



GLENWOOD

Catholic Charities Neighborhood Services

GLENWOOD OLDER ADULT CENTER

5701 AVENUE H, BROOKLYN, NY 11234 Ph(718) 241-7711 / Fx(929) 292-0323

APRIL 2026

Dear CCNS Glenwood OAC Members,

April is the month that emphasizes volunteering, and the Glenwood OAC has Volunteers who are truly at the heart of everything we do. They have become the cornerstone of our daily activities, helping create a space that is active, welcoming, and engaging for everyone we serve. Through their dedication, compassion, and willingness to give their time, they make it possible for our programs to thrive. Whether they are assisting with supporting activities like serving food or leading a group, teaching a class, or simply offering a kind word, their impact is felt in every corner of the center. Because of our volunteers, the Glenwood OAC stays connected, supported, and vibrant. We are deeply grateful for the incredible work they do every day. Thank you for being the driving force that keeps Glenwood moving forward.

Nadine Aspilaire,

Program Manager



APRIL AWARENESS MONTH

Alcohol Awareness Month

Irritable Bowel Syndrome (IBS) Awareness Month

National Autism Awareness Month

National Child Abuse Prevention Month

STD Awareness Month

Women's Eye Health and Safety Month



HEAP Cooling Assistance Benefit Seasons

The Cooling Assistance benefit covers the full cost of one air conditioner or fan per household, including installation, materials, labor, and removal of your old unit. Applications for 2026 HEAP Summer Cooling Assistance open April 15, 2026. Up to \$800 for a window, portable air conditioner, or fan. Up to \$1,000 for an existing wall sleeve unit - Benefits are available on a first come, first serve basis – no additional HEAP cash benefits are available. If you do not have air conditioning? Cool down at a nearby park, library, museum, mall, or [NYC cooling center](#). You can also call 311 to find a cooling center near you.

Eligibility requirements - You may qualify by either:

Meeting income limits: Your household's gross monthly income is at or below the limit for your household size (see table below), or Receiving other benefits: You currently receive one of the following:

- SNAP benefits (food stamps)
- Cash Assistance
- Code A Supplemental Security Income (SSI Living Alone)

A [HEAP Regular Benefit](#) over \$21 this program year – or equal to \$21 if you live in government-subsidized housing (such as NYCHA or Section 8) with heat included in your rent. You or someone in your household must also: Have a documented medical condition worsened by extreme heat, be age 60 or older, or be under age 6 - Be a U.S. citizen or qualified non-citizen (like a Green Card holder, refugee, asylee, or parolee). Not currently have a working air conditioner, or have one that is at least five years old - Not have received a HEAP-funded air conditioner within the past five years

Required documents

Proof of residence (where you live) - Provide one of the following:

- Current rent receipt with name and address of tenant and landlord or lease with name and address
- Water, sewage, or tax bill / Homeowner's/ Renter's Insurance Policy / Utility bill / Mortgage payment books/ receipts with address / Proof of your income / Provide one of the following: Pay stubs for the most recent four (4) weeks / Business records for the most recent (3) months OR filed federal tax return for the

current year, including all applicable schedules if self-employed or receiving rental income / Child support or alimony/spousal support order or check / Interest/Bank/Dividend or Tax Statement / Statement from roomer/boarder / Copy of award letter or official correspondence for one of the following: / Social Security/ Supplemental Security Income (SSI) / Veteran's Benefits /Pensions / Worker's Compensation/Disability / Unemployment Insurance Benefits / Proof of identity Provide one of the following: Driver's License / Photo ID / US Passport or Naturalization Certificate / Adoption Papers, Hospital or Doctor's Records / School Records / Or provide two of the following: Birth Certificate or Baptismal certificate / Validated Social Security Card / Statement from another person / Proof of social security

Provide a valid Social Security Number for household members that have a Social Security Number. Proof of medical condition. You do not need to give medical documentation if there is someone in the household that is 60 years or older, or under age 6.

You can apply for a HEAP Cooling Assistance Benefit when it is open:

By Phone: You may call your [HEAP Local District Contact](#). The district will provide more information on eligibility, the application process, and required documentation.

In person: You may apply in person at your [HEAP Local District Contact](#)

Online: New York City Residents may apply for the HEAP Cooling Assistance benefit online by visiting [ACCESS HRA](#).

APPLY FOR COOLING ASSISTANCE TODAY!

As New York State is offering the opportunity to benefit a million households through the HEAP Cooling Assistance Program, the application period has already begun and will remain open while supplies last! Apply as soon as possible to maximize your chance of receiving cooling assistance.

