Older Adult Services

Catholic Charities Brooklyn and Queens 191 Joralemon Street Brooklyn, NY 11201

WWW.CCBQ.ORG

ABOUT CATHOLIC CHARITIES BROOKLYN AND QUEENS

Since 1899, Catholic Charities Brooklyn and Queens has been providing quality social services to the neighborhoods of Brooklyn and Queens, and currently offers over 160 programs and services for children, youth, adults, seniors and the mentally ill. Catholic Charities is also one of the largest faith-based providers of affordable housing in New York City, providing 4,330 units of housing for low income seniors, families, and the formerly homeless throughout Brooklyn and Queens. For more information, visit our website at www.ccbq.org.



Older Adult Services



At Catholic Charities Brooklyn and Queens, aging is just another word for living. Our extensive array of older adult programs are designed to ensure that seniors live full, active lives. All of our older adult services are designed to assist seniors in preserving their independence, in continuing to enjoy a fruitful life experience, and in accessing the spiritual and physical supports that are needed to live a life of happiness and independence.

2 CATHOLIC CHARITIES OLDER ADULT SERVICES

OUR PROGRAMS AND SERVICES FOR OLDER ADULTS

At Catholic Charities Brooklyn and Queens, we provide a full array of quality services for older adults – from the most active to the frailest. Catholic Charities' programs help older adults improve the quality of their lives and provide the support necessary so they can continue to remain active and healthy as they live in their own communities.

- Senior Centers
- Services for the Homebound Elderly
- Social Adult Day Programs for seniors diagnosed with Alzheimer's disease
- Bereavement Services
- Senior Housing
- Nursing Homes
- Home Care Services
- Virtual Programming



AGING IS JUST ANOTHER WORD FOR LIVING 3

SENIOR CENTERS

Funded by the NYC Department for the Aging, our Senior Centers provide the following services to seniors age 60 and over:

- Nutritious meals
- Healthy aging programs including exercise classes
- Entitlement and benefits counseling
- Computer classes
- Cultural activities and events
- Trips
- Transportation services



The Bay Senior Center 3643 Nostrand Avenue Brooklyn, NY 11229

Bayside Senior Center 221-15 Horace Harding Expressway Bayside, NY 11364

Catherine Sheridan Senior Center 35-24 83rd Street Jackson Heights, NY 11372 **DellaMonica-Steinway Senior Center** 23-56 Broadway Astoria, NY 11106

Glenwood Senior Center 5701 Avenue H Brooklyn, NY 11234

Hillcrest Senior Center
Currently at the
Bayside Senior Center
New Site Under Construction

Howard Beach Senior Center 155-55 Cross Bay Boulevard Howard Beach, NY

11414

The Lodge Senior Center 7711 18th Avenue Brooklyn, NY 11214

Narrows Senior Center 930 53rd Street Brooklyn, NY 11219

Northside Senior Center 179 North 6th Street Brooklyn, NY 11211

Ozone Park Senior Center 103-02 101st Avenue Ozone Park, NY 11416

Pete McGuinness Senior Center 715 Leonard Street Brooklyn, NY 11222

Riverway Senior Center 230 Riverdale Avenue Brooklyn, NY 11212

Seaside Senior Center 320 Beach 94th Street Rockaway Beach, NY 11693

St. Charles Jubilee Senior Center 55 Pierrepont Street Brooklyn, NY 11201

St. Louis Senior Center 230 Kingston Avenue Brooklyn, NY 11213

Woodhaven - Richmond Hill Senior Center 8902 91st Street Woodhaven, NY 11421



SERVICES FOR THE HOMEBOUND ELDERLY

Our case management programs provide services in the home for the homebound elderly, including:

- Care management plans
- Home delivered meals
- Assessment for homecare
- Support services to keep frail seniors living safely in their homes and community





