

*St Louis Older Adults Center*

Come Attend our Mother's Day

**FASHION SHOW**

@ St. Louis Center



Friday, May 12<sup>th</sup>, 2023

11:00AM to 3:00PM

Live Jazz Band



*See our Beautiful Older Adults/mothers in their best outfits rock the runway, if you are a mother & are interested in being apart of the Fashion show please sign up at the office or with Ms. Hellen Denman.*

Nutrition Work Shop

May 16th (Tuesday)

@ 11:30AM (Virtual)

By Ms.Jennilyn J.Baptiste

**"Mouth Care"**

● **-Taking care of Teeth & Gums"**



**Do We Really Know  
How to Take Care of  
Our Teeth & Gums?**

Nat Wolford, B.A.



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## **Older Americans Month**

**Come together and celebrate Members 90's  
and above**

**@St.Louis Older Adults Center**

**On May 17<sup>th</sup>, 2023 (Wednesday) @12:30PM**

**With**

### **Special Lunch**

**Pork Spare Ribs**

**Glazed Sweet Potatoes**

**Steamed Collard Greens**

**Apples Juice**

**A.L.T. Baked Chicken**

**&**

**DJ Performance by Scott Soriano**

**From Center Plan**

# Seventh Annual Older Americans Celebration Fair *Aging Unbound*

Friday, May 19 / 10 AM–3 PM  
Central Library, 10 Grand Army Plaza



- MUSIC
- VENDORS
- SNACKS
- WORKSHOPS



*Also celebrating  
10 years of  
Creative Aging*

Painting created in Nigel Morgan's class

**Bklyn**  
Public Library

**Older Adults**

**Masks Encouraged**  
Fair in lobby if raining

The 2023 Older American Celebration Fair is made possible by Apple Bank and UnitedHealthcare. Creative Aging programs at Brooklyn Public Library are made possible with support from The Silts Family Foundation; Laura B. Vogler Foundation; Lifetime Arts with a grant from The Fan Fox and Leslie R. Samuels Foundation; Apple Bank, celebrating over 25 years in Brooklyn and 160 years of neighborhood banking in greater New York; and BPL Friends Groups, Private Funders, and Volunteers.





## Happy Birthday May

*Celebrate on May 25<sup>th</sup> (Thursday) with free cake*

1. Erma Johnson
2. Yashti Bentick
3. Deloras Ricks
4. Gloria Freeman
5. Charles Ngyou
6. Gerry Brewster
7. Mary Alfred
8. Yevgeniya Munblat
9. Larry Adams
10. Douglas Brown
11. Rogelio Parris
12. Janet Forrester
13. Hazel Emmanuel
14. Wilma Morgan
15. Cynthia Daly
16. Annie Thompson
17. Thomas Holley
18. Ronald Coleman
19. Donald Cannon
20. Phillip Green
21. Felicia Green

**MAY**

**BORN  
FACTS**

24/7	% DAILY VALUE
INTELLIGENT.....	110%
ROMANTIC.....	100%
LOYAL TO THE END.....	120%
PROBLEM SOLVING.....	95%
LIE DETECTING.....	110%
KINDEST IF TREATED WELL.....	200%
HANDSOME.....	1000%
DAILY VALUE MAY VARY	



# IMPROVE YOUR WALK

## COMMUNITY INPUT PEDESTRIAN SAFETY WORKSHOP



Join staff from the NYC Department of Transportation's Safety Education and Outreach unit for a two-hour workshop to discuss your traffic safety concerns in your neighborhood. Learn about DOT's engineering toolbox, make suggested improvements to specific streets and intersections and go on a walk near the OAC to get a better understanding of the walkability of your area.

- ✓ Learn Traffic Safety Design Tools
- ✓ Make Suggestions about Pedestrian Improvements

**Tuesday, May 30, 2023 | 2:00 to 4:00pm**

CCNS St Louis Older Adult Center  
230 Kingston Avenue  
Brooklyn, NY 11213

**NYC** Department for  
the Aging