BENEFIT DETAILS

- Free purchase and installation of an air conditioner or fan (they will be installed when conditioning is not safe to install)
- Does NOT include receipt assistance in paying the utility bill. Receipt is required to pay the electric bill including cooling charges after installation.
- The benefit is only available to applicants who have not received an air conditioner through the program in the last five years.

QR code:

Documentation older than 12 months may be used if it gives enough information to show that the medical condition is chronic. For example, Chronic Pulmonary Disease (COPD). If you're having trouble getting documentation, you can attest that your household has someone with a medical condition made worse by extreme heat.

How to Safeguard Your EBT Card

Protecting your EBT card is essential because stolen benefits are often unrecoverable. Here are key steps to secure your card and prevent theft.

1. Use the Freeze/Unfreeze Feature - New EBT systems, including the ebtEDGE app and portal, let you freeze your card when not in use. This blocks all purchases, balance checks, and transactions. To freeze: Log in securely to your ebtEDGE account. Go to Account Services and select Freeze Card. Confirm the freeze.

To use the card, unfreeze it via the app or portal before shopping, then freeze again after checkout

2. Block Online and Out-of-State Transactions - In your ebtEDGE account, use Protect My Account to turn off online and out-of-state purchases. This stops thieves from using your card remotely NYC.gov.

3. Change Your PIN Regularly - Avoid simple PINs like 1111 or 1234. Change your PIN at least once a month, ideally right before your benefit issuance date. Never share your PIN with anyone

4. Watch for Skimming - Inspect POS machines and PIN pads for tampering—look for loose slots,

unusual marks, or crooked terminals. Use only reputable, well-maintained machines

5. Be Alert to Scams - State agencies and EBT processors will never call or text to ask for your PIN or card number. Ignore suspicious messages or calls USDA Food and Nutrition Service+1.

6. Monitor Your Account - Check your ebtEDGE portal for up to six months of transaction history. Report any unauthorized charges immediately to your local SNAP office NYC.gov.

7. Report Lost, Stolen, or Skimmed Cards - If your card is lost, damaged, or suspected of being skimmed, request a replacement via the ebtEDGE portal or call EBT Customer Service at 888-328-6399. Even if you still have the card, report it stolen to prevent further use NYC.gov.

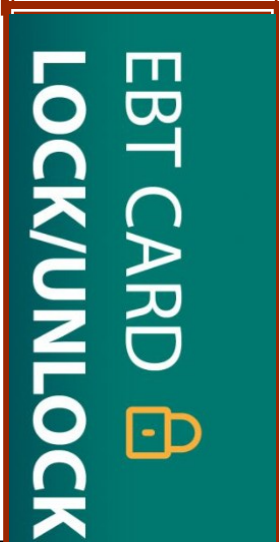
8. Use Messaging Registration - Opt in to receive text or email alerts about balance and account activity to catch suspicious activity early NYC.gov. By combining these steps—freezing/unfreezing your card, blocking unwanted transactions, changing your PIN, and staying alert to scams—you can significantly reduce the risk of EBT theft.

Tips and Resources to Protect SNAP Benefits
SNAP Participants Should Avoid simple PINs. Number combinations such as 1111, 1234 or 9876 may be easy for others to guess. Keep your PIN and card number secret. Do not share your PIN or card number with anyone outside your household. Cover the keypad when you enter your PIN on a machine.

Beware of phishing. State agencies and EBT processors will never call or text to ask for your PIN or card number.

Change your PIN often. Change your PIN at least once a month, right before your benefit issuance date.

Check your EBT account regularly for unauthorized charges. If you see any, change your PIN right away to stop the thief from making new purchases. Report suspicious activity to your local SNAP office. Contact your local SNAP office. If you think you are the victim of card skimming and your SNAP benefits were stolen, contact your local SNAP office.



HAPPY VOLUNTEER'S MONTH 2026

Volunteering really is a great opportunity for senior members like us. It is not just for giving back, but for staying engaged, healthy, and connected. The interesting part is that it can be as flexible as you want. You can give a few hours per day to doing it five days per week, depending on your interest and energy level.

The Glenwood center has many areas in which people volunteer, it is ranging from arranging spoons, forks, knives, and napkins for breakfast and lunch; there's a sewing class, a discussion group, the greeter's desk, where members or non-members sign in on entering the building, or being a part of the decorating/ activity committee, teaching piano, this is just a few of the areas in which people/members volunteer. It can be noted that these volunteers, including me, are committed and enthusiastic in all they do.

