

April 2026



ur Voices



CATHOLIC CHARITIES BAYSIDE OLDER ADULT CENTER

221-15 Horace Harding Expressway, Bayside, New York 11364

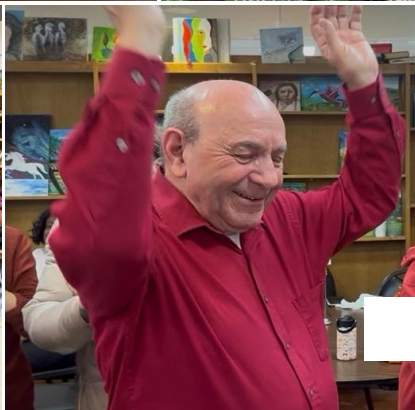
Phone #: (718) 225 - 1144



Catholic Charities Bayside Older Adult Center opened on average of 22 days per month for the past three months

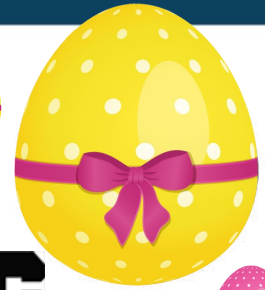


Did you know Attendance on Fridays at Bayside Older Adult Center 's is the highest in the past year averaging 163 attendees?





Easter



125+
YEARS OF CHANGING LIVES



50 YEARS
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Easter is a widely celebrated holiday around the world. It is typically observed on the first Sunday following the first full moon after the spring equinox, which can fall between March 22 and April 25. Easter is not only celebrated by Christians, it is also celebrated by non-religious people as a time of new beginnings and the arrival of spring.

People celebrate Easter in a variety of ways. One of the most popular traditions is the Easter egg hunt, in which children search for hidden eggs filled with candy or small toys. Coloring and decorating eggs is also a common Easter activity. Another popular tradition is the Easter bunny, who is said to deliver baskets filled with treats to children.

In addition to these fun activities, many people attend church services on Easter Sunday. These services often feature music, scripture readings, and a message about the meaning of Easter. Families may also gather for a special meal, such as brunch or dinner, to celebrate the holiday together.

Overall, Easter is a time of celebration and joy. Whether through egg hunts, family gatherings, or religious observances, people around the world come together to celebrate the arrival of spring and the hope of new beginnings.

50 YEARS

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50 YEARS

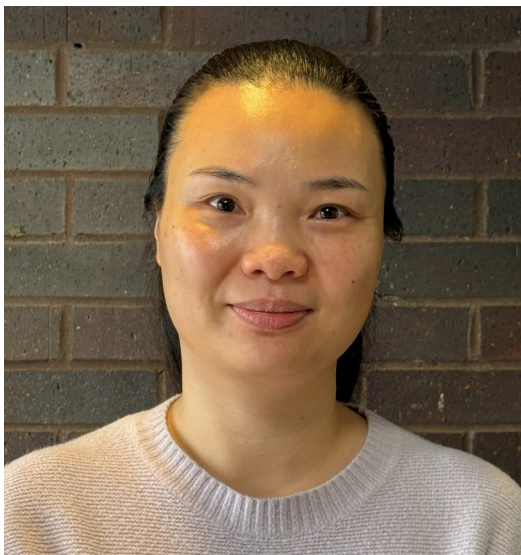
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Hello, my name is Menerva, and I am an Occupational Therapy student attending York College. I am excited to work with you and learn more about your daily activities and routines. I will be here on Wednesdays starting at 10 A.M. Please feel free to share your experiences and any stories you'd like to share. I'm here to listen and help however I can! Thank you for welcoming me into your community!



Hello, everyone! My name is Liling, and I am an occupational therapy student at York College. I am here for my fieldwork Level I and excited to learn more about the Bayside Older Adults population. My goal is to understand how members engage in daily activities and to promote fall prevention, home safety, independence, and well-being.

If you have any questions about staying active, maintaining meaningful activities, or just want to chat, please feel free to reach out. I speak English, Cantonese, Mandarin, and Taishanese. I'd love to hear from you! You can find me at the back of the main cafeteria area on Wednesdays.

