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**Riverway Older Adult Center**

**230 Riverdale Avenue**

**Brooklyn, NY 11212**

**Phone 718-942-5345**

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| **Monday**  10:00 – The Tommy Exp. Aerobics  **Zoom id:2886368128**  **Password:993745**  12:30 –Lunch  1:30PM-Bingo  2:30-Social Hour | **Tuesday**  10:00-Walking Club -Begins May 9th  11:00-Games Galore  12:30-Lunch  1:30-Tommy Experience Aerobics  **(In Person)** |
| **Wednesday**  10:00-Cardio Fusion w/Yvette  **Zoom id:2886368128**  **Password:993745**  11:00- Let’s Talk (cafeteria)  12:30-Lunch  1:30- Look at Ed Rec Schedule | **Thursday**  11:00 – Coffee Chat with Courtlyn  12:30 – Lunch  1:00- Computer Class  1:00-Yoga w/Ame (Exercise Room) |
| **Friday**  10:00-Cultural Line Dancing (in Person)  11:00-Drawing  12:30 –Lunch  1:00PM- 3:00PM-Painting | **No More Grab N Go Meals**  **Only Congregate Meals** |

MAY 2023 Daily

Activities

**Funded by NYC Aging**



## 

**Upcoming Events for May 2023**

**Presentations:**

**May 23 -Wellcare Health Plan -Art Activity @10:00AM**

**May 24-Brooklyn Community Services –(Tea w/Art)@11AM**

**May 24-CCBQ Health Presentation- Diabetes Don’t Sugar Coat It**

**May 30-Brooklyn Public Library presents: affordable Connectivity Program from 12-3PM**

**Special Events:**

**May 11-Mother’s Day Luncheon @12:30PM**

**May 12-Mother’s Day Tea Party @1:30pm**

**May 18-Post Mother’s Day Social w/ music @1:30PM**

**May 22-Older Adult’s Appreciation Breakfast @10:30AM**

**(must register w/ Leticia or Dorothy) Oak Street Health**

**May 25-Birthday Party@1:30PM**

**May 26-Older Adult’s Day Bingo Special @1:30PM**

**May 29th -Center is closed for Memorial Day**

**You must make an appointment with Dorothy Craig for Case Assistance.**

**There will be no door to door transportation this month.**

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