



THE WOOD

Catholic Charities Neighborhood Services

GLENWOOD OLDER ADULT CENTER

5701 AVENUE H, BROOKLYN, NY 11234 Ph(718) 241-7711 / Fx(929) 292-0323

MARCH 2026

Dear CCNS Glenwood OAC Members,

Women have always played a vital role in our society, breaking barriers and making important contributions. March gives us a chance to recognize women, especially those who make a difference every day. We want to thank all the women at the Glenwood OAC for their active involvement, promoting respect and kindness, and helping keep The Glenwood OAC vibrant and responsive to everyone's needs.

Happy International Women's Month!

Nadine Aspilaire,

Program Manager



MARCH AWARENESS MONTH

- Irish-American Heritage Month
- National Caffeine Awareness Month
- National Kidney Month
- National Nutrition Month
- National Sauce Month
- National Women's History Month
- National Colorectal Cancer Awareness Month
- Red Cross Month



What Is Medicare Special Needs Plans (SNPs)

SNP basics - Medicare Special Needs Plans (SNPs) are private companies that the federal government pays to administer Medicare benefits. Like all [Medicare Advantage Plans](#), SNPs must provide you with the same benefits, rights, and protections as Original Medicare, but they may do so with [different rules, restrictions, and costs](#). Some SNPs offer additional benefits, such as vision and hearing care. Eligibility and costs basics - All SNPs are designed to meet specific care needs, and you can only join a SNP if you fit the special needs category the plan serves. SNPs may provide care and coverage coordination services not offered by other types of Medicare Advantage Plan. There are three types of SNPs:

a) Chronic Condition SNPs (C-SNPs): For individuals with specific chronic conditions, such as cancer, dementia, diabetes, HIV/AIDS, stroke, End-Stage Renal Disease (ESRD), and certain neurologic disorders

b) Institutional SNPs (I-SNPs): For individuals who live in an institution, such as a nursing home, long-term care skilled nursing facility (LTC SNF), intermediate care facility, or assisted living facility

c) Dual-Eligible SNPs (D-SNPs): For individuals enrolled in Medicare and Medicaid (dually eligible individuals)

Eligible individual must have both Parts A and B to join a SNP, and generally you will continue paying your Medicare Part B premium, though some SNPs will pay part of this premium. Some SNPs will charge an additional premium, on top of your Part B premium. A person may be eligible for other forms of [premium assistance](#) if the person is eligible for a SNP. SNPs are also required to provide Part D coverage.

Benefits access basics - The Medicare SNP may be a [Health Maintenance Organization \(HMO\)](#) or a [Preferred Provider Organization \(PPO\)](#). Depending on your plan,

you may need to see in-network providers to receive coverage or have the option of going out of network. Losing SNP eligibility - Learn how to navigate SNP disenrollment when you no longer qualify so that you continue to have health care coverage. If an individual is enrolled in a Medicare Special Needs Plan (SNP), but no longer meets its eligibility requirements (for example, if you lose Medicaid coverage), the SNP may continue to provide coverage for a period of time if it seems likely that you will regain eligibility for the SNP within that time. Depending on the plan, an individual may have between 30 days and six months to regain eligibility. If the individual does not regain eligibility during this time, you will be disenrolled from the SNP.

SNPs are not available everywhere. Call 1-800-MEDICARE (633-4227) or your State Health Insurance Assistance Program (SHIP) to find out if there is a SNP available in your area. To enroll in a SNP, call Medicare or the plan directly. Be sure to make an informed decision by contacting a plan representative to ask questions before enrolling.

Special needs (SNP)

A type of Medicare Advantage plan that's specifically designed to serve people who are:

- dually enrolled in Medicare and Medicaid (D-SNPs)
- who have certain chronic diseases (C-SNPs), or
- who require an institutional level of care (I-SNPs)

The majority of SNP enrollees are in D-SNPs.

You will have a [Special Enrollment Period \(SEP\)](#) to enroll in a new Medicare Advantage Plan or Original Medicare and a Part D plan starting the month you no longer qualify for the SNP. To enroll in a new plan, call 1-800-MEDICARE (1-800-633-4227).