In closing, I can say without a doubt that everyone who volunteers here at the Glenwood Center is responsible, caring, and committed, because it is a rewarding service. I am sure that each of you, fellow volunteers, can concur with me... so, let's continue on this rewarding path together.

What about you who is looking in? Aren't you interested? I can suggest some specific volunteer ideas based on interests or mobility level.



BE THE CHANGE

**VOLUNTEER &
MAKE THE DIFFERENCE**

WAKE THE DIFFERENCE
AFTERMATH

Angela Alleyne, member and volunteer of the Glenwood OAC



VOLUNTEERS OF THE GLENWOOD OAC



Sonia Ryce (outreach committee, Sunshine, nutrition) *** (Lenox Hutson (men round table group discussion / drama club) *** Mireille Jean Noel & Ketly Matthews (creole group discussion) *** Claire Brisport, Vilma Griffith (Co -leads the poetry class and Current event group discussion) *** Gabriel G. Weekes (outreach / entertainment) - Maria I, Carroll, H, arol H, Beverler, G—Advisory members) *** Lucille M, Frances B, Claire B, Sonia R, Beulah R, Fay Vialva, Luvan Stewart, Angela A. Viviane Mc(front desk hostesses) *** Ines W, Daisy B, Claire B— *** Lucille M, Daisy B, Vilma G, Doris H, Cynthia H, (food service) *** Doris H, Cynthia, H, Sylva R ,Sonia Chambers, (activities / decoration) **** Claire B, Sonia R, Lucille M Maureen, M., Mavis P, Anne Marie N. Mona PL, Jocelyne M., Desire S (Blood pressure screening) ***Ivyl Walters(Piano Lesson) *** Bianca B (Spanish outreach) **** Mireille JN (Creole outreach) **** Grace T (Spanish group discussion) ***** Bernice Christopher (sewing group), Gloria D, Jocelyn M (Ash

Thank You
For All That You Do

GAME CENTER TO IMPROVE YOUR MENTAL FITNESS

← _____ Date: _____




Flower Shop Word Scramble

There's been a mix up at the flower shop and all of the flower names have been scrambled. Can you unscramble the letters to reveal their names?

RICNAATNO	_____	NZINIA	_____
SMROERIP	_____	PENTIAU	_____
GRDMLAOI	_____	YPSNA	_____
NAEEVRLD	_____	PENYO	_____
DICRHO	_____	LECSHUNKEYO	_____
IIRS	_____	LNUFWSREO	_____
ERSO	_____	ITPUL	_____
ILLY	_____	OVTLIE	_____
OPYPP	_____	ODFFDILA	_____
ASDYI	_____	RMNAIGEU	_____
JAIMNES	_____	INTHAYC	_____

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Flowers Word Scramble



Flowers

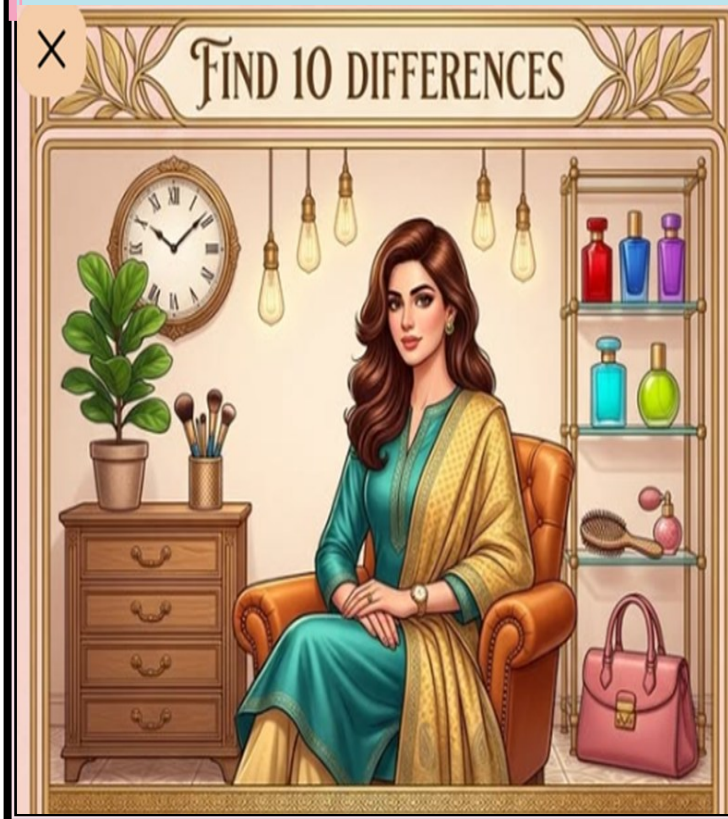
WORD SCRAMBLE

DIRECTIONS: UNSCRAMBLE THE FLOWER NAMES BELOW!

