

CELEBRATING
125
YEARS



USA



July 2026



ST. LOUIS OLDER ADULT CENTER CATHOLIC CHARITIES NEIGHBORHOOD SERVICES



**230 KINGSTON AVENUE
BROOKLYN, NY 11213
T (718) 771-7945 F (718) 467-2524**



JULY HOLIDAYS

- 1-Canada Day
- 4-Independence Day
- 4-Sidewalk Egg Frying Day
- 4-Independence Day
- 9-National Sugar Cookie Day
- 10-Pick Blueberries day
- 12-Pecan Pie Day
- 13-Barbershop Music Appreciation day
- 13-National French Fries Day
- 14-Bastille Day
- 16-Fresh Spinach Day
- 16-World Snake Day
- 22-Hammock Day
- 24-Pioneer Day
- 24-Amelia Earhart Day
- 26-Aunt & Uncle Day
- 27-Take Your Houseplants for a Walk
- 28-National Milk Chocolate Day
- 29-National Lasagne Day
- 30-National Cheesecake day
- 30-Father-in-Law Day



**National
Grilling
Month**



**Disability
Pride
Month**



**National
Bison
Month**



**Plastic
Free
July**



**National
Picnic
Month**

NYC Department for
the Aging

Breakfast

9:00AM – 10:00AM

ST. LOUIS OLDER ADULT CENTER BREAKFAST MENU



230 Kingston Ave
Brooklyn NY 11213
Tel: (718) 771-7945

Monday	Tuesday	Wednesday	Thursday	Friday
MENU MAY CHANGE WITHOUT PRIOR NOTICE	WHOLE WHEAT BREAD & MILK 1% SERVED DAILY COFFEE & TEA SERVED DURING BREAKFAST 9:00AM – 10:00AM			
6 Hard Boiled Eggs Waffles Honeydew	7 Pancakes Scrambled Eggs Oatmeal Canned Fruit Cocktail	8 Grilled Cheese Farina Honeydew Melon	9 Salmon Cake Cheesy Grits Orange	10 Broccoli Cheddar Quiche Multigrain Cheerios Applesauce
13 Healthy Harvest Muffins Non-Fat Yogurt Granola Bar Canned Pears	14 Chicken Livers Grits Mango	15 Egg-A-La Mexicana Mini Bagel Honeydew Melon	16 Grilled Cheese Cream of Wheat Fruit Cocktail	17 Hard Boiled Eggs Raisin Creamy Oatmeal Cantaloupe
20 Banana Nut Muffins Non-Fat Vanilla Yogurt Granola Bar Pineapple Chunks	21 Broccoli Cheddar Quiche Grits Canned Mandarin Oranges	22 Vegetable Omelet Waffles Strawberries	23 Salmon Cake Grits Banana	24 Banana French Toast Oatmeal Grapes
27 Healthy Harvest Muffins Cottage Cheese Granola Bar Sliced Peaches	28 Hard Boiled Eggs Mini Bagel Cream Cheese Fruit Cocktail	29 Potato Spinach Fritata Multigrain Cheerios Grapes	30 Corn Muffins Non-Fat Vanilla Yogurt Granola Bar Sliced Pears	31 Grilled Cheese Corn Flakes Canned Pears