Bayside Older Adult Center Menu for April, 2026

Monday	Tuesday	Wednesday	Thursday	Friday
<p>6 Baked Chicken Thighs BBQ Sauce Baked Sweet Potato Whole Wheat Bread Steamed Carrots Apple 1% Low Fat Milk</p>	<p>7 Arroz con Gandules (Mexican Style Brown Rice with Pigeon Peas, 1 cup) Whole Wheat Bread California Blend Vegetables Banana 1% Low Fat Milk</p>	<p>1 Chambre de Gandules (Dominican Stew with Pork, Vegetables and Brown Rice Whole Wheat Bread; Yellow Rice Sautéed Green Beans w/ Onions Orange 1% Low Fat Milk</p>	<p>2 Basic Shepherd's Pie Whole Wheat Bread Italian Blend Vegetables Apple 1% Low Fat Milk</p>	<p>3 Center Closed "Good Friday"</p>
<p>13 Baked Chicken Thighs Brown Gravy Mashed Sweet Potatoes Whole Wheat Bread Prince Edward Blend Vegetables Apple 1% Low Fat Milk</p>	<p>14 Zesty Chickpea Stew Brown Rice (1/2 cup) Whole Wheat Bread Garden Salad Banana 1% Low Fat Milk</p>	<p>8 Anne Lemon Garlic Sauce Baked Pork White ice (1/2 cup) Whole Wheat Bread Italian Blend Vegetables Orange 1% Low Fat Milk</p>	<p>9 Mushroom Gravy Roast Beef Homemade Mashed Potatoes Whole Wheat Bread Garden Salad Apple 1% Low Fat Milk</p>	<p>10 Baked Fish Oreganata Whole Wheat Bread Garlic Mashed Potatoes Sautéed Green Beans w/ Onions Pear 1% Low Fat Milk</p>
<p>20 Italian Meatballs with Chicken Whole Wheat Bread Whole Wheat Pasta Primavera Roasted Broccoli Apple 1% Low Fat Milk</p>	<p>21 Tofu in Garlic Soy Sesame Sauce White Rice (1/2 cup) Whole Wheat Bread Baby Spinach Salad Mushrooms Balsamic Vinaigrette Banana 1% Low Fat Milk</p>	<p>15 Chambre de Gandules (Dominican Stew with Pork, Vegetables and Brown Rice) Whole Wheat Bread Yellow Rice Prince Edward Blend Vegetables Orange 1% Low Fat Milk</p>	<p>16 Homemade Tomato Sauce (1/2 cup) Italian Meatballs with Beef and Turkey; Penne (1/2 cup) Whole Wheat Bread California Blend Vegetables Apple; 1% Low Fat Milk</p>	<p>17 Citrus Sesame Crusted Salm White Rice (1/2 cup) Whole Wheat Bread Caesar Salad Pear 1% Low Fat Milk</p>
<p>27 Classic Chicken Cacciatore Homemade Tomato Sauce (1/2 cup) Penne (1/2 cup) Whole Wheat Bread Prince Edward Blend Vegetables Apple; 1% Low Fat Milk</p>	<p>28 Chickpeas (1/2 cup) Rasta Pasta Whole Wheat Bread Garden Salad Italian Blend Vegetables Banana; 1% Low Fat Milk</p>	<p>22 Baked Pork Mushroom Gravy Whole Wheat Bread Yellow Rice Sautéed String Beans Orange 1% Low Fat Milk</p>	<p>23 Spanish Style Beef Stew Whole Wheat Bread Mashed Sweet Potatoes Prince Edward Blend Vegetables Apple 1% Low Fat Milk</p>	<p>24 Tuna Salad Basic Pasta Salad Whole Wheat Bread Garden Salad Pear 1% Low Fat Milk</p>
<p>30 Classic Chicken Cacciatore Homemade Tomato Sauce (1/2 cup) Penne (1/2 cup) Whole Wheat Bread Prince Edward Blend Vegetables Apple; 1% Low Fat Milk</p>	<p>29 BBQ Pulled Pork Whole Wheat Bread Yellow Rice Steamed Carrots Orange 1% Low Fat Milk</p>	<p>30 Beef Salisbury Steak Mushroom Gravy Whole Wheat Bread California Blend Vegetables Garlic Mashed Potatoes Apple; 1% Low Fat Milk</p>	<p>30 Beef Salisbury Steak Mushroom Gravy Whole Wheat Bread California Blend Vegetables Garlic Mashed Potatoes Apple; 1% Low Fat Milk</p>	<p>30 Beef Salisbury Steak Mushroom Gravy Whole Wheat Bread California Blend Vegetables Garlic Mashed Potatoes Apple; 1% Low Fat Milk</p>

125+
YEARS OF CHANGING LIVES



Resources!