- ADSYI _____
- UIPTL _____
- CERTUPBTU _____
- PYPOP _____
- RCOINTANA _____
- EVTOLI _____
- NDOEDALIN _____
- UCRSOC _____
- GORALDMI _____
- EYPON _____
- RYCHTHESMUMAN _____
- ERSO _____
- NLDAREEV _____
- LIHADA _____
- YILL _____
- FDOAFILD _____

© Fun4RealFound.com

Sources: <https://www.pinterest.com/pin/62487513574695134/> - <https://www.pinterest.com/pin/209206345182997658/>
 - <https://www.pinterest.com/pin/504192120805277044/>



MARCH'S UPCOMING EVENTS / ACTIVITIES / GUEST SPEAKERS

Poetry in motion (Claire & Vilma) - (Men's Round Table Group Discussion (Lenox) - /General Membership Mtg - Advisory Mtg (Center) - Current Event Group Discussion (Vilma - Claire) / Spanish Group Discussion (Corey / Grace) - center/ audio — Creole Group Discussion (Mireille JN (center - Audio) / Strength exercise —Tommy the experience — Cardio Fusion / Yoga -Island Rhythms -Yvette / Blood pressure screening & monitoring (Claire – Maureen - Norwood– Mona– Desire– Jocelyne) / Sewing class (Ivil W—Bernice) / Loom knitting (Sonia R) - Computer Class / Exploring Smart phones (Senior Planet)Piano lesson (I. Walters) / Painting Class with Fafona- April's Birthday Celebration / Volunteer's celebration / Mental Health & Wellness (CABS) / SU CASA Drama / Nutrition (Claudia) /Karaoke (Lenox) / NY Connects (DFTA)



GUEST SPEAKERS

CHECK THE MONTHLY CALENDAR FOR THE DATE AND TIME OF EACH EVENT

GRAB YOUR PHONE, IPAD, TABLET OR PENCIL -

DOMINOES

BINGO

DO YOU NEED ASSISTANCE WITH USING THE FEATURES ON

MEN'S GROUP

TRIOMINOS Deluxe

The Center Is Closed on April 3- For Good Friday 2026

MARCH'S BIRTHDAY CELEBRATION



MARCH'S BIRTHDAY CELEBRANTS

CHOIR PERFORMING FOR THE WOMEN'S CELEBRATIONS



INTERNATIONAL WOMEN'S DAY CELEBRATION



MEMBERS PREPARING FOR THE CELEBRATION



BEST WISHES TO OUR APRIL'S BIRTHDAY CELEBRANTS!



Martha Griffin 4/2

Charles Powell 4/2

Creseta Noble 4/3

Bernice Walton 4/3

Cephas Brown 4/4

Veronica Roberts 4/5

Lolita Sequira 4/6

Patricia Weerbrouck 4/8

Kathleen Stephens 4/8

Viola Batiste 4/9

Donald Walcott 4/9

Marlow Archer 4/9

Bianca Bailey 4/8

Claire Brisport 4/13

Errol Mark 4/13

Sonia Chambers

Lucy John 4/19

Bridgette G. Riley 4/21

Lauretta Ramsey 4/16

Richard Bocchiaro 3/24

Yvette Miller 4/4

Rose Gordon

Viviane McCall 4/18

Yvonne Jackson 4/18

Annie Smith 4/24

Oswald Mckie 4/24

Glenda Bowman 4/24

Selena James 4/25

Bernice Fraser 4/25

Claudette Thomas 4/25

Anzie Fraser 4/26

Lucille Murray 4/26

Bettye Shepard 4/28

Mireille Jean- Noel 4/28

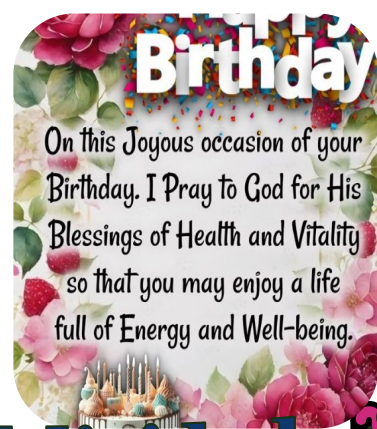
Kenrick King 4/30

Antoinette Calliste Owens 4/23

Glenda McGuire

Altania Vilsaint

Walter Davis



Muchas Felicidades!

