

# Older Adult Services

Catholic Charities  
Brooklyn and Queens  
191 Joralemon Street  
Brooklyn, NY 11201

[WWW.CCBQ.ORG](http://WWW.CCBQ.ORG)

## **ABOUT CATHOLIC CHARITIES BROOKLYN AND QUEENS**

Since 1899, Catholic Charities Brooklyn and Queens has been providing quality social services to the neighborhoods of Brooklyn and Queens, and currently offers over 160 programs and services for children, youth, adults, seniors and the mentally ill. Catholic Charities is also one of the largest faith-based providers of affordable housing in New York City, providing 4,567 units of housing for low income seniors, families, and the formerly homeless throughout Brooklyn and Queens. For more information, visit our website at [www.ccbq.org](http://www.ccbq.org).



# 125+

YEARS OF CHANGING LIVES



## *Older Adult Services*

AGING IS JUST ANOTHER WORD FOR LIVING

**718.722.6001**



# Older Adult Services



**At Catholic Charities Brooklyn and Queens, aging is just another word for living.** Our extensive array of older adult programs are designed to ensure that seniors live full, active lives. All of our older adult services are designed to assist seniors in preserving their independence, in continuing to enjoy a fruitful life experience, and in accessing the spiritual and physical supports that are needed to live a life of happiness and independence.

# OUR PROGRAMS AND SERVICES FOR OLDER ADULTS

At Catholic Charities Brooklyn and Queens, we provide a full array of quality services for older adults – from the most active to the frailest. Catholic Charities' programs help older adults improve the quality of their lives and provide the support necessary so they can continue to remain active and healthy as they live in their own communities.

- **Older Adult Centers**
- **Services for the Homebound Elderly**
- **Social Adult Day Program for older adults diagnosed with Alzheimer's disease**
- **Bereavement Services**
- **Senior Housing**
- **Nursing Homes**
- **Home Care Services**
- **Virtual Programming**



# OLDER ADULT CENTERS

Funded by NYC Aging, our Older Adult Centers provide the following services to older adults age 60 and over:

- **Nutritious meals**
- **Healthy aging programs including exercise classes**
- **Entitlement and benefits counseling**
- **Computer classes**
- **Cultural activities and events**
- **Trips**
- **Transportation services**



## LOCATIONS

### **The Bay Older Adult Center**

3643 Nostrand Avenue  
Brooklyn, NY 11229

### **Bayside Older Adult Center**

221-15 Horace Harding  
Expressway  
Bayside, NY 11364

### **Catherine Sheridan Older Adult Center**

35-24 83<sup>rd</sup> Street  
Jackson Heights, NY 11372

### **DellaMonica-Steinway Older Adult Center**

23-56 Broadway  
Astoria, NY 11106

### **Glenwood Older Adult Center**

5701 Avenue H  
Brooklyn, NY 11234

### **Hillcrest Older Adult Center**

91-34 182nd Place,  
Jamaica, New York, 11423

**Howard Beach Older Adult Center**

155-55 Cross Bay Boulevard  
Howard Beach, NY 11414

**The Lodge Older Adult Center**

7711 18<sup>th</sup> Avenue  
Brooklyn, NY 11214

**Narrows Older Adult Center**

930 53<sup>rd</sup> Street  
Brooklyn, NY 11219

**Northside Older Adult Center**

179 North 6<sup>th</sup> Street  
Brooklyn, NY 11211

**Ozone Park Older Adult Center**

103-02 101<sup>st</sup> Avenue  
Ozone Park, NY 11416

**Pete McGuinness Older Adult Center**

715 Leonard Street  
Brooklyn, NY 11222

**Riverway Older Adult Center**

230 Riverdale Avenue  
Brooklyn, NY 11212

**Seaside Older Adult Center**

320 Beach 94<sup>th</sup> Street  
Rockaway Beach, NY 11693

**St. Charles Jubilee Older Adult Center**

55 Pierrepont Street  
Brooklyn, NY 11201

**St. Louis Older Adult Center**

230 Kingston Avenue  
Brooklyn, NY 11213

**Woodhaven - Richmond Hill Older Adult Center**

8902 91<sup>st</sup> Street  
Woodhaven, NY 11421

**Best Life Older Adult Center**

118-35 Farmers Blvd.  
St. Albans, NY 11412

**New Age Older Adult Center**

54 MacDonough Street  
Brooklyn, NY 11216



# SERVICES FOR THE HOMEBOUND ELDERLY

Our case management programs provide services in the home for the homebound elderly, including:

