

**Riverway Older Adult Center
230 Riverdale Avenue
Brooklyn, NY 11212
Phone 718-942-5345**

MAY 2026 Daily Activities



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| <p>Monday</p> <p>10:00 – The Tommy Exp. Aerobics 11:00-Group Connections or Tech Topic 12:00 –Lunch 1:30PM-Bingo Review 2:30-Social Hour</p> <p>MAY-25 -Closed for Memorial Day</p> | <p>Tuesday</p> <p>10:00-Leisure Games or Self -Art Projects 11:00-Tai Chi 12:00-Lunch 1:30-Internet Surfing with Tablets <i>May 19- Rec Movie @10 AM</i> <i>May 26-It's Music Sock Hop @1:30PM</i></p> |
| <p>Wednesday</p> <p>10:00-Cardio Fusion w/Yvette 11:00- Let's Talk (cafeteria) 12:00-Lunch 1:00 – Riverway Chorus w/ Brenda 2:00-Arts & Crafts</p> | <p>Thursday</p> <p>10:00-Walking Club 10:30-Self BP screening (dining area) 11:00-Nutrition Class 12:00 – Lunch 2:00 – Arts & Crafts</p> |
| <p>Friday</p> <p>10:00-Line Dancing (in Person) 11:00-Drawing 12:00 –Lunch 1:00-Mental Health Presentation w/Annie (OHEL) 2:00 -Painting</p> | <p style="text-align: center;">Please note: Lunch is now served from 12pm – 1pm <u>Donations \$1 for seniors 60 and over-\$4.00</u></p> |



Upcoming Events for May 2026

Presentations:

May 1-Fresh Smoothie Demo @11AM

May 6-FDNY Fires Safety Education @11AM

May 7-Nutrition Workshop @11AM

May 13- DNV-Homecare @11AM

May 14- Fresh Smoothie Demo @11AM-Dining Room @11AM

May 20-Medicare Presentation by Senior Health @11AM

May 21-Oakstreet Health w/Danielle @11AM

May 28-Nutrition Workshop @11AM

Special Events:

May 8-Pre Mother's Day Social w/ Senior Advisory Bd-\$10 @ 3PM-5PM

May 12-Post Mother's Day Brunch @ 9:45AM

May 15-Mother's Day Bingo w/Dorothy@1:30PM

May 21-May Birthday Party w/ DJ John

May 22-Appreciation Ice Cream Social @1:30PM

May 26-Sock Hop @1:30PM

You must make an appointment with Dorothy Craig for Case Assistance.

All members must have signed consent form on file to engage in activities including transportation at Riverway.

Please see staff for consent form

*****Remember transportation donation is now \$2.00 each one way.*****

Please update client file with staff and take photo id for identification cards before we transfer to new location 350 Livonia @ Gail P. Duke OAC. We plan to move sometime next month please listen out for announcements.



Riverway OAC

May

2026

| Monday | Tuesday | Wednesday | Thursday | Friday |
|--|--|--------------------------------------|---|------------------------------------|
| <p>Must sign up in person.</p> <p>Must give 24-hour notice to cancel</p> | <p>Each Trip \$4 round trip</p> <p>Must Pay before trip</p> | | | <p>1</p> <p>No Trip</p> |
| <p>4</p> <p>Supervision</p> | <p>5</p> <p>10:00-Costco</p> | <p>6</p> <p>No Trip</p> | <p>7</p> <p>10:00-Shop Rite</p> | <p>8</p> <p>No Trip</p> |
| <p>11</p> <p>10:30-Applebee's Restaurant</p> | <p>12</p> <p>No Trip-Brunch @9:45AM</p> | <p>13</p> <p>No Trip</p> | <p>14</p> <p>9:30-Walmart</p> | <p>15</p> <p>10:00-Shoprite</p> |
| <p>18</p> <p>10:00-Green Acres Mall Shopping</p> | <p>19</p> <p>10:00-Five Towns Shopping</p> | <p>20</p> <p>No Trip</p> | <p>21</p> <p>No Trip-Birthday Party</p> | <p>22</p> <p>10:30-Red Lobster</p> |
| <p>25</p> <p>Memorial Day Center Closed</p> | <p>26</p> <p>10:30-Cornbread Restaurant</p> | <p>27</p> <p>10:00-Flaming Grill</p> | <p>28</p> <p>9:30-Walmart</p> | <p>29</p> <p>No Trip</p> |

TRIPS

Must be a registered member with transportation application on file.

All trips are subject to change.

Must meet 15 minutes prior to trip at the center.

NO BIG CARTS

Funded by NYC Aging

Riverway Recreation

MAY 2026

| Monday | Tuesday | Wednesday | Thursday | Friday | Saturday | Sunday |
|------------------------------|-------------------------------------|---|--------------------------------|--|----------|--------|
| | | | | 1 11 am – Drawing 2:00 pm – Painting | 2 | 3 |
| 4 1:30 pm - BINGO | 5 | 6 11 am – Let’s Talk: FDNY | 7 2:00 pm – Arts & Crafts | 8 11 am – Drawing 2:00 pm – Painting | 9 | 10 |
| 11 1:30 pm - BINGO | 12 | 13 11 am – Let’s Talk: Health 2:00 pm – Arts & Crafts | 14 2:00 pm – Arts & Crafts | 15 11 am – Drawing 1:30 pm – REC BINGO | 16 | 17 |
| 18 1:30 pm - BINGO | 19 10 am – Movie: SARAH’S OIL | 20 11 am – Let’s Talk 2:00 pm – Arts & Crafts | 21 1:30 pm – BIRTHDAY PARTY | 22 | 23 | 24 |
| 25 CLOSED MEMORIAL DAY | 26 1:30 pm – It’s Music! | 27 11 am – Let’s Talk 2:00 pm – Arts & Crafts | 28 2:00 pm – Arts & Crafts | 29 11 am – Drawing 2:00 pm – Painting | 30 | 31 |

EVENTS

MOVIE: SARAH’S OIL
PG, Drama 2025 1hr 43min

BIRTHDAY PARTY color(s):
Cream, Lilac

**AWARENESS MONTH: Melanoma/Skin;
Brain & Bladder Cancer**