50 YEARS NYC
Department for the Aging



QUEENS CHRONICLE, Thursday, February 5, 2026 Page 6



IMPORTANT PHONE NUMBERS

Services to the public

City, state, federal and private assistance

Administration for Children's Services (212) 341-0900	Immigration Hotline (212) 419-3737, (800) 566-7636
Adult Protective Services (212) 630-1853	The Legal Aid Society (718) 286-2000
AIDS Hotline (800) 541-AIDS (2437)	Land Use (Queens) (718) 286-2860
Alcoholics Anonymous (212) 647-1680	Legal Services for the Elderly (212) 273-5272
Birth Certificates (212) 788-4520	Marriage Licenses (718) 286-2847
Bridge to Life (Women's Support Center) (718) 463-1810	Mayor's Office for People with Disabilities (212) 788-2830
Buildings Department (718) 286-7630	Meals-on-Wheels (212) 687-1234
Centers for Disease Control (800) 232-4636	Narcotics Anonymous (212) 929-6262
Child Protective Services (800) 342-3720	National and NYC Hunger Hotline . (866) 3-HUNGRY (348-6479)
Child Support Helpline (888) 208-4485	NYC Public Advocate (212) 669-7200
The City Bar Justice Hotline (212) 626-7383	NYS Dept. of Environmental Conservation (718) 482-4900
Civil Court (Queens County) (718) 262-7100	Office of Mental Health (212) 219-5599
Community Boards (718) 286-2900	Passport Services (877) 487-2778
Crime Stoppers (718) 577-TIPS (8477)	Pest Control (718) 956-7103
Crime Victims Board (718) 923-4325	Planned Parenthood (212) 965-7000
Crime Victim Hotline (212) 577-7777, (800) 689-4357	Poison Control (800) 222-1222
Death Certificates (212) 788-4520	Public Assistance / Food Stamps (718) 557-1399
Department of Education (212) 374-0200	Queens Board of Elections (718) 730-6730
Department of Veterans' Services (212) 442-4171	Queens County Clerk (718) 298-0601
Disabled Transportation (718) 243-4999	Queens Workforce Career Center (718) 557-6755
Disability Affairs (718) 291-4141	Rape and Sexual Assault Hotline (212) 423-2140, (212) 227-3000
Domestic Violence Hotline (800) 799-7233	Recycling Information (718) 298-7300
Drug / Alcohol Abuse Hotline (718) 661-4003	Report Welfare Fraud (718) 722-8001
Emergency Shelters 311	Runaway Hotline (800) RUN AWAY (786-2929)
Environmental Complaints (718) 595-7000	Social Security (800) 772-1213
Food Complaints / Health Department (718) 267-2170	SNAP / Food Stamps (800) 566-7636
Gamblers Anonymous Hotline (855) 222-5542	Suicide Hotline (800) 273-8255
Homeless Hotline (800) 994-6494, (212) 533-5151	Unemployment Benefits (888) 209-8124
Housing Complaints (718) 657-8300	Youth Crisis Hotline (800) 999-9999



311 vs 911

Call 911
for fire, police, or medical emergencies
Those include crimes in progress as well as hazardous conditions.

Call 311 for nonemergency city services or visit portal.311.nyc.gov

Phone or website offers quick, easy access to all NYC government services and information. You can:

- Report issues
- Discover services
- Check complaint status
- Pay bills

SNAP/FOOD STAMPS

SNAP benefits (formerly known as food stamps) can help put healthy food on the table by providing monthly assistance to purchase food at authorized grocery stores and farmers markets. Eligibility is based on household size, income, expenses and other factors. For questions about how receiving SNAP or other benefits may affect immigration status, call the NYS New Americans hotline at (800) 566-7636 for benefits. Hunger Free NYC (646) 836-9177 or (646) 350-1104. Apply online at: nyc.gov/accessnyc.

2026 QUEENS BLUE BOOK

Kay Michelle
and
The Essential
Quintet

Karlene Michelle Douglas
Jazz Saxophonist | Arts Advocate

Follow for Show
Dates/Times/Booking
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Text: 646-504-6468







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Resources!



Connect and Save With Lifeline

RELATED RESOURCES:

- [Lifeline Program Overview](#)
- [How To Apply](#)
- [Manage Your Benefit](#)

Lifeline is a federal program that helps lower the monthly cost of your phone or internet service.




