

NEW AGE OAC

54 MACDONOUGH ST

BROOKLYN NY 11216

929-397-2628



HERE'S THE SCOOP



Important Dates:

- **Birthday celebration
-5/28/26 (during lunch)**
- **Bingo Extravaganza- 5/29/26
(1pm)**

May 28th - During Lunch

Lets celebrate with cake 😊





May 29th 2026

1PM

- **2 Cards- \$10**
- **Jackpot Round- \$100 prize**
- **Picture Frame Round- \$50 prize**
- **First 40 people to sign up will be entered into raffle (You Must Buy your first 2 cards)**

Light Refreshments

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MAY

MENTAL HEALTH

AWARENESS MONTH





OLDER
AMERICANS
MONTH

Breakfast Schedule

8:30am-10:00am

Tuesday, May 12: Boiled eggs, oatmeal, and fruit

Thursday, May 14: Bagel with cream cheese, banana, and juice

Tuesday, May 19 Cereal, milk, orange juice, and banana

Thursday, May 21: Boiled eggs, oatmeal, and fruit

Tuesday, May 26: Granola bar, boiled eggs, fruit, juice, and milk


Thursday, May 28: Cereal, milk, orange juice, and banana



Lunch Begins
12:00PM – 1:00PM

NEW AGE OLDER ADULT CENTER LUNCH MENU
May 2026

54 MacDonough Street
Brooklyn NY 11216
Tel: (929)-397-2628

Monday	Tuesday	Wednesday	Thursday	Friday
WHOLE WHEAT BREAD & MILK 1% SERVED DAILY COFFEE & TEA SERVED DURING LUNCH 12:30PM – 1:30PM	MENU MAY CHANGE WITHOUT PRIOR NOTICE 100% Juice served w/ Plant Based Meals Fish Meals Special Meals			Catered by Russo's Baked Fish w/Lemon Garlic Butter Sauce White Rice Sautéed Green Beans w/Onions
4 Roasted Chicken Legs Yellow Plantains Broccoli Apple	5 Blackeye Peas Morsala Corn Bread Italian Blend Vegetables Apple Juice	6 Beef Meatloaf w/Gravy Mashed Potatoes String Beans Pears	7 Jerk Chicken Quarter Leg White Rice Italian Beans Plum	8 Marinated Baked Fish Baked Sweet Potato Capri Blend Vegetables Grapes Orange Pineapple Juice
11 General Tso's Chicken Garlic Mashed Potatoes Zucchini Peaches	12 Rotini Pasta w/Spinach & Chickpeas Garden Salad Canned Pineapple Cranberry Juice	13 Mother's Day Special Stewed Oxtail w/ Lime Beans Brown Rice w/ Kidney Beans Steamed Cabbage Cantaloupe Grape Juice	14 Chicken Parmesan Spaghetti Italian Beans Honeydew Melon	15 Tuna Salad Asian Cucumber Salad Cabbage, Carrot Slaw Orange Apple Juice
18 Pineapple Glazed Salmon Sweet Potato Broccoli Cantaloupe Apple Juice	19 Chef Natasha's Fried Brown Rice Creamy Corn w/ Peppers & Onions Broccoli Spears Grapes Orange Pineapple Juice	20 Sweet & Sour Chicken Breast Egg Noodles Italian Blend Vegetables Mandarin Orange	21 Baked Pork Chop Baked Potato Otra Stewed w/ Tomatoes Orange	22 Teryaki Baked Fish Baked Red Potato w/ Sautéed Peppers & Onions Watermelon Apple Juice
25 Memorial Day Closed 	26 BBQ Chicken Legs Mashed Potatoes Broccoli Spears Apple	27 Stewed Pork Chop Yellow Rice Collard Greens Canned Peaches	28 Turkey Salad Tossed Salad Cucumber & Tomato Salad Honeydew Melon	29 Baked Fish Corn on Cob Broccoli Spears Cantaloupe Cranberry Juice

