

January 2023 Presentations and Classes -Calendar // Enero 2023 Presentaciones y Clases - Calendario

Monday	Tuesday	Wednesday	Thursday	Friday
2	3	4	5	6
CLOSED 	<u>10:00 SAIL</u> 12:00 Lunch <u>1:00 BINGOCIZE</u> <u>2:30 Watercolor Painting w/ Helen</u>	10:00 Tai Chi <u>10:30 Jewelry Making w/ Miriam</u> 12:00 Lunch 1:00 BINGO	9:00 ESL Class <u>10:00 SAIL</u> 12:00 Lunch 1:00 BINGO- Tech Talk	9:00 ESL Class (onsite) <u>10:00 Wellcare Table</u> <u>10:30 Zumba (virtual)</u> <u>11:15 New Yrs Resolutions Sharing & History</u> 12:00 Lunch <u>1:00 BINGOCIZE</u>
9	10	11	12	13
10:00 Brain Teasers <u>10:30 Financial Literacy w/ Chase Bank</u> 10:30 Line Dancing 12:00 Lunch 1:00 BINGO <u>1:30 Beyond the Basics w/ Senior Planet</u>	<u>10:00 SAIL</u> 12:00 Lunch <u>1:00 BINGOCIZE</u> <u>2:30 Watercolor Painting w/ Helen</u>	10:00 Tai Chi 12:00 Lunch 1:00 BINGO- Health <u>1:30 Beyond the Basics w/ Senior Planet</u>	9:00 ESL Class <u>10:00 SAIL</u> 10:30 Health Presentation 12:00 Lunch 1:00 BINGO- Tech Talk	9:00 ESL Class (onsite) <u>10:00 Wellcare Table</u> <u>10:30 Zumba (virtual)</u> <u>10:00 Meditation Coloring</u> <u>11:00 Music/Vocal Chorus</u> 12:00 Lunch <u>1:00 BINGOCIZE</u>
16	17	18	19	20
CLOSED 	<u>10:00 SAIL</u> 12:00 Lunch <u>1:00 BINGOCIZE</u> <u>2:30 Watercolor Painting w/ Helen</u>	10:00 Tai Chi <u>10:30 Jewelry Making w/ Miriam</u> <u>11:00 Cooking Live w/ DFTA</u> 12:00 Lunch 1:00 BINGO <u>1:30 Beyond the Basics w/ Senior Planet</u>	9:00 ESL Class 10:00 SAIL 12:00 Lunch 1:00 BINGO- Tech Talk	9:00 ESL Class (onsite) <u>10:00 Wellcare Table</u> 10:00 Brain Teasers <u>10:30 Zumba (virtual)</u> <u>11:15 Fall Prevention</u> 12:00 Lunch <u>1:00 BINGOCIZE</u>
23	24	25	26	27
10:30 Line Dancing <u>10:30 Financial Literacy w/ Chase Bank</u> 12:00 Lunch <u>1:00 DJ & Birthday Party</u> <u>1:30 Beyond the Basics w/ Senior Planet</u>	 Volunteer Thank You Celebration <u>10:00 SAIL</u> 12:00 Lunch <u>1:00 BINGOCIZE</u> <u>2:30 Watercolor Painting w/ Helen</u>	10:00 Tai Chi 12:00 Lunch 1:00 BINGO- Health <u>1:30 Beyond the Basics w/ Senior Planet</u>	9:00 ESL Class 12:00 Lunch 1:00 BINGO-Trivia	9:00 ESL Class (onsite) <u>10:00 Wellcare Table</u> <u>10:30 Zumba (virtual)</u> <u>10:00 Meditation Coloring</u> <u>11:00 Music/Vocal Chorus</u> 12:00 Lunch <u>1:00 BINGOCIZE</u>
30	31			
10:00 Brain Teasers <u>10:30 Financial Literacy w/ Chase Bank</u> 10:30 Line Dancing 12:00 Lunch <u>1:00 DJ & Winter Decades Party</u> <u>1:30 Beyond the Basics w/ Senior Planet</u>	12:00 Lunch <u>1:00 BINGOCIZE</u> <u>2:30 Watercolor Painting w/ Helen</u>	<u>SPECIAL PRESENTATIONS AND EVENTS ARE UNDERLINED.</u> 	*VIRTUAL PROGRAMMING STREAMED TO SCREEN ON SITE AT THE CENTER.	Funded by the NYC Department for the Aging SCHEDULE SUBJECT TO CHANGE