Program Benefits

- Up to **\$9.25/month** on phone, internet, or bundled service
- Up to **\$34.25/month** if you live on qualifying Tribal lands

You May Qualify

- If you, a child, or a dependent participate in a government assistance program like:
 - SNAP
 - Medicaid
 - Supplemental Security Income (SSI)
 - Veterans Pension and Survivors Benefit
 - Federal Public Housing Assistance (FPHA)
 - Bureau of Indian Affairs General Assistance
 - Tribal Head Start
 - Tribal Temporary Assistance for Needy Families (Tribal TANF)
 - Food Distribution Program on Indian Reservations
- If your household income is at or below 135% of the [Federal Poverty Guidelines](#)

How To Get The Benefit

		
1 Apply Apply now at LifelineSupport.org	2 Connect Contact a phone or internet company to get your benefit	3 Save Get a discount on your phone or internet bill

Learn More

Visit LifelineSupport.org to find participating phone or internet companies and see if you are eligible.

If you live in **Oregon** (Lifeline.Oregon.gov) or **Texas** (TexasLifeline.org), visit the website for your state to find out how to apply.



NEED HELP? Call (800) 234-9473 or Email LifelineSupport@usac.org.

Bayside Older Adult Center Activities for April, 2026

Monday	Tuesday	Wednesday	Thursday	Friday
<p>6 Painting Group (9am-3pm) Belly Dance (Amira) 10am-11am Zumba Dance (Amira) 11am-12pm Bingo (Pat) 12:30pm-1:30pm Line Dance 1:30pm-3:00pm</p>	<p>7 Painting Group (9am-3pm) Line Dance (Jennifer) 9am-10am Yoga (Sharon) 10am-11am Karaoke (David) 12:pm-3:45pm Bingo (Pat) 12:30pm-1:30pm Latin Dance (Yukari) 1:30pm</p>	<p>1 Painting Group (9am-3pm) Low Impact Aerobics (Ira) (9:30-10:30am) Mah Jong (1:00-3:30pm) Latin Dance (Yukari) 1:00pm</p>	<p>2 Painting Group (9am-3pm) Wing Chun (David) 9:30am Karaoke (David) 12:00-3:45pm Line Dance (Harrison) (1:00-3:00pm)</p>	<p>3 Center Closed "Good Friday"</p>
<p>13 Painting Group (9am-3pm) 9:30-11:00am (Queens Theatre) Belly Dance (Amira) 10am-11am Zumba Dance (Amira) 11am-12pm Bingo (Pat) 12:30pm-1:30pm Line Dance 1:30pm-3:00pm</p>	<p>14 Painting Group (9am-3pm) Line Dance (Jennifer) 9am-10am Yoga (Sharon) 10am Karaoke (David) 12pm-3:45pm Bingo (Pat) 12:30pm-1:30pm Latin Dance (Yukari) 1:30pm</p>	<p>8 Painting Group (9am-3pm) Low Impact Aerobics (Ira) (9:30-10:30am) 11:00-11:45am "How to Reduce the High Costs Of Prescriptions?" Latin Dance (Yukari) 1:00pm</p>	<p>9 Painting Group (9am-3pm) Wing Chun (David) 9:30am Karaoke (David) 12:00-3:45pm Line Dance (Harrison) (1:00-3:00pm)</p>	<p>10 Painting Group (9am-3pm) Ballroom/Latin Dance (Jennifer) (9:00-10:00am) Origami (Rose) 12:00-1:15pm Live DJ and Social Dancing (1:00-3:00pm)</p>
<p>20 Painting Group (9am-3pm) 9:30-11:00am (Queens Theatre) Belly Dance (Amira) 10am Zumba Dance (Amira) 11am-12pm Bingo (Pat) 12:30pm-1:30pm Line Dance 1:30pm-3:00pm</p>	<p>21 Painting Group (9am-3pm) Line Dance (Jennifer) 9am-10am 9:00-10:15am Computer Basics (Chinese) Yoga (Sharon) 10am-11am Karaoke (David) 12pm-3:45pm Bingo (Pat) 12:30pm-1:30pm Latin Dance (Yukari) 1:30pm</p>	<p>15 Painting Group (9am-3pm) 9:30-11:00am (Queens Theatre) Low Impact Aerobics (Ira) (9:30-10:30am) Mah Jong (1:00-3:30pm) Latin Dance (Yukari) 1:00pm</p>	<p>16 Painting Group (9am-3pm) Wing Chun (David) 9:30am Karaoke (David) 12:00-3:45pm Line Dance (Harrison) (1:00-3:00pm)</p>	<p>17 Painting Group (9am-3pm) Ballroom/Latin Dance (Jennifer) (9:00-10:00am) Origami (Rose) 12:00-1:15pm Live DJ and Social Dancing (1:00-3:00pm)</p>
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2026

