



CCNS GLENWOOD SENIOR CENTER

5701 AVENUE H, BROOKLYN, NY 11234 / T (718)241-7711 | Fx 929-292-0223

FEBRUARY 2026 ACTIVITIES CALENDAR

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
<p>2 9:30 - 10:30 Blood Pressure Screening / Monitoring - Claire – Sonia_ Maureen - Jocelyne - Mona 10:00 Spanish Group discussion Cora / Grace 11: –12 Strength exercise - Tommy 1:00– 2:30 Bingo - G. Weekes 2:00 – 3:00 Piano Lesson – I. Walters</p>	<p>3 10:00 – 11:00 Current Event Group Discussion*** Vilma / Claire 11:00 - 12:00 WHEEL OF FORTUNE 1:00 – 2:00 Yoga with Yvette 2:00 –3:00 –Computer Class – Florvil 2:00 – 3:00 Sewing Class – Ivil W.</p>	<p>4 10:00 - 11:00 Arts & Crafts 11:00- 12:00 Emergency Preparedness 1:00– 2:00 Men’s round table talk with Lenox 1:15– 2:30 Bingo - G. Weekes 3 - 4 triomino - domino - scrabble Card – ping pong - pool 3:00 – 4:00 WII Bowling, Tennis, Golf</p>	<p>5 10:00 – 11:00 -Poetic License – Claire / Vilma 11:00 - 12:00 Cardio Fusion with Yvette 1:00 – 2:00 Drama group - Lenox*** Card – Scrabble - domino 1:30 – 2:30 Choir rehearsal - Mr. Hill 2:00 – 3:00 Card – Scrabble - domino</p>	<p>6 - 10:00 Creole Current Event Group discussion – Mireille 10- 11 Painting Class - Flovil (Fofana) 11:00 - 12:00 TBA 1:00 – 2:00 Karaoke 2:00 –3:00 –Triomino - Connected For Card – Scrabble - domino -</p>
<p>9 9:30 - 10:30 Blood Pressure Screening / Monitoring - Claire – Sonia_ Maureen - Jocelyne - Mona 10:00 Spanish Group discussion Cora / Grace 11: –12 Strength exercise - Tommy 1:00– 2:30 Bingo - G. Weekes 2:00 – 3:00 Piano Lesson – I. Walters</p>	<p>10 10:00 – 11:00 Current Event Group Discussion*** Vilma / Claire 11:00 - 12:00 WHEEL OF FORTUNE 1:00 – 2:00 Yoga with Yvette 2:00 –3:00 –Computer Class – Florvil 2 – 4 :Triomino - Connected - Scrabble - domino - pool - ping pong</p>	<p>11 10:00 - 11:00 Arts & Crafts 11:00- 12:00 Qualification for assisted living eligibility - Four Seasons (Marie Jessy Michel 1:00– 2:00 Men’s round table talk with Lenox 1:15– 2:30 Bingo - G. Weekes 3 - 4 triomino - domino - scrabble Card – ping pong - pool 3:00 – 4:00 WII Bowling, Tennis, Golf</p>	<p>12 10:00 – 11:00 -Poetic License – Claire / Vilma 11:00 - 12:00 Island Rhythm with Yvette 1:00 – 2:00 Drama group - Lenox*** Card – Scrabble - domino 1:30 – 2:30 Choir rehearsal - Mr. Hill 2:00 – 3:00 Card – Scrabble - domino</p>	<p>13 10:00 Creole Current Event Group discussion – Mireille JN 10- 11 Painting Class - Flovil (Fofana) 11:00 - 12:00 TBA VALENTINE'S DAY CELEBRATION 1:00 – 2:30 Birthday celebration 2:00 –4:00 –Triomino - Connected For Card – Scrabble - domino - Cornhole</p>