Benson-Ridge Senior Services 6823 Fifth Avenue

6823 Fifth Avenue Brooklyn, NY 11220

Geriatric Initiative Depression & Alcohol Abuse Screening & Assistance

190-04 119th Avenue St. Albans, NY 11412

Northeast Queens Home Delivered Meals Program 168-01B Hillside Avenue Jamaica, NY 11432

Southwest Queens Senior Services 183-16 Jamaica Ave, 2nd Fl. Jamaica, NY 11423

Sheepshead Bay – Nostrand Supportive Services (NORC) 3677 Nostrand Avenue, #3A Brooklyn, NY 11229 **Southwest Queens Home Delivered Meals Program**103-02 101st Avenue
Ozone Park, NY 11416

Western Queens Home Delivered Meals Program 89-18 Astoria Blvd. East Elmhurst, NY 11369 Witnesses of Mercy Parish Volunteer Outreach Program

The Witnesses of Mercy Program provides outreach to the elderly and homebound by parish based volunteers.



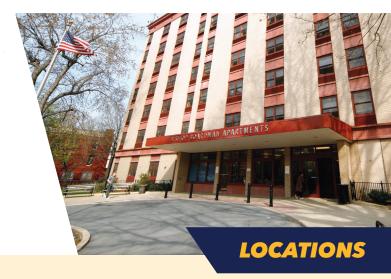
SOCIAL ADULT DAY PROGRAMS FOR SENIORS DIAGNOSED WITH ALZHEIMER'S DISEASE

Our Social Adult Day Programs serve those age 60 and over who are diagnosed with Alzheimer's disease or related dementia. Programs offered to clients and their caregivers include:

- Case management
- Supportive counseling
- Group activities
- Caregivers support groups
- Training workshops
- Information and referral services in a caring environment







CCNS Social Adult Day Alzheimer's Program 190-04 119th Avenue St. Albans, NY 11412 South Brooklyn Social Adult Day Alzheimer's Program 5701 Avenue H Brooklyn, NY 11234

FAMILY HOME CARE SERVICES AND CARE AT HOME

Family Home Care Services of Brooklyn and Queens and Care at Home, Diocese of Brooklyn, Inc. are affiliates of Catholic Charities, which provide at-home care to over 2,500 elderly and disabled clients each year.

Services provided by Family Home Care Services include:



- Nursing supervision
- Personal care aide
- 24/7 supervision and case service management by a registered nurse

Family Home Care Services 168 Seventh Street, Brooklyn, NY 11215 Phone: 718-722-6001

Services provided by Care at Home include:

- Nursing supervision
- Free initial RN assessment
- Home health aide
- Personal care aide
- 24/7 supervision and case service management by a registered nurse

Care at Home, Diocese of Brooklyn, Inc. 168 Seventh Street, Brooklyn, NY 11215 Phone:718-722-6001

VIRTUAL PROGRAMMING

Due to COVID-19 our Older Adult Centers and programs have moved our incredible activities and classes online. Older adults can now connect to their peers and attend classes and activities either online over platforms such as Zoom or in some cases, over the phone.

Catholic Charities Brooklyn and Queens virtual program offerings range from art and exercise classes to lectures, discussion groups, and other services. Caregivers can also find links to webinars and classes about caregiving issues at our Social Adult Day Care programs.

In addition, our staff members keep in touch with the seniors through streamlined communication tools that are user-friendly to seniors, including text, e-mail, and robocalls. Through this system, we are able to keep in close contact about entertainment and programming, event announcements, regular communication, doctor's appointment reminders and more. Communications are available in English, Spanish, Chinese and other languages as needed.

For more information about virtual activities within a specific location, please contact the center directly.