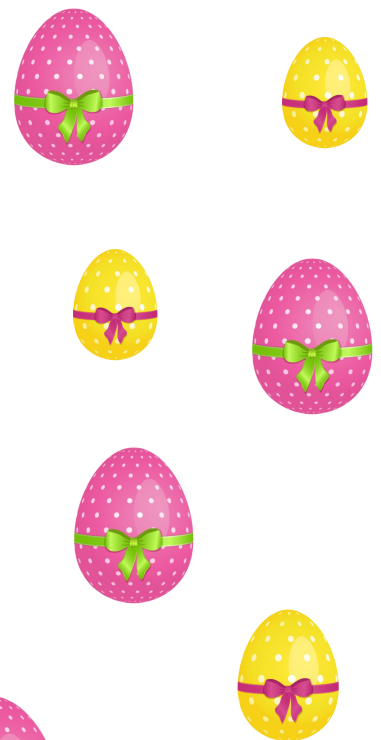
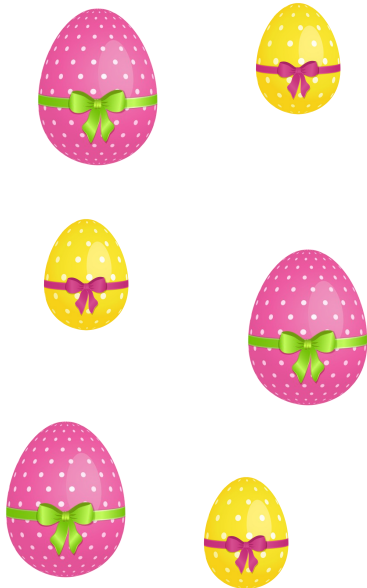
TALENT IS TIMELESS

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NYCTM
Department for
the Aging



Sour Cream and Onion Deviled Eggs

Chips make the best topping!

By Ree Drummond Published: Mar 19, 2025



YIELDS:
20 serving(s)

PREP TIME:
20 mins

TOTAL TIME:
35 mins

Ingredients

- 12 large eggs
- 1/4 cup mayonnaise
- 1/4 cup sour cream
- 2 tsp. yellow mustard
- 1 tsp. distilled white vinegar
- 1 tsp. onion powder
- 1/2 tsp. garlic powder
- 1/2 tsp. kosher salt
- 1/4 tsp. black pepper
- 2 Tbsp. chopped fresh chives, plus more for garnish
- Paprika, for sprinkling
- Sour cream and onion potato chips, broken, for garnish

Directions

- 1 | Bring a large pot of water to a boil. Fill a large bowl with ice water. Using a slotted spoon, gently lower the eggs into the boiling water. Reduce the heat, cover and simmer for 10 minutes. Remove the eggs with the slotted spoon to the bowl of ice water; let cool completely, about 10 minutes.
- 2 | Peel the eggs, cut in half lengthwise, and scoop out the yolks into a large bowl. Add the mayonnaise, sour cream, mustard, vinegar, onion powder, garlic powder, salt, and pepper, and mash with a fork until smooth. Fold in the chives.
- 3 | Scoop the filling into a zip-top bag and snip a corner. Pipe the filling into the egg whites. Sprinkle with paprika and garnish with chives and potato chips.

2026



THE 2026 BIG WALK-A-THON

KICKS OFF ON

National Walking Day, Wednesday, April 1st!

Take the Step Pledge to walk at least 1x a week with your walking club. Every step counts! At the end of the **WALK-A-THON** the one club in each borough that has the most steps will win the award for that borough.

Your club may even qualify for the **WILD CARD!**

**WINNERS WILL BE ANNOUNCED AT
THE 2026 NYC AGING HEALTH FAIR ON SEPTEMBER 17TH!**

TAKE THE PLEDGE TODAY!