Funded by NYC Aging

Lunch Menu----->Other Side-->

Lunch
12:30PM – 1:30PM



ST. LOUIS OLDER ADULT CENTER LUNCH MENU

July 2026



230 Kingston Ave
Brooklyn NY 11213
Tel: (718) 771-7945

<i>Monday</i>	<i>Tuesday</i>	<i>Wednesday</i>	<i>Thursday</i>	<i>Friday</i>
WHOLE WHEAT BREAD & MILK 1% SERVED DAILY COFFEE & TEA SERVED DURING LUNCH 12:30PM – 1:30PM	MENU MAY CHANGE WITHOUT PRIOR NOTICE 100% Juice served w/ Plant Based Meals Fish Meals Special Meals	1 Baked Pork Chop White Rice Kale Apple	2 Tuna Salad Garden Salad Nectarine Cranberry Juice	3 Hamburger & Beef Hot Dog Steak Fries Coleslaw Watermelon ALT: Turkey Burger & Turkey Hot Dog
6 <u>Russos Catered</u> Egg Salad Basic Pasta Simple Potato Salad	7 Aromatic Pumpkin & Chickpea Curry White Rice Capri Blend Apple Apple Juice	8 Bistec Encebollado (Puerto Rican Steak & Onions) Yellow Rice & Pigeon Peas California Blend Vegetables Fruit Cocktail	9 Curry Chicken Legs Caribbean Rice w/Red Beans Baby Carrots w/Parsley Pear OR Honeydew	10 Baked Fish w/ Sweet & Sour Sauce Roasted Red Potato Italian Blend Vegetables Peach OR Canned Peaches Juice
13 Roasted Chicken Legs Fall Harvest Kale Yellow Plantains Apple OR Fresh Fruit Salad	14 Lentil Sloppy Joe Whole Wheat Hamburger Bun Garden Salad Fruit Cocktail Cranberry Juice	15 Beef Meat Loaf Mashed Potato Sautéed String Beans Dinner Roll Pear	16 Jerk Chicken Legs White Rice Cabbage w/Shredded Carrots Banana OR Plum	17 Baked Marinated Fish Baked Sweet Potato Normandy Blend Watermelon OR Grapes Juice
20 General's Tso Chicken Garlic Mashed Potatoes Zucchini w/Peppers & Onions Peaches	21 Black-Eyed Peas Marsala Corn Bread Capri Blend Vegetables Canned Pineapples Orange Juice	22 Pork Stir Fry w/Vegetables Perfect White Rice Sautéed Kale & Broccoli w/ Sundried Tomatoes Plum OR Pear	23 Chicken Parmesan Pasta Italian Cut Green Beans Banana OR Honeydew	24 Tuna Salad Asian Cucumber Salad Cabbage Carrot Slaw Orange Juice
27 Pineapple Glazed Salmon Baked Sweet Broccoli Cantaloupe Juice	28 Onica's Fried Brown Rice Creamy Corn w/Peppers & Onions Italian Blend Grapes Grape Juice	29 Sweet & Sour Chicken Breast Egg Noodles String Beans Banana OR Canned Mandarins	30 Pork Chop All American Loaded Potato Okra w/Tomatoes Orange OR Nectarine	31 Teriyaki Baked Fish w/Sautéed Onions & Peppers Baked Red Potato Wedges Watermelon OR Apple

Funded by NYC Aging

230 Kingston Ave. Brooklyn NY, 11213

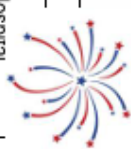
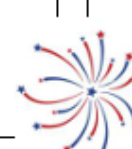
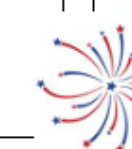
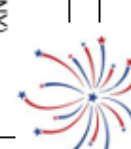
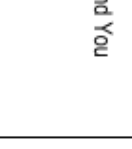
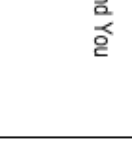
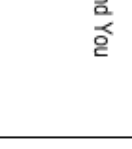
ST. LOUIS OLDER ADULT CENTER ACTIVITY SCHEDULE

