



230 Kingston Ave. Brooklyn NY, 11213

ST. LOUIS OLDER ADULT CENTER ACTIVITY SCHEDULE  
May 2023

Tel:(718)771-7945

	Monday	Tuesday	Wednesday	Thursday	Friday
1	10:00 Walking Club 10:00 Ping Pong 11:00 Computer101(English) 12:30 Lunch 1:30 Zumba w/ Tommy 2:30 B.I.N.G.O.	2 10:00 Computer101 -(Chinese) 11:00 ESL- By Kim 12:30 Lunch 1:00 Dominoes 2:30 B.I.N.G.O.	3 10:30 Arts & Craft- By Ms. Garcia 11:00 Advisory Board Meeting 12:30 Lunch 1:30 Chair Exercise w/ Tommy 2:00 Open Meeting 2:30 B.I.N.G.O.	4 10:00 SUCASA Storytelling by Robin 10:00 Hearing Loss Presentation By Center for Hearing Comm (Virtual) 1:30 Lunch Tom Jones Impersonate By-Elder Plan	5 10:00 Choral Singing 11:30 Alert & Alive-by Michelle 12:30 Lunch 1:30 Line Dancing-w/ Yvette 2:45 Karaoke
8	10:00 Walking Club 10:00 Ping Pong 11:00 Computer101(English) 12:30 Lunch 1:30 Zumba w/ Tommy 2:30 B.I.N.G.O.	9 10:00 Computer101 -(Chinese) 11:00 ESL- By Kim 12:30 Lunch 1:00 Dominoes 2:30 B.I.N.G.O.	10 10:30 Arts & Craft- By Ms. Garcia 12:30 Lunch 1:30 Chair Exercise w/ Tommy 2:30 B.I.N.G.O.	11 10:00 SUCASA Storytelling by Robin 10:00 Hearing Aids Presentation By Center for Hearing Comm (Virtual) Lunch-Mother's Day Special	12 10:00 Choral Singing 11:00 To Fashion Show 3:00 Lunch 12:30 Karaoke
15	10:00 Walking Club 10:00 Ping Pong 11:00 Computer101(English) 12:30 Lunch 1:30 Zumba w/ Tommy 2:30 B.I.N.G.O.	16 10:00 Computer101 (Chinese) 11:30 Nutrition Workshop by Ms.Seleniyn (Virtual) 12:30 Lunch 1:00 Dominoes 1:30 Chair Exercise w/ Tommy 2:30 B.I.N.G.O.	17 10:30 Arts & Craft- By Ms. Garcia 12:30 Lunch 1:30 Celebration for Older Americans Month B.I.N.G.O.	18 10:00 SUCASA Storytelling by Robin 10:00 Timinus presentation By Center for Hearing Comm (Virtual) Lunch Adult Coloring	19 10:00 Choral Singing 11:30 Alert & Alive-by Michelle 12:30 Lunch 1:30 Line Dancing-w/ Yvette 2:45 Karaoke
22	10:00 Walking Club 10:00 Ping Pong 11:00 Computer101(English) 12:30 Lunch 1:30 Zumba w/ Tommy 2:30 B.I.N.G.O.	23 10:00 Computer 101 (Chinese) 11:00 ESL-by Kim 12:30 Lunch 1:00 Dominoes 2:30 B.I.N.G.O.	24 10:30 Arts & Craft- By Ms. Garcia 12:30 Lunch 1:30 Chair Exercise w/ Tommy 2:30 B.I.N.G.O.	25 10:00 SUCASA Storytelling by Robin Lunch May Birthday Celebration	26 10:00 Choral Singing 11:30 Alert & Alive-by Michelle 12:30 Lunch 1:30 Line Dancing-w/ Yvette 2:45 Karaoke
		30 10:00 Computer101 -(Chinese) 11:00 ESL- By Kim 12:30 Lunch 1:30 Community Input Pedestrian Safety Workshop by NYC DOT	31 10:30 Arts & Craft- By Ms. Garcia 12:30 Lunch 1:30 Chair Exercise w/ Tommy 2:30 B.I.N.G.O.		

Funded by Department for the Aging