NYC
Department for
the Aging

BIG APPLE WALK-A-THON 2026 RULES

1. The Walk-A-Thon will run from April 1 National Walking Day, until August 28. The club in each borough that accumulates the most steps at the end of the Walk-A-Thon will be the winner in that borough. BONUS! The club with the most steps out of all the runner-up clubs in all of NYC will win the **Wild Card!** There will be 6 winners in all. Please register by Friday, March 27.
2. The group leader of each participating site can count steps using a walking app of their choosing.
3. Be sure to submit your pledge forms and kick-off event photos by April 10.
4. Sites can register for the Walk-A-Thon through the link that appears below. Please be sure to provide all of the information called for, especially the number of walkers in your group.
5. Once a site has registered, it will receive a link that can be used to report its monthly step totals.
6. When creating your event in VIVE, please name it the Big Apple Walk-A-Thon 2026. Older Adult Centers will choose Physical Health/Exercise as the Service Type. NORCs will choose Health Promotions: Physical Health/Exercise as the Service Type.
7. The Walk-A-Thon ends on August 28. All clubs must submit all step totals by September 4. Awards will be presented at the 2026 NYC Aging Health Fair on September 17.
8. To register for the Walk-A-Thon, please click here:

<https://forms.office.com/g/cz9y1jyc8s>

April Fool's Day Word Trails

Find and connect the trail of letters for each word. The trails can wander up, down, left, right, and diagonally.

H	I	D	Q	N	O	T	A	P	A	E	G	A	W	O	S	B	T	O	P	Z	P	O
G	R	J	P	O	I	U	H	S	I	L	M	E	A	U	H	L	E	P	Q	F	O	S
Q	R	P	C	V	T	N	C	G	T	E	I	T	P	A	Y	V	A	J	O	O	L	U
Z	T	D	G	Z	L	Z	H	I	I	W	Y	X	C	F	H	G	C	H	F	M	E	M
N	S	R	W	E	X	T	J	F	Z	Q	F	W	N	H	M	I	S	A	G	M	E	H
F	I	T	G	Q	Q	H	K	U	U	C	O	X	A	O	O	S	I	M	U	K	X	O
I	P	H	Z	Q	E	H	I	N	N	I	L	U	E	H	C	T	L	E	X	K	X	A
L	S	O	U	A	R	M	B	E	T	N	G	C	I	U	Y	K	U	Y	E	L	K	C
A	N	T	D	E	T	E	W	N	R	I	G	E	U	N	A	T	Y	A	C	Z	U	S
F	U	C	C	E	I	S	B	R	I	F	F	I	N	L	G	F	D	L	P	H	O	K
W	N	L	E	I	T	I	T	Z	N	E	W	L	G	A	U	G	C	L	A	W	G	M
N	B	E	C	C	T	H	R	V	O	G	T	P	Y	R	M	Q	W	U	D	H	A	Q
Y	R	L	A	U	A	K	P	O	N	O	Z	Y	E	P	F	R	N	J	G	T	Q	U
A	T	W	S	R	O	R	P	S	M	D	E	C	Q	A	P	P	R	I	O	A	L	X
O	B	E	K	R	O	M	U	S	A	X	K	L	I	C	S	E	N	K	S	T	T	X
H	H	L	K	L	A	H	G	F	Y	H	L	Z	E	I	C	W	W	E	Y	F	O	S
L	I	V	O	U	N	Y	F	C	D	P	N	V	C	T	A	R	F	R	E	F	O	M
A	R	I	U	C	S	B	J	U	G	V	Q	P	U	U	P	A	M	T	Y	L	F	O

MISCHIEF

INTRIGUE

SPORT

CLOWN

JAPE

JOKE

SHOUT

MEME

TOMFOOLERY

SALT

PLAYFUL

FAMILY

GUFFAH

FUNNY

HILARIOUS

LAUGH

CELEBRATE

CHUCKLE

CRAFTY

LIGHTHEARTED

SCHOOL

TOOTHPASTE

NEWSPAPER

GAME

PLAN

FIRST

CUTUP

GAG

HOAX

WILY

SPOOF

CUNNING

LARK

PRACTICAL

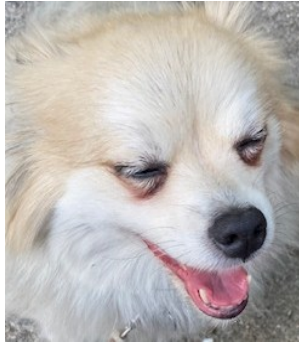
HUMOROUS

WEBSITE





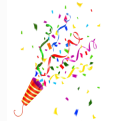
BLOOMING HEALTH Bayside Senior Center
Older Adults Survey



Do you like plant based meals?

Yes -64%

No -36%

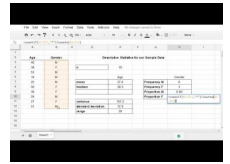


Are you over 70 years old and still drive?

Yes -50%

No -39%

Not over 70 years old—11%



What type of IDs do you have?

