

Riverway Older Adult Center
 230 Riverdale Avenue
 Brooklyn, NY 11212
 Phone 718-942-5345

CELEBRATING
125
 YEARS



February -2024
Daily Activities



<p>Monday</p> <p>10:00 AM – The Tommy Exp. Aerobics 11:00-Games Galore 12:00 PM–Lunch 1:30PM-Bingo Review 2:30PM-Social Hour</p>	<p>Tuesday</p> <p>10:00 AM –Social Circle 11:00 AM-Writing Project - Journals 12:00PM-Lunch 1:30PM-Tommy Experience Aerobics (In Person)</p>
<p>Wednesday</p> <p>10:00AM-Cardio Fusion w/Yvette 11:00AM- Let’s Talk (cafeteria) 12:00PM-Lunch 1:00PM – Riverway Chorus 2:00PM-</p>	<p>Thursday</p> <p>11:00AM – Fresh Fruit Smoothies Discussion 12:00PM – Lunch 1:00 PM- Computer Class 1:00PM-Yoga w/Ame (Class Room) 2:00PM-Arts &Crafts (All in person)</p>
<p>Friday</p> <p>10:00AM-Cultural Line Dancing (in Person) 11:00AM-Drawing 12:00PM –Lunch 2:00-Painting</p>	<p>Please Note: Lunch is now served from 12PM-1PM Donation <u>\$1.00</u> For Seniors 60 and over</p> <p><i>**Please Note Monthly Birthday Party & Ed Rec Afternoon sessions will all start at 2PM from now on</i></p>

Funded by NYC Aging

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Upcoming Events for February 2024

Presentations:

- Feb 1-Home Care Services Presentation w/Ruby @11AM
- Feb 8-DOHMH -Oral Health Webinar @11AM
- Feb 14-OakStreet Health w/Danielle @11AM
- Feb 14-Howard Newman-Jokercise@12:30PM
- Feb 21-CCNS Family Cares Homecare @11AM
- Feb 26-Oakstreet Health -Workshop@11AM

Special Events:

- Feb 14-Valentine's Day Social @1:30PM
- Feb 15-Birthday Party @2PM
- Feb 16-Valentine Bingo@1:30PM
- Feb 27-Welcome Breakfast to Welcome New Members@9:30AM
- Feb 27-Open Meeting@11AM
- Feb 28-Black History Reflections@11AM
- Feb 29-Health First Self Defense Class & Info about Medicare Savings Program@11AM

Center is closed on February 19th President's Day

You must make an appointment with Dorothy Craig for Case Assistance.

Transportation door to door to center has been reinstated. Please make sure you have a transportation application on file. You must make reservations by the day before. You can do one way or round trip. Sign- up sheet at front desk.

*****Remember transportation donation is now \$1.50 each way.