Stay Informed

10 FOODS THAT CLEAN YOUR ARTERIES AND BOOST BLOOD FLOW



- 1 Oats**
Soluble fiber that traps and removes bad cholesterol. Balances blood sugar and strengthens gut health.
- 2 Extra Virgin Olive Oil**
The "quid gold" of the Mediterranean diet. Protects the heart and lowers LDL cholesterol.
- 3 Nuts**
Healthy fats and fiber that lower cholesterol absorption.
- 4 Avocado**
Healthy fats that raise good cholesterol (HDL) and lower bad cholesterol (LDL). High in fiber.
- 5 Legumes**
(beans, lentils, chickpeas) Plant protein and soluble fiber that reduce heart disease risk.
- 6 Whole Grains**
(brown rice, quinoa, whole wheat) Packed with vitamins, minerals, and antioxidants. Naturally regulate cholesterol.
- 7 Berries**
Antioxidants that improve blood pressure and protect the heart.
- 8 Leafy Greens**
Boost nitric oxide, improve circulation, and reduce arterial plaque.
- 9 Leafy Greens**
Rich in flavonoids that reduce inflammation, improve circulation, and support heart health.

Final Tip

WHY IS YOUR THROAT ALWAYS FULL OF MUCUS?



WHAT YOU'LL NEED

- 1 cup warm water
- 1 tsp fresh grated ginger
- 1/2 tsp turmeric powder
- 1 tbsl lemon juice
- 1 tsp honey
- A pinch Himalayan salt

HOW TO PREPARE & USE

- Mix all ingredients into warm water
- Stir well until honey dissolves
- Drink first thing in the morning on an empty stomach
- Sip throughout the day to reduce mucus buildup and soothe the throat

THE RIGHT WAY TO USE VAPO RUB

- 1. Feet**
 - ✗ Never chest for cough —
 - ✓ Always apply on the soles + wear socks.
- 2. Mosquito Bites**
 - ✗ Never scratch —
 - ✓ Always dab Vapo Rub on the bite.
- 3. Sinus**
 - ✗ Never apply on nose tip —
 - ✓ Always apply behind the ears.
- 4. Nail Fungus**
 - ✗ Never creams —
 - ✓ Always apply Vapo Rub nightly.

YOUR BODY IS TALKING — HERE'S WHAT IT'S SAYING

	1. Cold hands	→	Iron
	2. No appetite	→	Zinc
	3. Dry eyes	→	Vitamin A
	4. Shortness of breath	→	Iron
	5. Hair falling out	→	Iron
	6. Dry mouth	→	Vitamin A
	7. Brittle nails	→	Biotin (B7)
	8. Tired all day	→	Vitamin D
	9. Feeling low or irritable	→	Vitamin B6
	10. Forgetfulness	→	Omega-3
	11. Leg cramps	→	Magnesium
	12. Brain fog	→	Vitamin B12
	13. Muscle weakness	→	Potassium
	14. Frequent infections	→	Vitamin C
	15. Tingling or numbness	→	Vitamin B6
	16. Poor sleep quality	→	Magnesium

HAPPY INTERNATIONAL WOMEN'S DAY 2026

I attended the annual Black History Month Celebration at the Glenwood OAC where a special presentation was about to take place. In attendance were members of the Glenwood Choir, along with their exceptionally gifted and talented music teacher, Mr. Hill. A member of the staff officiates the event.

The choir members were mainly women, and two men. Their attention to details didn't go unnoticed. The women were dressed in beautiful African prints with matching and un-matching head wraps. They read poems written by Black writers/authors and sung African American Spirituals. When asked to participate in Black History Trivia, the people in attendance became overly enthusiastic at times when answering the questions.

Throughout the time allotted, the choir members displayed a bond of sisterhood. Should this close bond be the norm, more success will come to the Center.

At the end of the program, my friend and I were in awe. We felt inspired and with gratitude thank each and everyone at the center who made the occasion an unforgettable one.



