&entrypoint=closeup_cta

GLENWOOD SENIOR CENTER STAFF

Samira Alieva	Vice President Of OAS
Ron Carson	Director Of Field Operations
Nadine Aspilaire	Program Manager
Vacant	Case Manager
Andra Daniel	Administrative Assistant
Gwen Moultrie	Head Cook
Vacant	Assistant Cook
Andre Fils Fresnel	Maintenance Worker
Julius Alford	Kitchen Aid

COMMITTEES: Sunshine --- Sonia Ryce, Inez Walters
 Nutrition Chair person --- Sonia Ryce, Daisy Barrett, Beulah Reid
 Travel & Fundraising --- Gardner G Weekes
 Entertainment / music --- Claire Brisport / Gardner Weekes/
 Grievance --- Gardner G Weekes / Sonia Ryce
 Hostess --- Ison, Hackett, Brisport, Ryce, Vialva

GLENWOOD ADVISORY BOARD MEMBERS

Gardner Weekes	-----	President Advisory Council
Carol Hackett	-----	VP Advisory Council
Vilma Griffith	-----	Treasurer
Fay Vialva	-----	Recording Secretary
Lucille Murray	-----	Sergeant at Arm
Sonia Chambers	---	Corresponding Secretary

Thank you to: Mireille Jean Noel - Claire Brisport— Vilma Griffith - Lenox Hutson — Gabriel Weekes—Beulah Reid—Daisy Barrett — Sonia Chambers, Sonia Ryce— Bettie Ward and to all the volunteers for their support of the center's activities.

Catholic Charities Neighborhood Services, Inc.

"Catholic Charities Brooklyn and Queens translates the Gospel of Jesus Christ into action by affirming the dignity and value of every person, especially the most vulnerable members of our diverse society. Catholic Charities develops effective responses to human need and joins with all people of good will in advocating for a social order that promotes justice and embraces human

Catholic charities Mission Statement

FUNDED BY THE NYC AGING

50 YEARS NYC
Department for the Aging