Tel: (718) 771-7945

July 2026

Funded by NYC Aging



Monday		Tuesday		Wednesday		Thursday		Friday	
				1	2		3		
				9:00 10:00 12:30 2:00	9:00 11:15 12:30	Breakfast Balance Wellness w/Elizanda Lunch	9:00 12:30	Breakfast Lunch	
				Breakfast Computer Workshop Lunch B.I.N.G.O.					
				8	9		10		
				9:00 12:30 2:00	9:00 11:15 12:30 2:00	Breakfast Balance Wellness w/Elizanda Lunch Game Day	9:00 11:00 11:30 12:30 2:00	Breakfast Kings County Hospital Spanish Class Lunch Movie: I Will Find You Ep 1 & 2 Choral	
				Breakfast Lunch B.I.N.G.O. Canceled: Tech Class & Computer Workshop					
				15	16		17		
				9:00 10:00 11:30 2:00	9:00 11:15 11:30 12:30	Breakfast Balance Wellness w/Elizanda Jasa Presentation Lunch	9:00 11:30 12:30 2:00	Breakfast Spanish Class Lunch Movie: I Will Find You Ep 3 & 4 Choral	
				Breakfast Computer Workshop Banker Life Presentation Special Lunch B.I.N.G.O					
				14	13		12		
				9:00 10:30 12:30 2:00	9:00 11:30 12:30 2:00	Breakfast Walking Club Lunch B.I.N.G.O.			
				Breakfast Walking Club Lunch B.I.N.G.O.					
				21	20		19		
				9:00 10:30 12:30 2:00	9:00 11:15 12:30 2:00	Breakfast Balance Wellness w/Elizanda Lunch Color Table Party	9:00 11:30 12:30 2:00	Breakfast Spanish Class Lunch Movie: I Will Find You Ep 5 & 6 Choral	
				Breakfast Walking Club Lunch B.I.N.G.O.					
				28	27		26		
				9:00 10:30 11:30 12:30 2:00	9:00 11:15 12:30 2:00	Breakfast Balance Wellness w/Elizanda Lunch Banker Life Presentation July Birthday Celebration	9:00 11:30 12:00 12:30 2:00	Breakfast Spanish Class Fire Safety (FDNY) Lunch Movie: I Will Find You Ep 7 & 8 Choral	
				Breakfast Walking Club NYSARC Trust Services: Medicaid Health Benefits Lunch Ice Cream Social Canceled: B.I.N.G.O					
				29	30		31		
				9:00 10:00 10:00 12:30 2:00	9:00 11:15 12:30 2:00	Breakfast Balance Wellness w/Elizanda Lunch Banker Life Presentation July Birthday Celebration	9:00 11:30 12:00 12:30 2:00	Breakfast Spanish Class Fire Safety (FDNY) Lunch Movie: I Will Find You Ep 7 & 8 Choral	
				Breakfast Self Defense SecuraPath Advantage Lunch Chair Zumba w/Tommy B.I.N.G.O.					
				Breakfast Self Defense SecuraPath Advantage Lunch Chair Zumba w/Tommy B.I.N.G.O.					
				28	27		26		
				9:00 10:30 11:30 12:30 2:00	9:00 11:15 12:30 2:00	Breakfast Balance Wellness w/Elizanda Lunch Banker Life Presentation July Birthday Celebration	9:00 11:30 12:00 12:30 2:00	Breakfast Spanish Class Fire Safety (FDNY) Lunch Movie: I Will Find You Ep 7 & 8 Choral	
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				Breakfast Self Defense SecuraPath Advantage Lunch Chair Zumba w/Tommy B.I.N.G.O.					
				Breakfast Self Defense SecuraPath Advantage Lunch Chair Zumba w/Tommy B.I.N.G.O.					

Effective April 1, 2024

Due to the increase of food cost meals has increased as following:

Seniors 60 years plus, suggested donation:

Breakfast: \$1.00

Special Breakfast: \$2.00

Lunch: \$1.50

Special Lunches: \$3.50

Includes: Ribs, Oxtails, Turkey Wings and
Holidays/Special Occasions

**Each person MUST be present when purchasing a
Special Lunch ticket.**

Guest under 60yrs old:

Breakfast \$4.00

Special Breakfast: \$5.00

Lunch \$4.50

Special Lunch \$5.50

**Due to limited seating, no reserving breakfast or lunch
tickets. Calling does not hold a ticket.**

Thank you for your continuing support

BREAKING NEWS ALERT

It's that time of the year....