Angela Alleyne; member and volunteer of the Glenwood OAC

Sesie Brock member of the Glenwood OAC, and active participant of the sewing

INTERNATIONAL WOMEN'S HISTORY MONTH 2026

TURNABOUT "It's not just about the person you're talking to, it's about the person you're talking to." —Michelle Obama	DISCREPANCY "I'm not a scientist, but I know that the world is not perfect." —Helen Keller	FAITH "Faith is the strength that allows us to overcome our fears." —Maya Angelou	AGENCY "We have the power to change the world, one person at a time." —Gloria Steinem	CHALLENGE "The only way to do great work is to love what you do." —Steve Jobs	IMPACT "The world is a better place because of the women who have made it so." —Barack Obama	EMPATHY "Empathy is the ability to understand and share the feelings of another." —Cicero	BRAVERY "Bravery is not the absence of fear, but the triumph over it." —Nelson Mandela	LIBERTY "Liberty is the power of doing as one pleases." —John Stuart Mill	CONFIDENCE "Confidence is the belief in your own abilities." —Napoleon Bonaparte	EMPOWERMENT "Empowerment is the process of becoming more powerful." —Aung Mye Thaw			
OPTIMISM "Optimism is the faith that leads to achievement. Nothing can be done without hope and confidence." —Helen Keller		EQUALITY "Women must try to do things as men have tried. When they fail, their failure must be a challenge to others." —Amelia Earhart		HARD WORK "Hard work is the only way to achieve your dreams." —Walt Disney		KINDNESS "Kindness is the secret to a happy life." —Dalai Lama		FEARLESSNESS "Fearlessness is the ability to face your fears." —Nelson Mandela		COURAGE "Courage is the ability to face your fears." —Nelson Mandela		PASSION "Passion is the fire that drives us to achieve our dreams." —Steve Jobs	
CHAMPION "A champion is someone who never gives up." —Walt Disney		SPEAK UP "Speak up for what you believe in." —Gloria Steinem		OPTIMISM "Optimism is the faith that leads to achievement." —Helen Keller		RESPECT "Respect is the ability to understand and share the feelings of another." —Cicero		INSPIRE "Inspire others to do great things." —Steve Jobs		DREAM "Dreams are the seeds of our future." —Walt Disney		LEADERSHIP "Leadership is the ability to inspire and guide others." —Walt Disney	
ENVIRONMENTAL "The environment is our home, and we must protect it." —Gloria Steinem		DEDICATION "Dedication is the ability to focus on a single goal." —Walt Disney		DEVOTION "Devotion is the ability to give your heart and soul to a cause." —Gloria Steinem		FEARLESSNESS "Fearlessness is the ability to face your fears." —Nelson Mandela		PASSION "Passion is the fire that drives us to achieve our dreams." —Steve Jobs		CURIOSITY "Curiosity is the desire to know more." —Walt Disney		BRAVE "Brave is the ability to face your fears." —Nelson Mandela	
PERSISTENCE "Persistence is the ability to keep going despite setbacks." —Walt Disney		EMPATHY "Empathy is the ability to understand and share the feelings of another." —Cicero		OPTIMISM "Optimism is the faith that leads to achievement." —Helen Keller		CONFIDENCE "Confidence is the belief in your own abilities." —Napoleon Bonaparte		KINDNESS "Kindness is the secret to a happy life." —Dalai Lama		RESPECT "Respect is the ability to understand and share the feelings of another." —Cicero		EQUALITY "Equality is the state of being equal in rights and opportunities." —Gloria Steinem	



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COURAGE "Courage is the ability to face your fears." —Nelson Mandela				

MARCH'S UPCOMING EVENTS / ACTIVITIES / GUEST SPEAKERS

Poetry in motion (Claire & Vilma) - (Men's Round Table Group Discussion (Lenox) - /General Membership Mtg - Advisory Mtg (Center) - Current Event Group Discussion (Vilma - Claire) / Spanish Group Discussion (Corey / Grace) - center/ audio - Creole Group Discussion (Mireille JN (center - Audio) / Strength exercise - Tommy the experience - Cardio Fusion / Yoga -Island Rhythms -Yvette / Blood pressure screening & monitoring (Claire - Maureen - Norwood- Mona- Desire- Jocelyne) / Sewing class (Ivil W- Bernice) / Loom knitting (Sonia R) - Computer Class / Piano lesson (I. Walters) / Painting Class with Fafona- March's Birthday Celebration / Managing osteoarthritis (Urgent Way) / SU CASA Drama / Nutrition (Claudia) / Karaoke (Lenox) / International Women's Celebration