Driver's License 47%

Passport 10%

Enhanced 8 ID %

All of the above -35%



Do you have a smartphone?

Yes -87%

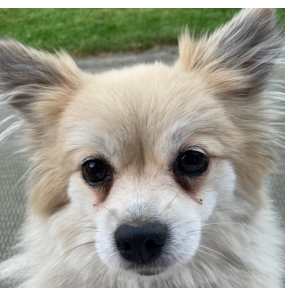
No -13%



Do you have apps and get discounts using your smart phone?

Yes -22%

No -88%



Join us for Tai Chi on Zoom!

Tai Chi for Arthritis and Fall Prevention is an evidence-based program that uses the principles and movements of Tai Chi in helping adults improve their balance, relieve pain, and improve flexibility and muscular strength.

Virtual Tai Chi



Registration is now OPEN for our *Virtual Tai Chi for Arthritis & Fall Prevention* workshops

- ✦ Classes are completely free but advanced registration is required
- 👤 Open to all experience levels
- 💻 Held via Zoom – attend from anywhere

🔗 Register and view the full schedule here:
<https://longislandfallsfree.com/virtual-workshops-2/>

Classes start the week of April 13, 2026

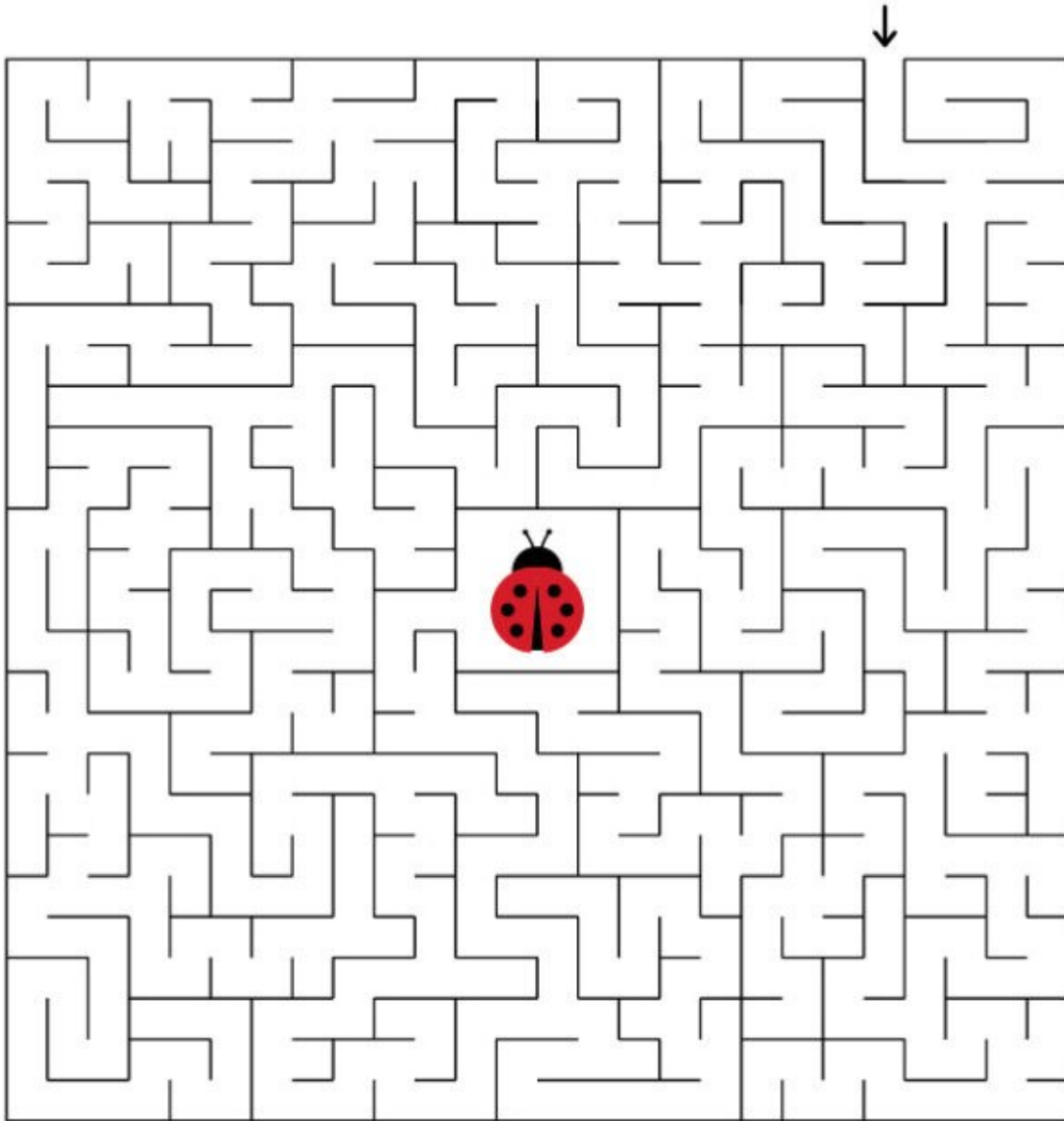
Tai Chi is a gentle, low-impact form of movement that promotes balance, coordination, and overall wellness. All sessions are led by certified instructors and held **twice a week for 60 minutes, over 10 weeks.**