RE-REGISTRATION TIME!!!

If You're Not a Member...

It's FREE To Join!!

Please Bring All Information:

Emergency Contacts

Doctor's Information

Medication

Photo ID

Phone Number

Must make an appointment

with Venus

Monday, Wednesday or Friday

Case Manager Corner



Our case manager, Venus Harrison
is available at St. Louis OAC
for your case management needs
by appointment **only**
Mondays, Wednesdays and Fridays.

Stop in or call the office
(718) 771-7945
to make an appointment

ICE CREAM SOCIAL

Date: Tuesday, July 28th

Time: 2:00pm - 3:00pm

Place: Dining Room

Ice Cream Waffle Cup

Vanilla Ice Cream

Chocolate Syrup

Walnuts

Whipped Cream

Sprinkles



Let the Shopping Begin!

Wednesday, July 8th 9:15am

Trip Cancellation

Wednesday, July 15th 9:15am

Gateway Shopping Center

Wednesday, July 22nd

Trip Cancellation

Wednesday, July 29th 9:15am

Walmart

Must sign up for trips.

See Program Manager for more details.

The Walking Club



Walk. Talk. Get Fit.

July Walking Club Schedule

Tuesday, July 7th 10:30am - 11:30am

Tuesday, July 14th 10:30am - 11:30am

Tuesday, July 21st 10:30am - 11:30am

Tuesday, July 28th 10:30am - 11:30am

Meet in the reception area



Chair Zumba w/Tommy the Experience

July Class Schedule

Monday, July 6th 1:30pm - 2:30pm

Monday, July 13th 1:30pm - 2:30pm

Monday, July 20th 1:30pm - 2:30pm

Monday, July 27th 1:30pm - 2:30pm

Dining Room



July Class Schedule

Monday, July 6th 11:30am – 12:30pm

Monday, July 13th 11:30am – 12:30pm

Monday, July 20th 11:30am – 12:30pm

Monday, July 27th 11:30am – 12:30pm

w/Shamir

Arts & Craft Room





Balance Wellness w/ Elizanda

This class focus on improving balance, flexibility and mobility. With emphasis on enhancing functional strength and reducing the risk of falls, this class is perfect for individuals looking to maintain their independence and improve their overall wellness.

July Class Schedule

Thursday, July 2nd 11:15am - 12 Noon

Thursday, July 9th 11:15am - 12 Noon

Thursday, July 16th 11:15am - 12 Noon

Thursday, July 23rd 11:15am - 12 Noon

Thursday, July 30th 11:15am - 12 Noon





Are you having difficulties navigating your devices?

Bring your device

July Class Schedule

Wednesday, July 1st 10:00am –11:00am

Wednesday, July 8th Canceled

Wednesday, July 15th Canceled

Wednesday, June 24th 10:00am –11:00am

with Mr. Randall

Arts & Craft Room

Lemon Blueberry Mocktail



Ingredients

- Sparkling water lime or lemon flavor
- 2 ounces lemon juice
- 2 ounces blueberry syrup

- Strainer
- Measuring Jigger
- Spoon
- Highball Glass
- Knife and Cutting Board

How to Make It

This Lemon Blueberry Mocktail comes together quickly and does not require shaking. Stirring gently keeps the bubbles intact. Once you try it, the steps feel natural and easy.

1. Fill a glass with ice.
2. Pour 2 oz lemon juice over the ice.
3. Add 2 oz blueberry syrup.
4. Top with sparkling water, lemon or lime flavor, to taste.
5. Stir gently to combine without losing bubbles.
6. Garnish with fresh blueberries and a slice of lemon.
7. Serve immediately and enjoy.

