



Riverway Older Adult Center
230 Riverdale Avenue
Brooklyn, NY 11212
Phone 718-942-5345

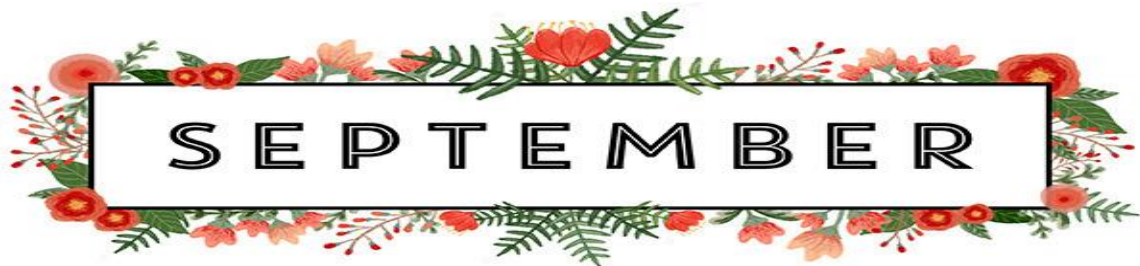
September -2023

Daily Activities



Monday 10:00 AM – The Tommy Exp. Aerobics Zoom id:2886368128 Password:993745 11:00-Google Health w/ Tablets (see Leticia) 12:00 PM–Lunch 1:30PM-Bingo Review 2:30PM-Social Hour	Tuesday 10:00 AM –Social Circle 11:00 AM-Games Galore 12:00PM-Lunch 1:30PM-Tommy Experience Aerobics (In Person)
Wednesday 10:00AM-Cardio Fusion w/Yvette Zoom id:2886368128 Password:993745 11:00AM- Let’s Talk (cafeteria) 12:00PM-Lunch 1:00PM – Riverway Chorus 2:00PM- Arts & Crafts	Thursday 11:00AM – Fresh Fruit Smoothies Discussion (September 28th)-Smoothie Demo 12:00PM – Lunch 1:00 PM- Computer Class 1:00PM-Yoga w/Ame (Class Room) 2:00PM-Jewelry Making (All in person)
Friday 10:00AM-Cultural Line Dancing (in Person) 11:00AM-Drawing 12:00PM –Lunch 2:00-Painting	Please Note: Lunch is now served from 12PM-1PM <i>**Please Note Monthly Birthday Party & Ed Rec Afternoon sessions will all start at 2PM from now on</i>

Funded by NYC Aging



Upcoming Events for September 2023

Presentations:

September 6th-Falls Prevention Presentation@11AM

September 11th-Google Health begins see Leticia for registration (only 10)

Must bring a tablet or phone to do class @11AM

September 13th-Brooklyn Community Services @11AM

September 20th -Oak Street Health @11AM

September 27th-Howard Jokercise presents: *James Brown* @11AM

Special Events:

September 21st-Birthday Party @ 2PM

September 29- All White Party @3PM-\$15 Please see Dorothy for tickets and payments

You must make an appointment with Dorothy Craig for Case Assistance.

Transportation door to door to center has been reinstated. Please make sure you have a transportation application on file. You must make reservations by the day before. You can do one way or round trip. Sign- up sheet at front desk.

*****Remember transportation donation is now \$1.50 each way.