GUEST SPEAKERS

CHECK THE MONTHLY CALENDAR FOR THE DATE AND TIME OF EACH EVENT

GRAB YOUR PHONE, IPAD, TABLET OR PENCIL -

DOMINOES

MEN'S GROUP

DO YOU NEED ASSISTANCE WITH USING THE FEATURES ON

BINGO

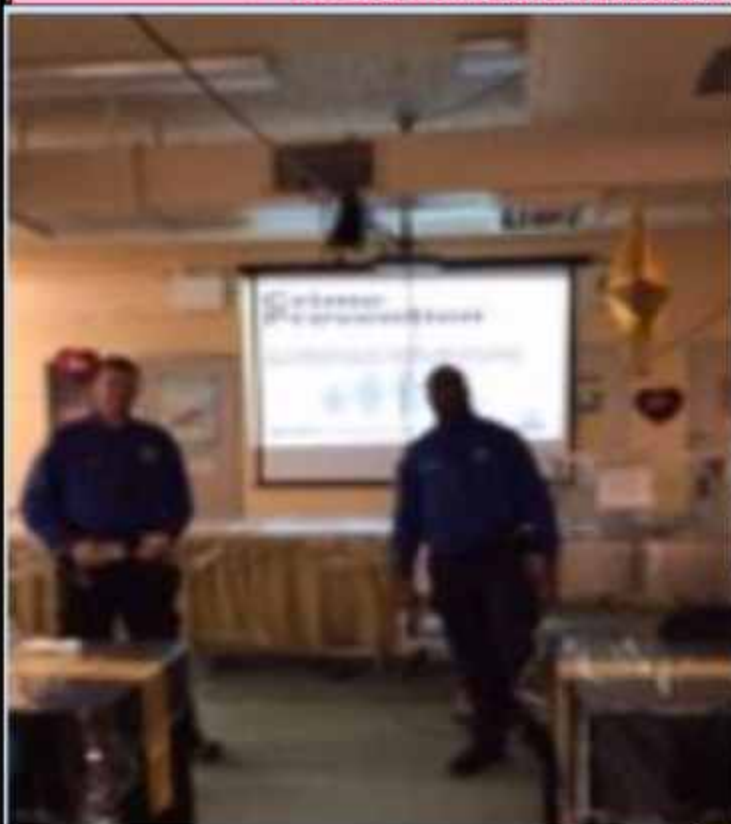
Triominos Deluxe

The Center Is Opened For The Whole Month Of March 2026

VALENTINE'S DAY CELEBRATION



POLICE PRECINCT & ASSEMBLY MEMBER MONIQUE C. WATERMAN'S PRESENTATION ON SCAM

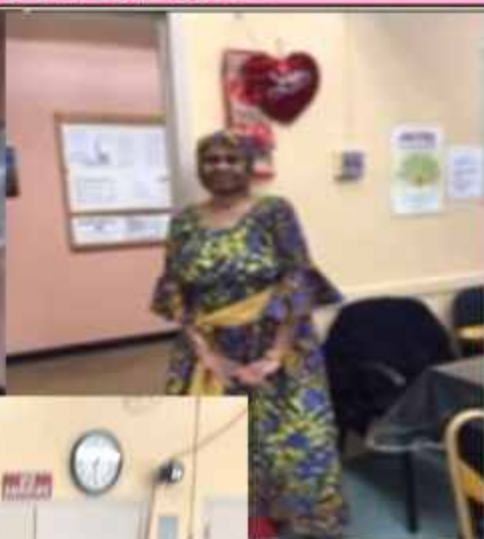


FEBRUARY'S BIRTHDAY CELEBRATION



FEBRUARY'S BIRTHDAY CELEBRANTS

BLACK HISTORY CELEBRATION



BEST WISHES TO OUR MARCH'S BIRTHDAY CELEBRANTS!