*Come and showcase your vocals on
Fridays*

2:00pm - 3:30pm

with Ms. Hellen and St Louis Choir



July Class Schedule

Friday, July 10th 2:00pm - 3:30pm

Friday, July 17th 2:00pm - 3:30pm

Friday, July 24th 2:00pm - 3:30pm

Friday, July 31st 2:00pm - 3:30pm

Arts & Craft Room

**It's never too late to try something new!!
So, why not learn a second language??
Learn English or Spanish**



July Class Schedule

Friday, July 10th 2:00pm - 3:30pm

Friday, July 17th 2:00pm - 3:30pm

Friday, July 24th 2:00pm - 3:30pm

Friday, July 31st 2:00pm - 3:30pm

w/Ms. Hellen

Library

IT'S *July!*

A time to shift our focus. A time to be grateful for all that we are blessed with. We here at St Louis OAC have so much; food, entertainment and advice as to how to take better care of ourselves. Friendships, fellowships and so much more. We have wonderful staff who look out for our every need, so let's thank God for his blessing.

By Anonymous



BE
Kind
FOR
Everyone
YOU MEET
Fighting IS
A HARD
BATTLE



Thursday, July 23, 2026
2:00pm - 3:30pm

Table	Color	Captain
1	Yellow	Helen Selby
2	Dark Brown	
3	Blue	
4	Red	Karen James
5	Gold	Linda Henderson
6	Pink	Vivian Presley
7	Orange	
8	Lavendar	Gloria Freeman
9	Green	

The center will provide color table cloth.
Find a table you would like join and
contribute.

NETFLIX

Harlan Coben's I WILL FIND YOU



Harlan Coben's propulsive thriller comes to life as a desperate father breaks out of prison to find the son he was falsely accused of killing.

Friday, July 10th 2:00pm Dining Room

I Will Find You 2026 (Netflix)

Episodes 1

Episodes 2

Friday, July 17th 2:00pm Dining Room

I Will Find You 2026 (Netflix)

Episodes 3

Episodes 4

Friday, July 24th 2:00pm Dining Room

I Will Find You 2026 (Netflix)

Episodes 5

Episodes 6

Friday, July 31st 2:00pm Dining Room

I Will Find You 2026 (Netflix)

Episodes 7

Episodes 8



St. Louis Older Adult Center Daily Activities

Mondays

Self Defense w/Shamir 11:30am - 12:30pm

Chair Zumba w/Tommy 1:30pm - 2:30pm

BINGO 2:30pm - 3:30pm

Tuesdays

Dominos 1:00pm - 3:00pm

BINGO 2:00pm - 3:00pm

Wednesdays

Tech Class w/Mr. Randall 10:00am - 11:00am

Computer Workshop w/Janet (Until Sept 2nd)

BINGO 2:00pm - 3:00pm

Thursdays

Wellness Balance w/Ms. Elizanda 11:15am - 12Noon

Fridays

Spanish Class w/Ms. Hellen 11:30am - 12:30pm

Choral w/Ms. Hellen 2:00pm - 3:30pm

Movie 1:45pm - 3:30pm

Please respect activities start and finish times!!



To be aware of what's going on at

St. Louis Older Adult Center

We encourage you to sign up for the broadcast.

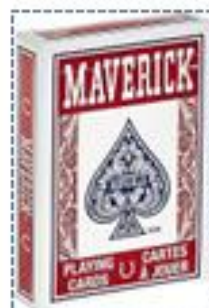
When (718) 550-0475 calls

Please save that phone number under

"St. Louis OAC Broadcast"

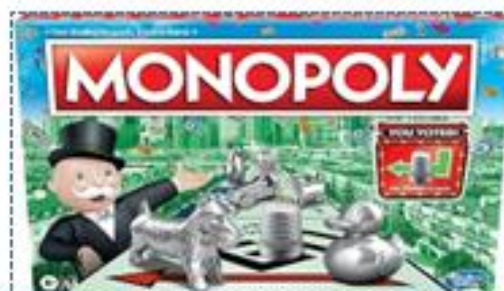
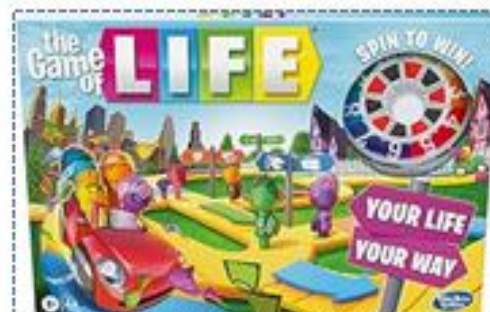
We don't want YOU to miss out on what's going on!!