<p>16 9:30 - 10:30 Blood Pressure Screening / Monitoring - Claire – Sonia_ Maureen - Jocelyne - Mona 10:00 Spanish Group discussion Cora / Grace 11: –12 Strength exercise - Tommy 1:00– 2:30 Bingo - G. Weekes 2:00 – 3:00 Piano Lesson – I. Walters</p>	<p>17 10:00 – 11:00 Current Event Group Discussion*** Vilma / Claire 11:00 - 12:00 Identity Theft - Scam - Precinct 53 Officer Carter / Assembly member Monique Chandler Waterman 1:00 – 2:00 Yoga with Yvette 2:00 –3:00 –Computer Class – Florvil</p>	<p>18 10:00 - 11:00 Ash Distribution 11:00- 12:00 NY Connects Bro - 1:00– 2:00 Men’s round table talk with Lenox 1:15– 2:30 Bingo - G. Weekes 3 - 4 triomino - domino - scrabble Card – 3:00 – 4:00 WII Bowling, Tennis, Golf ASH WEDNESDAY 2026</p>	<p>19 10:00 – 11:00 -Poetic License – Claire / Vilma 11:00 - 12:00 Cardio Fusion with Yvette 1:00 – 2:00 Drama group - Lenox*** 1:30 – 2:30 Choir rehearsal - Mr. Hill 2:00 –3:00 –Triomino - Connected For Card – Scrabble - domino - ping pong - pool</p>	<p>20 10:00 Creole Current Event Group discussion – Mireille 10- 11 Painting Class - Flovil (Fofana) 11:00 - 12:00 TBA 1:00 – 2:00 BIRTHDAY CELEBRATION 2:00 –3:00 –Triomino - Connected For Card – Scrabble - domino</p>
<p>23 9:30 - 10:30 Blood Pressure Screening / Monitoring - Claire – Sonia_ Maureen - Jocelyne - Mona 10:00 Spanish Group discussion Cora / Grace 11: –12 Strength exercise - Tommy 1:00– 2:30 Bingo - G. Weekes 2:00 – 3:00 Piano Lesson – I. Walters</p>	<p>2410:00 – 11:00 Current Event Group Discussion*** Vilma / Claire 11:00 - 12:00 New York-Presbyterian Hospital - Weight Management and Lifestyle 1:00 – 2:00 Yoga with Yvette 2:00 –3:00 –Computer Class – Florvil 2 – 4 :Triomino - Connected - Scrabble - domino</p>	<p>2510:00 - 11:00 Arts & Crafts 11:00- 12:00 Extended Care - New York Life (David Alleyne) 1:00 – 2:00 Men’s round table talk with Lenox 1:15– 2:30 Bingo - G. Weekes 2:00 –4:00 triomino - domino - scrabble 3:00 – 4:00 WII Bowling, Tennis, Golf</p>	<p>26 10:00 – 11:00 -Poetic License – Claire / Vilma 11:00 - 12:00 Island Rhythm with Yvette 1:00 – 2:00 Drama group - Lenox*** Card – Scrabble - domino 1:30 – 2:30 Choir rehearsal - Mr. Hill 2:00 – 3:00 Card – Scrabble - domino</p>	<p>27 - 10:00 Creole Current Event Group discussion – Mireille 10- 11 Painting Class - Flovil (Fofana) 11:00 - 12:00 TBA 1:00 – 2:00 BLACK HISTORY CELEBRATION 2:00 –3:00 –Triomino - Connected For</p>

MEN'S GROUP DISCUSSION – Spanish Group Discussion - FREE CONFERENCE CALL 667-770-1291 CODE 478644#

Older Adults - Breakfast \$1.00 / Lunch \$1.50 / Lunch Special \$2.00
Younger than 60 – Breakfast \$1.50 / Lunch \$3.00 / Lunch special \$3.50

Advisory Meeting – TBA
General Membership Meeting - TBA

Funded by the NYC Aging



HAPPY VALENTINE'S DAY 2026