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**Riverway Older Adult Center**

**230 Riverdale Avenue**

**Brooklyn, NY 11212**

**Phone 718-942-5345**

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| **Monday**10:00 – The Tommy Exp. Aerobics**Zoom id:2886368128****Password:993745**12:30 –Lunch1:30PM-Bingo2:30-Social Hour  | **Tuesday**10:00-Walking Club -Begins May 9th 11:00-Games Galore12:30-Lunch1:30-Tommy Experience Aerobics  **(In Person)** |
| **Wednesday**10:00-Cardio Fusion w/Yvette**Zoom id:2886368128****Password:993745**11:00- Let’s Talk (cafeteria)12:30-Lunch1:30- Look at Ed Rec Schedule | **Thursday**11:00 – Coffee Chat with Courtlyn12:30 – Lunch1:00- Computer Class 1:00-Yoga w/Ame (Exercise Room) |
| **Friday**10:00-Cultural Line Dancing (in Person)11:00-Drawing12:30 –Lunch1:00PM- 3:00PM-Painting | **No More Grab N Go Meals****Only Congregate Meals** |

 MAY 2023 Daily

 Activities

**Funded by NYC Aging**



##

**Upcoming Events for May 2023**

**Presentations:**

**May 23 -Wellcare Health Plan -Art Activity @10:00AM**

**May 24-Brooklyn Community Services –(Tea w/Art)@11AM**

**May 24-CCBQ Health Presentation- Diabetes Don’t Sugar Coat It**

**May 30-Brooklyn Public Library presents: affordable Connectivity Program from 12-3PM**

**Special Events:**

**May 11-Mother’s Day Luncheon @12:30PM**

**May 12-Mother’s Day Tea Party @1:30pm**

**May 18-Post Mother’s Day Social w/ music @1:30PM**

**May 22-Older Adult’s Appreciation Breakfast @10:30AM**

**(must register w/ Leticia or Dorothy) Oak Street Health**

**May 25-Birthday Party@1:30PM**

**May 26-Older Adult’s Day Bingo Special @1:30PM**

**May 29th -Center is closed for Memorial Day**

**You must make an appointment with Dorothy Craig for Case Assistance.**

**There will be no door to door transportation this month.**

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