- **Care management plans**
- **Meals on Wheels (Home delivered meals)**
- **Assessment for homecare**
- **Support services to keep frail older adults living safely in their homes and community**



## LOCATIONS

### **Benson-Ridge Senior Services**

6823 Fifth Avenue  
Brooklyn, NY 11220

### **Geriatric Initiative Depression & Alcohol Abuse Screening & Assistance**

6823 5th Ave., 2nd Fl.  
Brooklyn, NY 11220

### **Northeast Queens Home Delivered Meals Program**

91-34 182 Place  
Jamaica, NY 11432

### **Southwest Queens Senior Services**

183-16 Jamaica Ave., 2nd Fl.  
Jamaica, NY 11423

### **Sheepshead Bay – Nostrand Supportive Services (NORC)**

3677 Nostrand Avenue, #3A  
Brooklyn, NY 11229



**Southwest Queens Home  
Delivered Meals Program**

103-02 101<sup>st</sup> Avenue  
Ozone Park, NY 11416

**Western Queens Home  
Delivered Meals Program**

89-18 Astoria Blvd.  
East Elmhurst, NY 11369

**Witnesses of Mercy Parish  
Volunteer Outreach Program**

The Witnesses of Mercy  
Program provides outreach to  
the elderly and homebound by  
parish based volunteers.



# **SOCIAL ADULT DAY PROGRAM FOR OLDER ADULTS DIAGNOSED WITH ALZHEIMER'S DISEASE**

Our Social Adult Day Program serves those age 60 and over who are diagnosed with Alzheimer's disease or related dementia. Programs offered to clients and their caregivers include:

- **Case management**
- **Supportive counseling**
- **Group activities**
- **Caregivers support groups**
- **Training workshops**
- **Information and referral services in a caring environment**





## LOCATION

**CCNS Social Adult Day  
Alzheimer's Program**  
190-04 119th Avenue  
St. Albans, NY 11412

# FAMILY HOME CARE SERVICES AND CARE AT HOME

**Family Home Care Services of Brooklyn and Queens and Care at Home, Diocese of Brooklyn, Inc.** are affiliates of Catholic Charities, which provide at-home care to over 2,500 elderly and disabled clients each year.

Services provided by Family Home Care Services include:



- Nursing supervision
- Personal care aide
- 24/7 supervision and case service management by a registered nurse

## **Family Home Care Services**

168 Seventh Street, Brooklyn, NY 11215  
Phone: 718-722-6001

Services provided by Care at Home include:

- Nursing supervision
- Free initial RN assessment
- Home health aide
- Personal care aide
- 24/7 supervision and case service management by a registered nurse

## **Care at Home, Diocese of Brooklyn, Inc.**

168 Seventh Street, Brooklyn, NY 11215  
Phone: 718-722-6001



# PROGRAMS AND SERVICES FOR EVERYONE!

Catholic Charities Brooklyn and Queens offers programs ranging from art and exercise classes to lectures, discussion groups, and other services. Caregivers can also find links to webinars and classes about caregiving issues at our Social Adult Day Care Program.

In addition, our staff members keep in touch with the seniors through streamlined communication tools that are user-friendly to seniors, including text, e-mail, and robocalls. Through this system, we are able to keep in close contact about entertainment and programming, event announcements, regular communication, doctor's appointment reminders and more. Communications are available in English, Spanish, Chinese and other languages as needed.

**For more information about monthly activities within a specific location, please contact the center directly or visit our website for a list of fun activities, outings and more.**

# SAINTS JOACHIM & ANNE NURSING AND REHABILITATION CENTER

Saints Joachim & Anne Nursing and Rehabilitation Center is a 200 bed non-profit, non-sectarian health care facility overlooking the Atlantic Ocean in historic Coney Island, Brooklyn. Our home provides compassionate care and a welcoming setting for both short-term and long-term care residents. Elderly who require 24-hour nursing care receive high quality nursing and medical care from board certified physicians. Services include:

- **Post-acute and short stay**
- **Long-term care**
- **Rehabilitation services**
- **Social work**
- **General medical care**
- **Recreation and medical sub-specialties**
- **Pastoral care**
- **Specialized diet**



**Saints Joachim & Anne Nursing and Rehabilitation Center** accomplishes its mission of promoting dignity, self-esteem and independence for its residents by offering.