SAINTS JOACHIM & ANNE NURSING AND REHABILITATION CENTER

Saints Joachim & Anne Nursing and Rehabilitation Center is a 200 bed non-profit, non-sectarian health care facility overlooking the Atlantic Ocean in historic Coney Island, Brooklyn. Our home provides compassionate care and a welcoming setting for both short-term and long-term care residents. Elderly who require 24-hour nursing care receive high quality nursing and medical care from board certified physicians. Services include:

- Post-acute and short stay
- Long-term care
- Rehabilitation services
- Social work
- General medical care
- Recreation and medical subspecialties
- Pastoral care
- Specialized diet



Saints Joachim & Anne Nursing and Rehabilitation Center accomplishes its mission of promoting dignity, selfesteem and independence for its residents by offering.

- Chapel with full-time Chaplain, regular masses and other religious services
- Oceanside café
- Beauty/barber salon
- Large landscaped garden overlooking the ocean
- Comfortable sitting in common and recreation areas

Saints Joachim & Anne Nursing and Rehabilitation Center 2720 Surf Avenue, Brooklyn, NY 11224

Tel. 718-722-6001 | www.ccbq.org/ssjoachim



CATHOLIC CHARITIES BEREAVEMENT SERVICES PROGRAM

Catholic Charities Bereavement Services Program serves bereaved individuals regardless of faith or culture. **Bereavement Services** are offered on a one-to-one basis as well as in a support group setting. **Bereavement Support Groups** meet in parishes of the Diocese and include Spanish-speaking groups.

SENIOR HOUSING

Catholic Charities is the region's largest provider of affordable senior housing, currently offering 22 senior housing buildings with 2,186 units. Residents take part in a wide range of activities and events, including health fairs and workshops, providing residents with opportunities for education, socialization and recreation. Our residences also offer a vital link to social services and instill a sense of home, community and family.

Federally subsidized independent living is available for low-income seniors (62+) and mobility impaired adults.

Requests for an application must be made in writing to the central office, by contacting:

Catholic Charities Progress of Peoples Management 191 Joralemon Street, Brooklyn, NY 11201

Housing Information/Waiting List Request: 718-722-6001



Bishop Boardman Apartments 1615 8th Avenue Brooklyn, NY 11215 **Bishop Mugavero Apartments** 29 Greene Avenue Brooklyn, NY 11238

Catherine Sheridan Houses

31-41 23rd Street Astoria, NY 11106

David Minkin Residence

5313 9th Avenue Brooklyn, NY 11220

Fr. Richard Reder Senior Apartments

238-11 Hillside Avenue Bellerose, NY 11426

Holy Spirit Apartments

4624 17th Avenue Brooklyn, NY 11204

Mary Star of the Sea Apartments

41 First Street Brooklyn, NY 11231

Monastery Senior House

715 St. John's Place Brooklyn, NY 11228

Msgr. John O'Brien Apartments

4112 Fort Hamilton Pkwy Brooklyn, NY 11219

Msgr. Joseph Stedman Residence

930 53rd Street Brooklyn, NY 11219

Msgr. Mullaney Apartments

4301 Eight Avenue Brooklyn, NY 11232

Msgr. Thomas Campbell Apartments

25-63 22nd Street Long Island City, NY 11102

Mt. Carmel Apartments

745 St. John's Place Brooklyn, NY 11228

Peter J. Striano Residence

155-55 Crossbay Boulevard Howard Beach, NY 11414

Pierrepont House for the Elderly

55 Pierrepont Street Brooklyn, NY 11201

Pope John Paul II Apartments

255 Ovington Avenue Brooklyn, NY 11209

Rosary House

78-01 30th Avenue Jackson Heights, NY 11370

Sr. Lucian Apartments

415 Bleecker Street Brooklyn, NY 11237

St. Brendan's Houses

1215 Avenue O Brooklyn, NY 11230

St. Paul the Apostle Apartments

55-06 99th Street Corona, NY 11368

St. Pius V Senior Apartments

105-20 Liverpool Street Jamaica, NY 11368

St. Teresa of Avila Senior Housing

549-555 St. John's Place Brooklyn, NY 11238