- | | |
|--------------------------|------------------------|
| David Robert 3/1 | Mary Lance 3/25 |
| Miriam Tulloch 3/1 | Ivan Dunkley 3/25 |
| Marie Jose Pyram 3/2 | Bertha Quinlan 3/25 |
| Barbara MacDougal 3/2 | Emrie Nakhid 3/25 |
| Ashton Bell 3/3 | Linton Marshall 3/25 |
| Wilma Ferdinand 3/3 | Delores Reid 3/27 |
| Allister Belgrave 3/3 | Janet McFee-Ifill 3/27 |
| Helen Morgan 3/4 | Iris Alleyne 3/27 |
| Glenmor Chambers 3/5 | Oswald James 3/28 |
| Seslie Brock 3/5 | Juan Mendez 3/28 |
| Jane Grandi 3/5 | Esther McMillan 3/28 |
| Joan Thomas 3/6 | Grace Gabriel 3/29 |
| Andrea Dublin 3/9 | Marcelle Moise 3/30 |
| Fay Vialva 3/13 | Marvine Johansen 3/30 |
| Rose Marie Nau 3/14 | Gwendolyn Demmons 3/10 |
| Hardat Singh 3/15 | Carmen McCoy 3/24 |
| Mary Lovett 3/15 | |
| Marlene Clarke 3/17 | |
| Aileen David 3/18 | |
| Frederica Evans 3/18 | |
| Hermine Hamilton
3/19 | |
| Elsa McCoy | |
| Sofya Shusterman 3/21 | |
| Sonia Weir 3/22 | |
| Jean Pike- Brown | |



Muchas Felicidades!

Glenwood OAC is a free program for individuals aged 60 and older; no insurance is required. Suggested meal contributions are appreciated as they help enhance the program and its activities. We value the contributions made by our members. Enjoy your time at the center!

ON THE CASE MANAGER'S BULLETIN BOARD

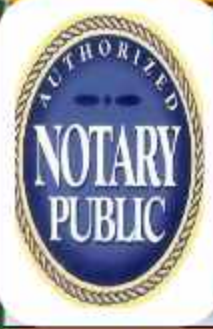
CASE ASSISTANCE - COMMUNITY INFORMATION & EVENTS

If you need assistance because you have difficulty getting around, are home isolated, or unable to come to the center, please ask to talk to Case Manager @ 718-241-7711



Do You Need Assistance To Notarize A Document – Please Call Mr. Lenox Hutson @ 718-251-5848

Also, Have A Valid ID And The Person Whose Document is Being Notarized Must Be Present With The ID.



File Your Taxes with NYC Free Tax Prep



If you earned \$97,000 or less with qualifying children and/or dependents, or \$68,000 without qualifying children and/or dependents in 2025, you can file for FREE with an IRS-certified VITA/TCE volunteer preparer. [See a checklist of what you need to file your 2025 tax return.](#)

NYC Free Tax Prep for Individuals and Families

New Yorkers who earned \$97,000 or less and file as an individual or married couple with qualifying children and/or dependents, or those who earned \$68,000 or less and file as an individual or married couple without qualifying children and/or dependents, are eligible to file through NYC Free Tax Prep. [Learn about free filing options.](#)

NYC Free Tax Prep for Self-Employed Filers

If you work for yourself as a freelancer, gig worker, or small business owner, you need to file taxes annually and make estimated tax payments quarterly. [Access free year-round resources.](#)

2ND ANNUAL TALENT CONNECT HIRING HALL

Connect directly with employers hiring now and planning ahead. Explore part-time, full-time, and project-based opportunities. Network with organizations that value experience and mature talent. Get connected to job search tools and career support resources.

Date: March 11, 2026

Time: 12 pm - 3 pm

Brooklyn Public Library-Central Branch
10 Grand Army Plaza
Brooklyn, NY 11238

SCAN TO REGISTER

OR

CLICK LINK BELOW

[Register now](#)

KINGS COUNTY SUPPLEMENTAL FOOD DISTRIBUTION

NYC
HEALTH+
HOSPITALS

Kings County



Commodity
Supplemental
FOOD PROGRAM

New York State Department of Health

COMMODITY SUPPLEMENTAL FOOD PROGRAM

FREE, FREE, FREE...
FREE GROCERY FOR
ALL SENIORS ONLY...!!!