Glenwood OAC is a free program for individuals aged 60 and older; no insurance is required. Suggested meal contributions are appreciated as they help enhance the program and its activities. We value the contributions made by our members. Enjoy your time at the center!

ON THE CASE MANAGER'S BULLETIN BOARD

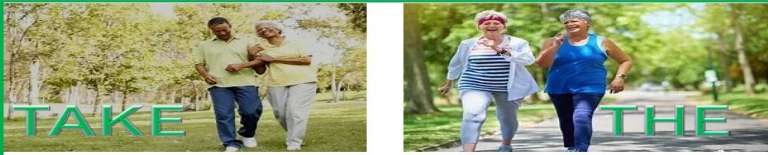
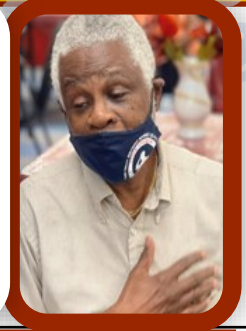
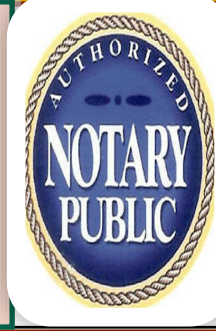
CASE ASSISTANCE - COMMUNITY INFORMATION & EVENTS

If you need assistance because you have difficulty getting around, are home isolated, or unable to come to the center, please ask to talk to Case Manager @ 718-241-7711



Do You Need Assistance To Notarize A Document – Please Call Mr. Lenox Hutson @ 718-251-5848

Also, Have A Valid ID And The Person Whose Document is Being Notarized Must Be Present With The ID.



THE 2026 BIG WALK-A-THON

KICKS OFF ON

National Walking Day, Wednesday, April 1st!

Take the Step Pledge to walk at least 1x a week with your walking club. Every step counts! At the end of the WALK-A-THON the one club in each borough that has the most steps will win the award for that borough.

Your club may even qualify for the **WILD CARD!**

WINNERS WILL BE ANNOUNCED AT THE 2026 NYC AGING HEALTH FAIR ON SEPTEMBER 17TH!

TAKE THE PLEDGE TODAY!



Virtual Tai Chi



Join us for Tai Chi on Zoom!

Tai Chi for Arthritis and Fall Prevention is an evidence-based program that uses the principles and movements of Tai Chi in helping adults improve their balance, relieve pain, and improve flexibility and muscular strength.



CLASSES ARE FREE

Advanced registration is required.

New to Zoom or want to get more out of it? SBU students are available (virtually) to explore the features of Zoom to help you get the most out of your tai chi practice.

Scan the QR Code or visit our website for schedule and registration:

trauma.stonybrookmedicine.edu/falls_programs

For questions, please email: Kristi.Ludowski@stonybrookmedicine.edu

There are three levels of the program, each offered twice a week for 60 minutes, for 10 weeks. Each level is led by a trained/certified instructor.

- Level 1: Movements 1-12 (for Beginners)
- Level 2: Movements 13-21
- Level 3: Full Form Practice

Participants will learn:

- Balance Skills
- Proper Body Alignment
- Coordinated Tai Chi movements

This publication is supported by the Administration for Community Living (ACL), U.S. Department of Health and Human Services (HHS) as part of a series of materials on Aging Programs & Act. 718-251-5848 with 100 percent funding by ACL/HHS. The contents are those of the author(s) and do not necessarily represent the official views of, nor are endorsed by, ACL, HHS, or the U.S. Government.



Older Adults Home

Modification Program

Are you or a loved one in need of home modifications?

NYC Aging may be able to help low-income older adults remain safe and independent in their homes and communities. Through a **home safety assessment by a licensed Occupational Therapist** and **no-cost home modifications**, you can make your home safer, more accessible, and better suited to support **aging in place** comfortably and independently.