If you need help saving the phone number, come into the center and we will assist you.



Thursday, July 9th

2:00pm - 3:30pm





LUNCH MENU CHANGE



Special Lunch

Wednesday, July 15th

12:30pm - 1:30pm

BBQ Pork Ribs

Mac & Cheese

Collard Greens

Cantaloupe

Juice





Kindness
IS A LANGUAGE
THE DEAF CAN
HEAR AND THE
BLIND CAN SEE.

Mark twain



If you are interested in becoming a candidate for
St. Louis OAC's Advisory Board

Please submit your name and position you want to run for:

Officers

President
Vice President
Secretary
Treasurer
Sergeant of Arms



Committees

Decorating Committee
Nutrition Committee
Grievance Committee
Fundraising Committee
Trip Committee
Sunshine Committee
Welcoming Committee
Outreach Committee

***Must be willing and able to
work***

MEET *the* **CANDIDATES**

President

Frances Langley

Vice President

Carzei O'Neill

Secretary

Karen James

Treasurer

Olivia Laidlow

Sergeant of Arms

Alexander Davis

Linda Henderson

It's not too late to add your name on the ballot!

Crown Heights North Association
presents...

Summer, Sun & Soul

Sunday
August 30th
2026



2:00 PM
to
7:00 PM

Rain or Shine!

JOIN US FOR OUR 6TH ANNUAL Rooftop Rhythm Soiree

BROOKLYN CHILDREN'S MUSEUM | 145 BROOKLYN AVE BROOKLYN, NY 11213

TICKET SALES

\$60.00

JUNE 1ST - JULY 31ST (WHILE TICKETS LAST)

\$70.00

AUGUST 1ST - AUGUST 15TH

Buy tickets early, as the event sells out quickly

Featuring

- MUSIC COORDINATOR: D'WAYNE 'COOK' BROADNAX
- "THE MONTE CROFT/STANLEY BANKS BAND"
- SOUND PROVIDED BY KWAME/SUCCESSFUL VENTURES
- DJ T-GROOVE

Tickets available at:

ELITE GRAPHIX
252 JAVA STREET
BROOKLYN, NY 11222
EGXPRINTING.COM
CALL: 718-581-7234

NOSTRAND STATION BAR & LOUNGE
822 NOSTRAND AVE (LINCOLN PLACE)
BROOKLYN, NY 11216
718-812-1658
OPEN EVERY DAY EXCEPT MONDAY

Online on
Eventbrite:

For information:
332-203-5291



SCAN HERE

REFRESHMENTS | POP-UPS | MUSIC

TICKETS WILL NOT BE SOLD AT THE DOOR.

MADE POSSIBLE BY:

SENATOR ZELLMER MYRIE

ASSEMBLY MEMBERS BRIAN CUNNINGHAM & STEFANI ZIHERMAN

COUNCILMEMBERS CRYSTAL HUDSON & CHI OSE

CENVA is a 501(c)(3) Organization





Joycelyn Baldwin

Rachel Boddie

Sylvia García

Karen James

Linda Prince

Helen Selby

Patricia Washington

Mary Williams



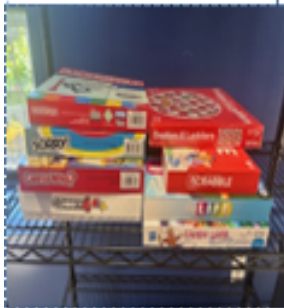
August 2026

Neon Party TBA

September 2026

Ice Cream Social 9/15

Advisory Board Election TBA

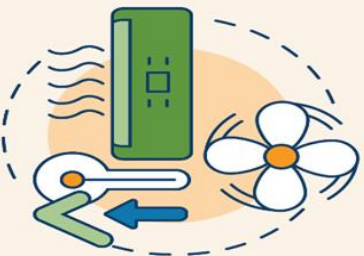


We would **LOVE** to hear your ideas and suggestions!!