Funded by NYC Aging



MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

Activities may change
without prior Notice

May 2026

<p>4 8:30 AM - 10:00 AM: Morning Mix & Mingle (Pastries, Coffee & Tea) 10:00 AM: Technology Class 11:00 AM: Bingo 1:00 PM: Trivia Tournament 3:00 PM: Wind Down & Tea Social</p>	<p>5 8:30 AM - 10:00 AM: Rise & Shine Breakfast (Music & Conversation) 10:30 AM: Chair Yoga 1:00 PM: Painting (Tote Bags & Jewelry) 3:00 PM: Bingo</p>	<p>6 8:30 AM - 10:00 AM: Morning Mix & Mingle 10:00 AM - 11:00 AM: Wind Down (Music & Conversation) 11:00 AM: Line Dancing 1:00 PM: Movie</p>	<p>7 8:30 AM - 10:00 AM: Rise & Shine Breakfast 10:00 AM: Trivia 11:00 AM: Zumba 1:00 PM: 4-Week Cooking Series</p>	<p>8 8:30 AM - 10:00 AM: Morning Mix & Mingle 10:30 AM: Game Social (Bingo, Pool, Card Tournament, Dominoes, Checkers, Chess) 2:00 PM: Bingo 3:00 PM: Karaoke</p>
<p>11 8:30 AM - 10:00 AM: Morning Mix & Mingle (Pastries, Coffee & Tea) 10:00 AM: Technology Class 11:00 AM: Bingo 1:00 PM: Trivia Tournament 3:00 PM: Wind Down & Tea Social</p>	<p>12 8:30 AM - 10:00 AM: Rise & Shine Breakfast (Music & Conversation) 10:30 AM: Chair Yoga 1:00 PM: Painting (Tote Bags & Jewelry) 3:00 PM: Bingo</p>	<p>13 8:30 AM - 10:00 AM: Morning Mix & Mingle 10:00 AM - 11:00 AM: Wind Down (Music & Conversation) 11:00 AM: Line Dancing 1:00 PM: Movie</p>	<p>14 8:30 AM - 10:00 AM: Rise & Shine Breakfast 10:00 AM: Trivia 11:00 AM: Zumba 1:00 PM: 4-Week Cooking Series</p>	<p>15 8:30 AM - 10:00 AM: Morning Mix & Mingle 10:30 AM: Game Social (Bingo, Pool, Card Tournament, Dominoes, Checkers, Chess) 2:00 PM: Bingo 3:00 PM: Karaoke</p>
<p>18 8:30 AM - 10:00 AM: Morning Mix & Mingle (Pastries, Coffee & Tea) 10:00 AM: Technology Class 11:00 AM: Bingo 1:00 PM: Trivia Tournament 3:00 PM: Wind Down & Tea Social</p>	<p>19 8:30 AM - 10:00 AM: Rise & Shine Breakfast (Music & Conversation) 10:30 AM: Chair Yoga 1:00 PM: Painting (Tote Bags & Jewelry) 3:00 PM: Bingo</p>	<p>20 8:30 AM - 10:00 AM: Morning Mix & Mingle 10:00 AM - 11:00 AM: Wind Down (Music & Conversation) 11:00 AM: Line Dancing 1:00 PM: Movie</p>	<p>21 8:30 AM - 10:00 AM: Rise & Shine Breakfast 10:00 AM: Trivia 11:00 AM: Zumba 1:00 PM: 4-Week Cooking Series</p>	<p>22 8:30 AM - 10:00 AM: Morning Mix & Mingle 10:30 AM: Game Social (Bingo, Pool, Card Tournament, Dominoes, Checkers, Chess) 2:00 PM: Bingo 3:00 PM: Karaoke</p>
<p>25 8:30 AM - 10:00 AM: Morning Mix & Mingle (Pastries, Coffee & Tea) 10:00 AM: Technology Class 11:00 AM: Bingo 1:00 PM: Trivia Tournament 3:00 PM: Wind Down & Tea Social</p>	<p>26 8:30 AM - 10:00 AM: Rise & Shine Breakfast (Music & Conversation) 10:30 AM: Chair Yoga 1:00 PM: Painting (Tote Bags & Jewelry) 3:00 PM: Bingo</p>	<p>27 8:30 AM - 10:00 AM: Morning Mix & Mingle 10:00 AM - 11:00 AM: Wind Down (Music & Conversation) 11:00 AM: Line Dancing 1:00 PM: Movie</p>	<p>28 8:30 AM - 10:00 AM: Rise & Shine Breakfast 10:00 AM: Trivia 11:00 AM: Zumba 1:00 PM: Birthday Celebration</p>	<p>29 8:30 AM - 10:00 AM: Morning Mix & Mingle 10:30 AM: Game Social (Bingo, Pool, Card Tournament, Dominoes, Checkers, Chess) 1pm- Bingo Extravaganza</p>

Older Adult Center Staff

Ron Carson~ Director of Field Operations

Delcina dantzler~Program Manager

Vacant ~ Case Manager

Eric Fennell ~Administrative Assistant

Vacant~ Kitchen Aide

Alpha Francios~Maintenance

The mission of Catholic Charities Brooklyn and Queens is to translate the Gospel of Jesus Christ into action by affirming the dignity and value of every person, especially the most vulnerable members of our diverse society. Catholic Charities develops effective responses to human need and joins with all people of good will in advocating for a social order that promotes justice and embraces human development.

