

JUNE 2022 ACTIVITY SCHEDULE

FUNDED BY THE NYC DEPT. FOR THE AGING

Grab & Go meals are available for pick up Mon-Fri from 11 am-1 pm

Congregate meals are available Mon-Fri from 12 pm – 1 pm.

MONDAY

- 10:30 am – Stretch & Strengthen w/Avion Edwards
- **10:30 am – Men's Discussion Group led by Bob Herald (art room)**
- 11:45am – Tai Chi w/Arthur Douse
- 1-3 pm – Folk Dancing w/Elaine Sohn – Last class is June 13th, resumes in September
- **1:30 – Art Appreciation with Ruth Rosenberg**
Mon. June 6 – Matisse – The Red Studio at the MoMA
Mon. June 13 – Louise Bourgeois at the MET
Mon. June 20 – Kara Walker at the National Gallery
Mon. June 27 – Nick Cave at the 42nd Street Subway

TUESDAY

- 10:30 am – Slow Flow Yoga w/Kristie Walsh
- **10:30 am – Urban Glass Mosaic Glass Workshop. THE LAST CLASS IS ON JUNE 21**
- **Documentary Tuesdays** @1:30pm – In honor of Pride Month, all the documentaries are about the LGBTQ+ community.
June 7 – Disclosure (Netflix, running time: 1:47) - A look at Hollywood's depiction of transgender people and the impact of this on American culture.
June 14 – A Secret Love (Netflix, running time:1:23) A former baseball player keeps her lesbian relationship a secret from her family for seven decades.
June 21 – Pray Away (Netflix, running time: 1:41) - Five evangelicals in the 1970s break away and form Exodus International, a group that claims that gay people can become straight through prayer and conversion therapy.
June 28 – Hating Peter Tatchell (Netflix, running time: 1:31) - The story of gay rights activist Peter Tatchell, from his early life to his fight for justice amid controversy and political turmoil.

- **June 28 - @1pm -Glass Blowing Workshop at Urban Glass.** Transportation is provided for less mobile seniors only.
- **June 28 @4pm – Mosaic Tile Workshop Reception at Urban Glass –** Enjoy the final works created by the students of the Mosaic Tile Workshop, sponsored by the Su Casa grant.

WEDNESDAY

- 10:30 am – Jazzercise with James Martinelli
- 11:45am – Tai Chi w/Arthur Douse
- **June 1 & 8** -1 pm – Art Class w/Roberta Louise
- **June 15 & 22** – 1pm – Writing Workshop with Lois Schwartz (art room)
- **June 29 @1:30pm – Birthday Party & General Membership Meeting**
HYBRID virtual and onsite: <https://zoom.us/meeting/tJEvdO-rqTsvGdz1FAlui7MXlojYve5DLXrt/ics?icsToken=98tyKuCtrDgsGdOVtRqPRowMAIjCM-nwtmJYjadHzTnEDzVaNS7OOu1IC6R6Rfz8>

THURSDAY

- 10:30am – Zumba w/Theodora Gilbert
- 1:30 pm – Film Studies – Contemporary movie selection

FRIDAY

- **11:30am - June 17 – Cataracts Prevention**, Health Mgt Lecture with Laine during lunch in the cafeteria
- 1:30pm - Film Studies– Classic movie Selection
- **June 24, 10 am – 5 pm – Snug Harbor** – A chartered bus to Snug Harbor, Staten Island to enjoy a guided tour of the Chinese Scholar Temple and independent tours of the Botanic Garden and Newhouse Center for Contemporary Art. The bus will pick up seniors at the center at 10 am and bring them back by 5 pm, depending on traffic. Lunch is not provided, but places to eat are available.