

CCNS GLENWOOD SENIOR CENTER

5701 AVENUE H, BROOKLYN, NY 11234 / T (718)241-7711 | Fx 929-292-0223

SEPTEMBER 2024 ACTIVITIES CALENDAR

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
<p>2</p> <p>LABOR DAY CENTER IS CLOSED</p>	<p>3 10:00 – 11:00 Current Event Group Discussion*** Vilma / Claire 11:00 – 12:00 Wheel Of Fortune 1:00 – 2:00 Yoga with Yvette 2:00 – 3:00 –Computer Class – TBA 2:00 – 3:00 Sewing Class – Ivil W. 2 – 4 :Triomino - Connected – Scrabble - domino</p>	<p>4 10:00 – 11:00 Well Being with LMSW Courtlyn 11:00- 12:00 Housing Assistance / Section 8 (Marks Home Care- Sam Dove) 1:00– 2:00 Men’s round table talk with Lenox 1:15– 2:30 Bingo - G. Weekes 3 - 4 triomino - domino - scrabble Card – connected- Cornhole – ping pong - pool</p>	<p>5 10:00 – 11:00 -Poetic License – Claire / Vilma 11:00 – 12:00 Island Rhythm with Yvette 1:00 – 2:00 Drama group - Lenox*** Card – Scrabble - domino 1:30 – 2:30 Choir rehearsal – Mr. Hill 2:00 – 3:00 Card – Scrabble - domino</p>	<p>6 10:00 Creole Current Event Group discussion – Mireille 10- 11 Arts & Craft – Ms Pumkin & Ms Otey 10:00 – 11:00 TBA ADVISORY'S FRIENDS & FAMILY DAY 2:00 –4:00 –Triomino - Connected For Card – Scrabble - domino – Cornhole 2:00 – 3:00 Tai Chi for Arthritis – Madhavi</p>
<p>9 9:30 - 10:30 Blood Pressure Screening / Monitoring - Claire – Sonia_ Maureen - Mavis 10:00 Spanish Current Event Group discussion – Bianca 10:30 – 11:30 loom Knitting – Sonia Rice 11: –12 Strength exercise - Tommy 1:00– 2:30 Bingo - G. Weekes 2:00 – 3:00 Piano Lesson - Joan</p>	<p>10 10:00 – 11:00 Current Event Group Discussion*** Vilma / Claire 11:00 – 12:00 Crime Prevention – Precinct 63 - Navarro 1:00 – 2:00 Yoga with Yvette 2:00 –3:00 –Computer Class – TBA 2 – 4 :Triomino - Connected – Scrabble - domino – pool – ping pong</p>	<p>11 10:00 – 11:00 Well Being with LMSW Courtlyn 11:00- 12:00 Senior’s scam - SSNA M. Daniels 1:00– 2:00 Men’s round table talk with Lenox 1:15– 2:30 Bingo - G. Weekes 3 - 4 triomino - domino - scrabble Card – connected- Cornhole – ping pong - pool</p>	<p>12 10:00 – 11:00 -Poetic License – Claire / Vilma 11:00 – 12:00 Cardio Fusion with Yvette 1:00 – 2:00 Drama group - Lenox*** Card – Scrabble - domino 1:30 – 2:30 Choir rehearsal – Mr. Hill 2:00 – 3:00 Card – Scrabble - domino</p>	<p>13 10:00 Creole Current Event Group discussion – Mireille JN 10- 11 Arts & Craft – Ms Pumkin & Ms Otey 10:00 – 11:00 TBA BIRTHDAY CELEBRATION 2:00 –4:00 –Triomino - Connected For Card – Scrabble - domino - Cornhole 2:00 – 3:00 Tai Chi for Arthritis – Madhavi</p>
