



# CCNS/SHEEPSHEAD-NOSTRAND NORC

## ACTIVITIES & EVENTS FOR March 2024

Monday	Tuesday	Wednesday	Thursday	Friday
<b><u>PLEASE NOTE: OUR PROGRAMS ARE SUBJECT TO CHANGE. PLEASE CALL THE SAME DAY FOR CONFIRMATION OR INFORMATION.</u></b> <b>NORC: 718-769-3579</b> <b>Kings Bay Library:718-368-1709</b>	FUNDED IN PARTNERSHIP WITH NYC COUNCIL AND NYC DEPARTMENT FOR THE AGING			<b>1)</b> 11:00-12:00 Blood Pressure at the Kings Bay Library
<b>4)</b> 11:00-12:00 Blood Pressure at the Kings Bay Library	<b>5)</b>	<b>6) 10:15-11:30 Handmade Jewelry &amp; Crafts workshop (KL)</b>	<b>7)</b> 	<b>8)</b> 11:00-12:00 Blood Pressure at the Kings Bay Library <b>9:45-10:45 “LIVING WELL WITH DIABETES’ Information and support group: session VI</b>
<b>11)</b> 11:00-12:00 Blood Pressure at the Kings Bay Library	<b>12)</b>	<b>13) 10:15-11:30 Handmade Jewelry &amp; Crafts workshop (KL)</b>	<b>14) 10-11 NORC Advisory Board Meeting</b>	<b>15)</b> 11:00-12:00 Blood Pressure at the Kings Bay Library 12:00-12:30 Health Presentation <b><u>“Tips for Taking Medicines Safely as you age”</u></b>
<b>18)</b> 11:00-12:00 Blood Pressure at the Kings Bay Library	<b>19) 10:00-2:00 FOOD STAMPS Assistance By appointment - help with new and pending cases</b>	<b>20) 10:15-11:45 Crocheting basics class (KL)</b>	<b>21) 10:00-11:00 Elder abuse presentation by Kings County District Attorney’s Office</b>	<b>22)</b> 11:00-12:00 Blood Pressure at the Kings Bay Library
<b>25)</b> 11:00-12:00 Blood Pressure at the Kings Bay Library <b>11:00-12:00 Virtual Loteria Mexican Bingo Bilingual Spanish/English- &amp; ‘stretch of the day’ activity</b>	<b>26)</b> 	<b>27) 10:15-11:30 Handmade Jewelry &amp; Crafts workshop (KL)</b>	<b>28)</b>	<b>29)</b> office closed

~LIVE LONG & PROSPER AT THE Sheepshead-Nostrand NORC~