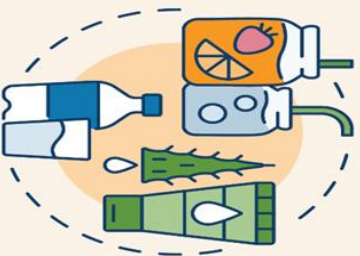


Extreme Heat: Older Adults

People 65 years or older are at greater risk from extreme heat health problems.



Find somewhere air conditioned.



Drink plenty of fluids to stay hydrated.

**#SUMMER
READY**



Wear loose, lightweight, or light-colored clothing.



Avoid high-energy activities during the midday heat and stay in the shade.

Ready

LIVER CLEANSING FOODS

NOURISH • DETOX • REJUVENATE



*A healthy liver,
a healthier you!*



BEETS

Support liver detox
& bile production



GARLIC

Activates liver enzymes
that flush out toxins



GREEN TEA

Rich in antioxidants
that protect liver cells



LEMONS

Stimulate bile flow
& aid digestion



LEAFY GREENS

Packed with chlorophyll
to detox & purify



TURMERIC

Powerful anti-inflammatory
& liver protector



APPLES

High in pectin fiber
that removes toxins



AVOCADO

Helps glutathione
production & detox



WALNUTS

Provide omega-3s &
support liver function



BROCCOLI

Contains compounds that
help detox harmful toxins



FLAXSEEDS

Rich in fiber & omega-3s
to support detox



DANDELION GREENS

Natural diuretic that
supports liver detox

BENEFITS OF A CLEAN LIVER

- 💡 Better digestion & nutrient absorption
- 🌿 Clearer skin & improved energy
- 🛡️ Stronger immunity
- ⚖️ Hormone balance & weight management



TIPS FOR LIVER HEALTH

- ✓ Stay hydrated
- ✓ Eat whole, unprocessed foods
- ✓ Limit alcohol & sugar
- ✓ Exercise regularly & manage stress