OFFERING OLDER ADULTS

- Grab bars and handrails
- Raised toilet seats and shower chairs
- Lever-handled doorknobs and faucets
- Non-slip flooring
- Furniture risers
- Improved lighting
- Temporary ramps
- Other accessibility and fall prevention modifications

ELIGIBILITY REQUIREMENTS*

- Be 62 years or older
- Own or rent in NYC
- Household income less than or equal to 80% of the local Area Median Income www.nyc.gov/site/hpd/services-and-information/area-median-income-page

HOW TO APPLY

Call or email for application or additional information on program or eligibility:
212-602-4455
HomeMod@aging.nyc.gov

*Contact us for full list of eligibility requirements



DISTRICT 22 EST. 2025

Strong Roots - Bright Future

Visit us on Earth Day for our annual

Community Plant Giveaway

This event is rain or shine and will take place in the greenhouse in inclement weather.

April 22, 2026 1:00 PM - 3:00 PM

LIMIT 2 PLANTS PER FAMILY

All of our seedlings have been grown right here on the farm!

We will have an assortment of edible plants as well as flowers including herbs, mixed greens, cucumbers, tomatoes, eggplant, marigolds and more!

REGISTRATION IS REQUIRED
SCAN THE QR CODE TO REGISTER



7124 Avenue N, Brooklyn NY 11234

KINGS COUNTY SUPPLEMENTAL FOOD DISTRIBUTION

NYC
HEALTH+
HOSPITALS

Kings County



Commodity
Supplemental
FOOD PROGRAM

New York State Department of Health

COMMODITY SUPPLEMENTAL FOOD PROGRAM

FREE, FREE, FREE...

FREE GROCERY FOR

ALL SENIORS ONLY...!!!

- ⇒ **60 YEAR OR OLDER**
- ⇒ **RESIDENTS OF NEW YORK**
- ⇒ **LOW INCOME**

NOTE: IF YOU PICK UP AT NY COMMON PANTRY, or ISLAND HARVEST FOOD BANK NY, YOU ARE NOT ELEGIBLE.

IF YOU ARE 60 YEAR OR OLDER, PLEASE COME ON JOIN

April 2 2026 and Time: From 9:00 am to 11:30 am

To 5701 Avenue H, Brooklyn, NY, 11234

Catholic Charities Glenwood Senior Center

TO APPLY:

BRING WITH YOU THE FOLLOWING DOCUMENTS:

- ⇒ **PHOTO I.D.**
- ⇒ **PROOF OF AGE**
- ⇒ **2026 PROOF OF ADDRESS**
- ⇒ **2026 PROOF OF INCOME**

IF YOU HAVE ANY ADDITIONAL QUESTIONS PLEASE

CALL US 840 Alabama Ave, Brooklyn, NY. 11207

AT Phone Number 718-498-9208



In accordance with Federal law and U.S. Department of Agriculture (USDA) civil rights regulations and policies, this institution is prohibited from discriminating on the basis of race, color, national origin, sex (including gender identity and sexual orientation), age, disability, and reprisal or retaliation for prior civil rights activity. Program information may be made available in languages other than English. Persons with disabilities who require alternative means of communication for program information (e.g., Braille, large print, audiotape, and American Sign Language) should contact the responsible State or local Agency that administers the program or USDA's TARGET Center at (202) 720-2600 (voice and TTY) or contact USDA through the Federal Relay Service at (800) 877-8339. To file a program discrimination complaint, a complainant should complete a Form AD-3027, USDA Program Discrimination Complaint Form, which can be obtained online, at <https://www.usda.gov/sites/default/files/documents/ad-3027.pdf>, from any USDA office, by calling (866) 632-9992, or by writing a letter addressed to USDA. The letter must contain the complainant's name, address, telephone number, and a written description of the alleged discriminatory action in sufficient detail to inform the Assistant Secretary for Civil Rights (ASCR) about the nature and date of an alleged civil rights violation. The completed AD-3027 form or letter must be submitted to USDA by: mail: U.S. Department of Agriculture Office of the Assistant Secretary for Civil Rights 1400 Independence Avenue, SW Washington, D.C. 20250-9410; or fax: (833) 256-1665 or (202) 690-7442; or email: program.intake@usda.gov. This institution is an equal opportunity provider.

FRESH FRUITS & VEGETABLES DISTRIBUTION WITH THE CELESTIAL CHURCH OF CHRIST

CCNS GLENWOOD OAC

FRESH FRUITS & VEGETABLES DRIVE



Fresh Fruits And Vegetables Are Donated
By The Celestial Church Of God

**TUESDAYS OR WEDNESDAYS
DEPENDING ON AVAILABILITY**

Call Glenwood OAC (718-241-7711)

For More Info



Glenwood OAC is sponsored By The NYC Aging

33rd National Older Adult Health & Fitness Day



**Dance Through the Decades
Move a Little...Live a Lot!**

**Wednesday, May 27
8:30am - 12:30pm
Foley Square Park**

(between Lafayette, Worth and Center Streets)



Join us for music, movement, fun and a box lunch.

