



Riverway Senior Center
230 Riverdale Avenue
Brooklyn, NY 11212
Phone 718-942-5345



June 2022 Daily Activities

<p>Monday</p> <p>10:00 – The Tommy Exp. Aerobics <u>Zoom id:7648376476</u> <u>Pswd:TMX</u></p> <p>11:00-Meditation-Games/ Puzzles (alt) 12:30 –Lunch *1:30PM-Bingo Starts 6/13/22 *June 20th Center Closed for Juneteenth</p>	<p>Tuesday</p> <p>11:00-Exercise 11:00-Brain Tease (14th & 28th) 12:30-Lunch 1:30-Social Group</p>
<p>Wednesday</p> <p>10:00-Cardio Fusion w/Yvette Zoom id:2886368128 Password:993745 11:00AM- Let’s Talk 12:30-Lunch 1:30-Production</p>	<p>Thursday</p> <p>9:30-Walking Club starts 6/9/22@ Betsy Head Park 11:00 – Computer Class 12:30 – Lunch 1:30-Crafts</p>
<p>Friday</p> <p>10:00-Cultural Line Dancing 11:00-Drawing 12:30 –Lunch 1:00PM-Yoga w/AME (Zoom only) <u>Zoom id:8909472651</u> <u>Password:yoga</u></p> <p>2:00-Painting Class</p>	

Funded by the Department for the Aging



Upcoming Events for June 2022

Presentations:

June 7 – Legal Shield-Mr. Reed @ 12:30PM

June 10-Nutrition Education (*Water the Overlooked Nutrient*) @12PM (Zoom)

June 15-Brooklyn Community Services w/Lisa Medley @11AM

June 16- Catholic Charities Health-Rethink Your Drink @ 11:00AM

June 22-Juneteenth Discussion at 11:00AM

Special Events:

June 9 – CHER IMPERSONATOR SHOW @11AM

June 14– Ice Cream Social w/Scott Savino DJ @1:30PM (Raffle gift)

June 21- Welcome Breakfast w/Oak Street Health@ 10:00AM

June 23- Monthly Birthday Party @ 1:30PM

June 24-BBQ take home Dinner to honor Father's Day@12:45PM

You must make an appointment with Dorothy Craig for Case Assistance.

Please see Leticia or Mildred if interested in door to door Transportation. Must call the day before.