- **Chapel with full-time Chaplain, regular masses and other religious services**
- **Oceanside café**
- **Beauty/barber salon**
- **Large landscaped garden overlooking the ocean**
- **Comfortable sitting in common and recreation areas**

**Saints Joachim & Anne Nursing and Rehabilitation Center**  
2720 Surf Avenue, Brooklyn, NY 11224  
Tel. 718-722-6001 | [www.ccbq.org/ssjoachim](http://www.ccbq.org/ssjoachim)



## **CATHOLIC CHARITIES BEREAVEMENT SERVICES PROGRAM**

**Catholic Charities Bereavement Services Program** serves bereaved individuals regardless of faith or culture. **Bereavement Services** are offered on a one-to-one basis as well as in a support group setting. **Bereavement Support Groups** meet in parishes of the Diocese and include Spanish-speaking groups.

# SENIOR HOUSING

**Catholic Charities** is the region's largest provider of affordable senior housing, currently offering 22 senior housing buildings with 2,186 units. Residents take part in a wide range of activities and events, including health fairs and workshops, providing residents with opportunities for education, socialization and recreation. Our residences also offer a vital link to social services and instill a sense of home, community and family.

Federally subsidized independent living is available for low-income seniors (62+) and mobility impaired adults.

Requests for an application must be made in writing to the central office, by contacting:

**Catholic Charities Progress of Peoples Management**  
191 Joralemon Street, Brooklyn, NY 11201

Housing Information/Waiting List Request:  
718-722-6001



## LOCATIONS

**Bishop Boardman Apartments**  
1615 8<sup>th</sup> Avenue  
Brooklyn, NY 11215

**Bishop Mugavero Apartments**  
29 Greene Avenue  
Brooklyn, NY 11238

**Catherine Sheridan Houses**

31-41 23<sup>rd</sup> Street  
Astoria, NY 11106

**David Minkin Residence**

5313 9<sup>th</sup> Avenue  
Brooklyn, NY 11220

**Fr. Richard Reder Senior  
Apartments**

238-11 Hillside Avenue  
Bellerose, NY 11426

**Holy Spirit Apartments**

4624 17<sup>th</sup> Avenue  
Brooklyn, NY 11204

**Mary Star of the Sea  
Apartments**

41 First Street  
Brooklyn, NY 11231

**Monastery Senior House**

715 St. John's Place  
Brooklyn, NY 11228

**Msgr. John O'Brien Apartments**

4112 Fort Hamilton Pkwy  
Brooklyn, NY 11219

**Msgr. Joseph Stedman  
Residence**

930 53<sup>rd</sup> Street  
Brooklyn, NY 11219

**Msgr. Mullaney Apartments**

4301 Eight Avenue  
Brooklyn, NY 11232

**Msgr. Thomas Campbell  
Apartments**

25-63 22<sup>nd</sup> Street  
Long Island City, NY 11102

**Mt. Carmel Apartments**

745 St. John's Place  
Brooklyn, NY 11228

**Peter J. Striano Residence**

155-55 Crossbay Boulevard  
Howard Beach, NY 11414

**Pierrepont House for the  
Elderly**

55 Pierrepont Street  
Brooklyn, NY 11201

**Pope John Paul II Apartments**

255 Ovington Avenue  
Brooklyn, NY 11209

**Rosary House**

78-01 30<sup>th</sup> Avenue  
Jackson Heights, NY 11370

**Sr. Lucian Apartments**

415 Bleecker Street  
Brooklyn, NY 11237

**St. Brendan's Houses**

1215 Avenue O  
Brooklyn, NY 11230

**St. Paul the Apostle Apartments**

55-06 99<sup>th</sup> Street  
Corona, NY 11368

**St. Pius V Senior Apartments**

105-20 Liverpool Street  
Jamaica, NY 11368

**St. Teresa of Avila  
Senior Housing**

549-555 St. John's Place  
Brooklyn, NY 11238