<p>16 9:30 - 10:30 Blood Pressure Screening / Monitoring - Claire – Sonia_ Maureen - Mavis 10:00 Spanish Current Event Group discussion – Bianca 10:30 – 11:30 loom Knitting – Sonia Rice 11: –12 Strength exercise - Tommy 1:00– 2:30 Bingo - G. Weekes</p>	<p>17 10:00 – 11:00 Current Event Group Discussion*** Vilma / Claire 11:00 – 12:00 Wheel Of Fortune 1:00 – 2:00 Yoga with Yvette 2:00 –3:00 –Computer Class – TBA 2:00 – 3:00 Sewing Class – Ivil W.</p>	<p>18 10:00 – 11:00 Well Being with LMSW Courtlyn 11:00- 12:00 Empowering Seniors To Manage Dementia with Confidence - CABS 1:00– 2:00 Men’s round table talk with Lenox 1:15– 2:30 Bingo - G. Weekes</p>	<p>19 10:00 – 11:00 -Poetic License – Claire / Vilma 11:00 – 12:00 Island Rhythm with Yvette 1:30 – 2:30 Choir rehearsal – Mr. Hill 2:00 –3:00 –Triomino - Connected For Card – Scrabble - domino – ping pong - pool</p>	<p>20 10:00 Creole Current Event Group discussion – Mireille 10- 11 Arts & Craft – Ms Pumkin & Ms Otey 10:00 – 11:00 TBA 1:00 – KARAOKE 2:00 –3:00 –Triomino - Connected For Card – Scrabble - domino - HISPANIC HERITAGE MONTH</p>
<p>23 9:30 - 10:30 Blood Pressure Screening / Monitoring - Claire – Sonia_ Maureen - Mavis 10:00 Spanish Current Event Group discussion – Bianca 10:30 – 11:30 loom Knitting – Sonia Rice 11: –12 Strength exercise - Tommy 1:00– 2:30 Bingo - G. Weekes</p>	<p>24 10:00 – 11:00 Current Event Group Discussion*** Vilma / Claire 11:00 – 12:00 Wheel Of Fortune 1:00 – 2:00 Yoga with Yvette 2:00 –3:00 –Mobile Device Class – TBA 2 – 4 :Triomino - Connected – Scrabble - domino</p>	<p>25 10:00 – 11:00 Well Being with LMSW Courtlyn 11:00- 12:00 Medicaid HomeCare First Chinese – (Rochelle) 1:00 – 2:00 Men’s round table talk with Lenox 1:15– 2:30 Bingo - G. Weekes 2:00 –4:00 triomino - domino - scrabble</p>	<p>26 10:00 – 11:00 -Poetic License – Claire / Vilma 11:00 – 12:00 Cardio Fusion with Yvette 1:00 – 2:00 Drama group - Lenox*** 1:30 – 2:30 Choir rehearsal – Mr. Hill 2:00 –3:00 –Triomino - Connected For Card – Scrabble - domino - ping pong - pool</p>	<p>27 10:00 Creole Current Event Group discussion – Mireille 10- 11 Arts & Craft – Ms Pumkin & Ms Otey 10:00 – 11:00 TBA COMMUNITY FAIR EVENT WITH PRECINCT 62 2:00 –3:00 –Triomino - Connected For Card – Scrabble - domino -</p>
<p>30 9:30 - 10:30 Blood Pressure Screening / Monitoring - Claire – Sonia_ Maureen - Mavis 10:00 Spanish Current Event Group discussion – Bianca 10:30 – 11:30 loom Knitting – Sonia Rice 11: –12 Strength exercise - Tommy 1:00– 2:30 Bingo - G. Weekes</p>	<p>MEN'S GROUP DISCUSSION – FREE CONFERENCE CALL 667-770-1291 CODE 478644#</p>	<p>Older Adults - Breakfast \$1.00 / Lunch \$1.50 / Lunch Special \$2.00 Younger than 60 - Breakfast \$1.50 / Lunch \$3.00 / Lunch special \$3.50</p>	<p>Ryder Post Office (Customer Service Supervisor Ms. Williams) - To purchase Stamps- Let the center know.</p>	<p>Advisory Meeting – TBA General Membership Meeting - TBA Funded by the NYC Department for the Aging</p>
<p>BELIZE'S INDEPENDENCE DAY 9/21</p>		<p>HAPPY LABOR DAY 2024</p>		