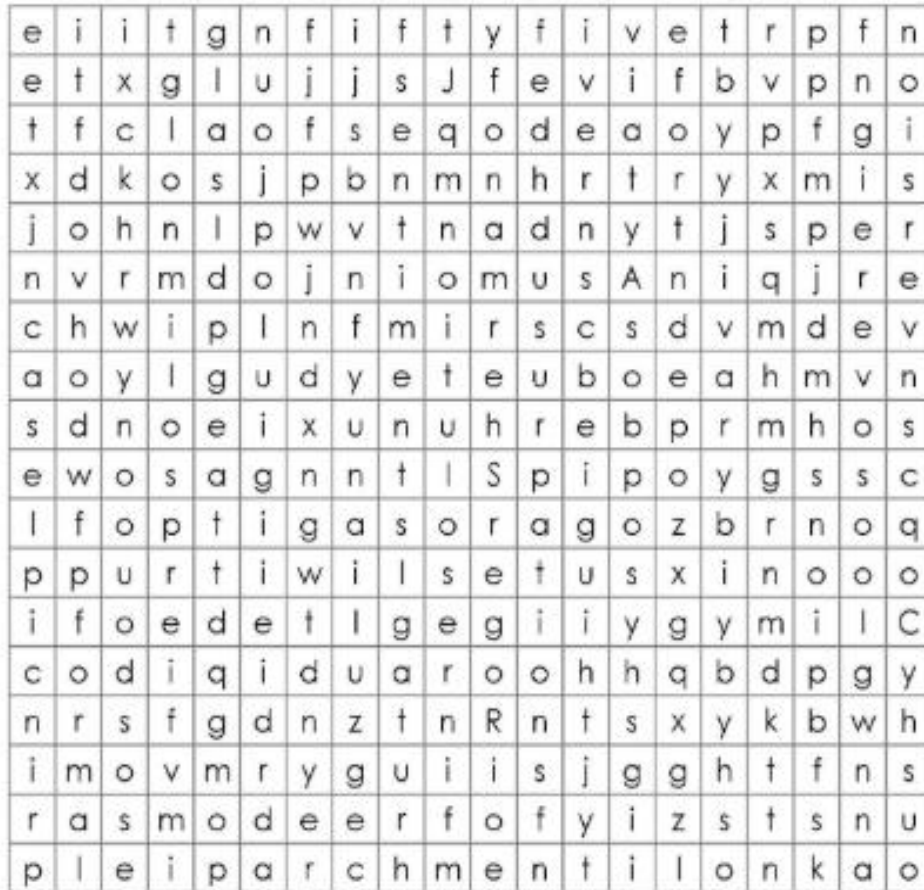


EAT CLEAN, LIVE CLEAN – SUPPORT YOUR LIVER NATURALLY!

Name _____

Declaration of Independence Word Search Puzzle

Find the words in the grid. Words can go horizontally, vertically and diagonally in all eight directions.



sovereign	formal	final	parchment	committee
Benjamin Franklin	signatures	Roger Sherman	version	Thomas Jefferson
adopted	original	colony	principles	Robert Livingston
Congress	draft	fifty five	amendments	usurpations
freedoms	copy	wording	inspiration	constitution
resolution	John Adams	sentiments	united	rights

PRESENTED BY
32n3
presents

Let's Learn, Laugh
& Win Together!



**FREE
WORKSHOPS**

For Adults 55+



Easy.
Practical.
Empowering.

SMART LIVING *for Seniors*

LEARN. CONNECT. THRIVE.



- Have Fun
- Stay Connected
- Learn New Skills
- Stay Safe
- Feel Confident

9 ESSENTIAL SKILLS FOR EVERYDAY LIFE

- 1 Getting Connected
- 2 How to Text
- 3 Online Safety
- 4 Email Basics
- 5 Finding Information
- 6 Video Calling
- 7 Online Appointments
- 8 Online Shopping
- 9 Managing Photos



WORKSHOP STARTS
**WEDNESDAY
JUNE 3, 2026
AT 10:00 AM**



EVERY
WEDNESDAY
10:00 AM – 12:00 PM
(2 HOUR CLASS)



ENDS
**WEDNESDAY
SEPTEMBER 2, 2026**



Catholic Charities
Brooklyn & Queens

St. Louis Older Adults Center
230 Kingston Ave and Sterling Pl.
Brooklyn, NY 11213
718.771.7945



**MUST BE A MEMBER OF
THE ST. LOUIS OLDER ADULTS CENTER.**

Rules Apply.

✉ 32n3presents@gmail.com



YOU'RE WELCOME HERE!

No pressure, just progress! Come as you are.
We'll guide you every step of the way.



**CERTIFICATES
OF COMPLETION
AWARDED**



**SMALL GIFTS
PROVIDED**

SUPPORT THIS PROGRAM!

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Sharing knowledge.
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Come for the skills... Stay for the friendships!

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Program Manager

Michelle Williams

Case Manager

Venus Harrison

Administrative Assistant

Siew Chen Chau (KIM)

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Onica Cyrus

Assistant Cook

Vacant

Kitchen Aide

Genita Tatum

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Chantay Wilson

Thomas Natalie



Our Mission

Catholic Charities in the Diocese of Brooklyn and Queens translates the Gospel of Jesus Christ into action by affirming the dignity and value of every person, especially the most vulnerable members of our diverse society.

Catholic Charities develops effective responses to human need and joins with all people of good will in advocating for a social order which promotes justice and embraces human development.