- ⇒ **60 YEAR OR OLDER**
- ⇒ **RESIDENTS OF NEW YORK**
- ⇒ **LOW INCOME**

NOTE: IF YOU PICK UP AT NY COMMON PANTRY, or ISLAND HARVEST FOOD BANK NY, YOU ARE NOT ELEGIBLE.

IF YOU ARE 60 YEAR OR OLDER, PLEASE COME ON JOIN

March 5th, 2026 and Time: From 9:00 am to 10:30 am

To 5701 Avenue H, Brooklyn, NY, 11234

Catholic Charities Glenwood Senior Center

TO APPLY:

BRING WITH YOU THE FOLLOWING DOCUMENTS:

- ⇒ **PHOTO I.D.**
- ⇒ **PROOF OF AGE**
- ⇒ **2025 PROOF OF ADDRESS**
- ⇒ **2025 PROOF OF INCOME**

IF YOU HAVE ANY ADDITIONAL QUESTIONS PLEASE

CALL US 840 Alabama Ave, Brooklyn, NY. 11207

AT Phone Number 718-498-9208



In accordance with Federal law and U.S. Department of Agriculture (USDA) civil rights regulations and policies, this institution is prohibited from discriminating on the basis of race, color, national origin, sex (including gender identity and sexual orientation), age, disability, and reprisal or retaliation for prior civil rights activity. Program information may be made available in languages other than English. Persons with disabilities who require alternative means of communication for program information (e.g., Braille, large print, audiotape, and American Sign Language) should contact the responsible State or local Agency that administers the program or USDA's TARGET Center at (202) 720-2600 (voice and TTY) or contact USDA through the Federal Relay Service at (800) 877-8339. To file a program discrimination complaint, a complainant should complete a Form AD-3027, USDA Program Discrimination Complaint Form, which can be obtained online, at <https://www.usda.gov/sites/default/files/documents/ad-3027.pdf>, from any USDA office, by calling (866) 632-9992, or by writing a letter addressed to USDA. The letter must contain the complainant's name, address, telephone number, and a written description of the alleged discriminatory action in sufficient detail to inform the Assistant Secretary for Civil Rights (ASCR) about the nature and date of an alleged civil rights violation. The completed AD-3027 form or letter must be submitted to USDA by: mail: U.S. Department of Agriculture Office of the Assistant Secretary for Civil Rights 1400 Independence Avenue, SW Washington, D.C. 20250-9410; or fax: (833) 256-1665 or (202) 690-7442; or email: program.intake@usda.gov. This institution is an equal opportunity provider.

FRESH FRUITS & VEGETABLES DISTRIBUTION WITH THE CELESTIAL CHURCH OF CHRIST

CCNS GLENWOOD OAC

FRESH FRUITS & VEGETABLES DRIVE



Fresh Fruits And Vegetables Are Donated
By The Celestial Church Of God

**TUESDAYS OR WEDNESDAYS
DEPENDING ON AVAILABILITY**

Call Glenwood OAC (718-241-7711)

For More Info



Glenwood OAC is sponsored By The NYC Aging

NUTRITION EDUCATION MONTHLY POST

Easy Ways to... Add More Fruits and Vegetables to Your Meals

Brighten up your plate with colorful fruits and vegetables at every meal.

Breakfast



Mix fruit with yogurt, oatmeal or whole grain cereal.



Include vegetables in an omelet or egg sandwich.



Make a smoothie with leafy greens and frozen fruit.

Lunch and Dinner



Add vegetables to soups, stews or casseroles.



Mix vegetables with pasta, rice or couscous



Top tacos, pizzas and pita bread with vegetables.

Snacks



Enjoy fruit with peanut butter.



Add vegetables to half of a sandwich.



Serve fresh vegetables with a bean dip.

For healthy eating tips, like Eat Healthy, Be Active NYC on Facebook at [facebook.com/eatinghealthynyc](https://www.facebook.com/eatinghealthynyc).

For more information about Stellar Farmers Markets, visit nyc.gov and search for [farmers markets](#).