Featuring:

Leslie Howitt

Yvonne & Roger Puckett

The Pacemakers



Aetna Better Health® of New York

National Senior Health & Fitness Day is a public/private good health partnership organized by the Mature Market Resource Center® (MMRC), a 33-year-old national clearinghouse for professionals who work with older adults. National Senior Health & Fitness Day is the nation's largest annual older adult health and wellness event.

NUTRITION EDUCATION MONTHLY POST

Easy Ways to... Choose Colors of Good Health

Eat a variety of fruits and vegetables to keep your body strong!

RED	YELLOW/ ORANGE	GREEN	BLUE/ PURPLE	WHITE/ BROWN
<p>FRUITS</p> <p>Apples Cherries Cranberries Grapefruit* Grapes Raspberries Strawberries Watermelon</p> <p>VEGETABLES</p> <p>Beets Potatoes Radishes Rhubarb Peppers</p>	<p>FRUITS</p> <p>Apricots Cantaloupe Mangoes* Nectarines Oranges* Papayas* Peaches Pineapples* Lemons*</p> <p>VEGETABLES</p> <p>Butternut squash Carrots Pumpkin Rutabaga Summer squash Sweet corn Sweet potatoes</p>	<p>FRUITS</p> <p>Apples Avocados* Grapes Honeydew melon Kiwifruit* Limes*</p> <p>VEGETABLES</p> <p>Broccoli Brussels sprouts Okra Peppers Peas Spinach String beans Zucchini</p>	<p>FRUITS</p> <p>Blackberries Blueberries Black currants Driedplums Elderberries GrapesPlums Raisins</p> <p>VEGETABLES</p> <p>Black beans Cabbage Eggplant Peppers Potatoes</p>	<p>FRUITS</p> <p>Bananas* Pears Dates* Nectarines Peaches</p> <p>VEGETABLES</p> <p>Cauliflower Garlic Mushrooms Onions Parsnips Potatoes Turnips</p>

*Usually not available at farmers markets in New York State.

For healthy eating tips, like Eat Healthy, Be Active NYC on Facebook at facebook.com/eatinghealthynyc

For more information about Stellar Farmers Markets, visit nyc.gov and search for "farmers markets."

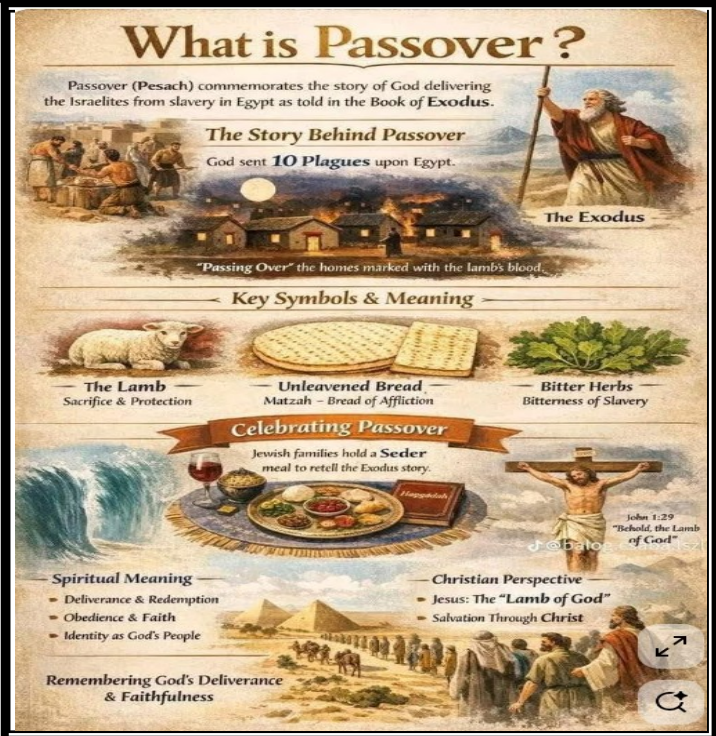
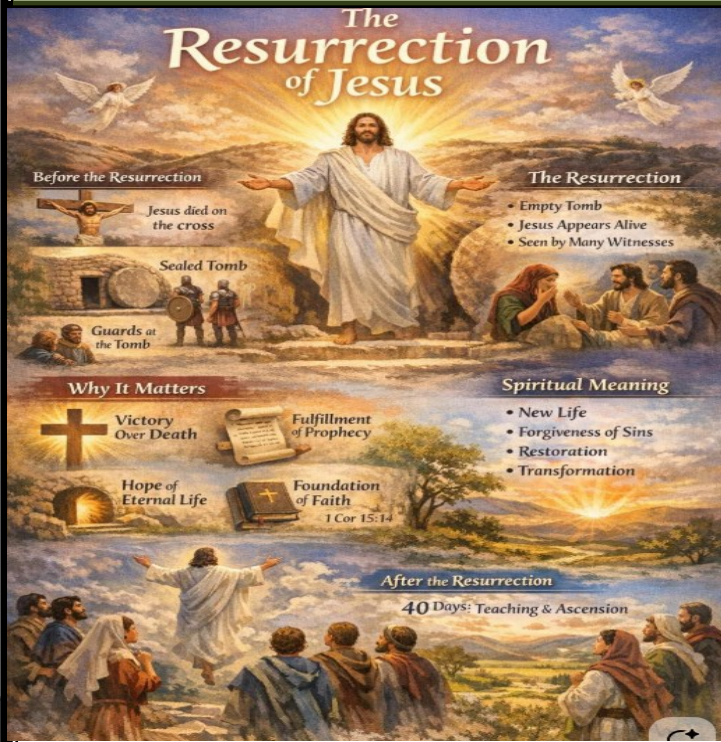
For healthy recipes, visit jsyfruitveggies.org.