Participants will learn:

- Balance Skills
- Proper Body Alignment
- Coordinated Tai Chi movements

SPRING MAZE

Find your way through the maze to reach the ladybug.



33rd National Older Adult Health & Fitness Day



Dance Through the Decades
Move a Little...Live a Lot!

Wednesday, May 27
8:30am - 12:30pm
Foley Square Park

(between Lafayette, Worth and Center Streets)



Join us for music, movement, fun and a box lunch.

Featuring:

Leslie Howitt

Yvonne & Roger Puckett

The Pacemakers



National Senior Health & Fitness Day is a public/private good health partnership organized by the Mature Market Resource Center® (MMRC), a 33-year-old national clearinghouse for professionals who work with older adults. National Senior Health & Fitness Day is the nation's largest annual older adult health and wellness event.



Eulalia Choi - Case Manager



Social Work Assistance



Please schedule an appointment to get screened for benefits and entitlements.



Please inquire about all our services including translation assistance and the required eligibility for application.



Chandralekha Nair Registered Nurse NURS 499 Capstone Project



Diabetes Self-Management Education



FOCUS AREAS

- Healthy eating (ADA guidelines)
- Medication management & safety
- Simple exercise
- Blood sugar & blood pressure monitoring
- Preventing complications



To support older adults in feeling informed, confident, and empowered to manage diabetes safely.

Availability: Mostly once weekly until May 23, 2026, from 9:30 a.m. to 4:00 p.m.

Questions are always welcome — I look forward to working with you.





BAYSIDE OLDER ADULT CENTER

221-15 Horace Harding Expressway
Bayside, New York 11364

Phone: (718) 225-1144 Fax: (718) 229-7320



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Rosa F.....President
Christina L... Vice President
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ADVISORY COUNCIL

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Carmela P
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BAYSIDE OLDER ADULT CENTER STAFF



Pang	Program Manager	Henry C	Transportation
Kathy L	Office Manager	Shawn W	Transportation
Eulalia C	Case Manager	Laura M	Kitchen Aide
Yolanda D	Custodian	Yung P T	Kitchen Aide
Anmarie P	Transportation Coordinator	Michael M	Kitchen Aide
Elizabeth M.....	Recreational Coordinator		

Catholic Charities Mission Statement

Catholic Charities Brooklyn and Queens translates the Gospel of Jesus Christ into action by affirming the dignity and value of every person, especially the most vulnerable members of our diverse society. Catholic Charities develops effective responses to human need and joins with all people of good will in advocating for a social order that promotes justice and embraces human development.

All Bayside Older Adults have authorized the use of their photographs for the purposes of Agency marketing, fundraising and publication.

Name: _____ Date: _____



April



B	H	E	A	R	T	H	C	A	N	D	Y
Y	L	N	E	S	T	F	B	F	R	I	J
A	X	O	S	I	R	O	O	O	E	Q	H
O	J	Z	O	H	Z	O	C	R	C	V	G
I	D	N	U	M	O	L	Y	E	Y	V	J
A	R	B	O	R	S	W	Y	S	C	N	L
T	E	Y	E	G	G	S	E	T	L	J	S
R	A	L	V	S	L	N	J	R	E	O	P
E	S	C	F	Q	R	Y	T	W	S	K	R
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S	E	M	Q	W	N	J	M	X	V	D	N
D	R	T	E	D	N	Z	B	K	W	S	G

ARBOR	EASTER		NEST
BASKET	EGGS		RECYCLE
BLOOMS	FOOL		SHOWERS
CANDY	FOREST		SPRING
EARTH	JOKE		TREES





Happy Recap!



MARCH 2026