For healthy recipes, visit joyfruitveggies.org.

This material was funded by United States Department of Agriculture's (USDA) Supplemental Assistance Program (SNAP, SNAP formerly known as the Food Stamp Program (FSP) in New York, provides nutrition assistance to people with low incomes. It can help you buy nutritious foods for a better diet. To find out more, contact 800-340-3000 or go to myBenefits.ny.gov. USDA is an equal opportunity provider and employer. In accordance with Federal law and USDA policy, this institution is prohibited from discriminating on the basis of race, color, national origin, sex, age, religion, political beliefs or disability. To file a complaint of discrimination, write USDA, Director of Civil Rights, Room 326-W, Whitten Building, 1400 Independence Avenue, SW, Washington, D.C. 20250 or call 202-720-6964 (voice and TDD).

NYC
Health

Just Say *Yes* to Fruits and Vegetables

DAYLIGHT SAVING TIME BEGINS 2026

HAPPY SAINT PATRICK'S DAY 2026




The Legend of Saint Patrick

Saint Patrick was born in Britain a long time ago. As a young boy, he was captured by pirates and taken to Ireland.

In Ireland, Patrick was sold into slavery. He worked as a slave for six years. During this time, his job was taking care of sheep, or being a shepherd. Patrick's Christian faith grew during his captivity. He prayed often and felt that he was being called to teach the people of Ireland about Christianity.

Patrick finally escaped. He begged a ship captain to let him board the ship. He sailed on the ship for three days, then walked 200 miles, and finally reached his home and family.

After returning home, Patrick went to France and began learning to be a priest. He became Saint Patrick and went back to Ireland to preach the Gospel. St. Patrick taught the Irish people using some of their own symbols such as the shamrock. He baptized those who became believers. He is remembered as the patron saint of Ireland.



A cartoon illustration of Saint Patrick. He is depicted as an elderly man with a long white beard, wearing a green hat with a gold cross and a green robe with gold trim. He is holding a wooden staff with a gold ring at the top and a green shamrock in his right hand.

Sources: https://www.glenrock.com/pin/62754150967816612/visual-search/?topSource=glenrypoint=elocup_culture+search/ / <https://www.glenrock.com/pin/309107046961510730/>

GLENWOOD SENIOR CENTER STAFF

Samira Alieva	Vice President Of OAS
Ron Carson	Director Of Field Operations
Nadine Aspilaire	Program Manager
Vacant	Case Manager
Andra Daniel	Administrative Assistant
Gwen Moultrie	Head Cook
Vacant	Assistant Cook
Andre Fils Fresnel	Maintenance Worker
Julius Alford	Kitchen Aid

COMMITTEES:

Sunshine	-- Sonia Ryce, Inez Walters
Nutrition Chair person	--- Sonia Ryce, Daisy Barrett, Beulah Reid
Travel & Fundraising	--- Gardner G Weekes
Entertainment / music	--- Claire Brisport / Gardner Weekes/
Grievance	--- Gardner G Weekes / Sonia Ryce
Hostess	---- Ison, Hackett, Brisport, Ryce, Vialva

GLENWOOD ADVISORY BOARD MEMBERS

Gardner Weekes	-----	President Advisory Council
Carol Hackett	-----	VP Advisory Council
Vilma Griffith	-----	Treasurer
Fay Vialva	-----	Recording Secretary
Lucille Murray	-----	Sergeant at Arm
Sonia Chambers	---	Corresponding Secretary

Thank you to: Mireille Jean Noel - Claire Brisport - Vilma Griffith - Lenox Hutson - Gabriel Weekes - Beulah Reid - Daisy Barrett - Sonia Chambers, Sonia Ryce and to all the volunteers for their support of the center's activities.

Catholic Charities Neighborhood Services, Inc.

"Catholic Charities Brooklyn and Queens translates the Gospel of Jesus Christ into action by affirming the dignity and value of every person, especially the most vulnerable members of our diverse society. Catholic Charities develops effective responses to human need and joins with all people of good will in advocating for a social order that promotes justice and embraces human

Catholic charities Mission Statement

FUNDED BY THE NYC AGING