Just Say Yes to fruits and vegetables

This material was funded by United States Department of Agriculture's (USDA) Supplemental Assistance Program (SNAP). SNAP, formerly known as the Food Stamp Program (FSP) in New York, provides nutrition assistance to people with low incomes. It can help you buy nutritious foods for a better diet. To find out more, contact 800-342-9009 or go to myBenefits.ny.gov. USDA is an equal opportunity provider and employer. In accordance with Federal law and USDA policy, this institution is prohibited from discriminating on the basis of race, color, national origin, sex, age, religion, political beliefs or disability. To file a complaint of discrimination, write USDA, Director of Civil Rights, Room 326-W, Whitten Building, 1400 Independence Avenue, SW, Washington, D.C. 20250 or call 202-720-5964 (voice and TDD).

HAPPY EASTER 2026 HAPPY PASSOVER 2026



Sources: <https://www.pinterest.com/pin/1005921266786059942/> <https://www.pinterest.com/pin/319544536086069646/>

GLENWOOD SENIOR CENTER STAFF

Samira Alieva	Vice President Of OAS
Ron Carson	Director Of Field Operations
Nadine Aspilaire	Program Manager
Vacant	Case Manager
Andra Daniel	Administrative Assistant
Gwen Moultrie	Head Cook
Vacant	Assistant Cook
Andre Fils Fresnel	Maintenance Worker
Julius Alford	Kitchen Aid

COMMITTEES: Sunshine --- Sonia Ryce, Inez Walters
 Nutrition Chair person --- Sonia Ryce, Daisy Barrett, Beulah Reid
 Travel & Fundraising --- Gardner G Weekes
 Entertainment / music --- Claire Brisport / Gardner Weekes/
 Grievance --- Gardner G Weekes / Sonia Ryce
 Hostess ---- Ison, Hackett, Brisport, Ryce, Vialva

GLENWOOD ADVISORY BOARD MEMBERS

Gardner Weekes	-----	President Advisory Council
Carol Hackett	-----	VP Advisory Council
Vilma Griffith	-----	Treasurer
Fay Vialva	-----	Recording Secretary
Lucille Murray	-----	Sergeant at Arm
Sonia Chambers	---	Corresponding Secretary

Thank you to: Mireille Jean Noel - Claire Brisport - Vilma Griffith - Lenox Hutson - Gabriel Weekes - Beulah Reid - Daisy Barrett - Sonia Chambers, Sonia Ryce - Bettie Ward and to all the volunteers for their support of the center's activities.

Catholic Charities Neighborhood Services, Inc.

"Catholic Charities Brooklyn and Queens translates the Gospel of Jesus Christ into action by affirming the dignity and value of every person, especially the most vulnerable members of our diverse society. Catholic Charities develops effective responses to human need and joins with all people of good will in advocating for a social order that promotes justice and embraces human

Catholic charities Mission Statement

FUNDED BY THE NYC AGING

