About Catholic Charities Brooklyn and Queens

Since 1899, Catholic Charities Brooklyn and Queens has been providing quality social services to the neighborhoods of Brooklyn and Queens, and currently offers over 160 programs and services for children, youth, adults, seniors and the mentally ill. Catholic Charities is also one of the largest faith-based providers of affordable housing in New York City, providing 4,330 units of housing for low income seniors, families, and the formerly homeless throughout Brooklyn and Queens. For more information, visit our website at www.ccbq.org.
At Catholic Charities Brooklyn and Queens, *aging is just another word for living*. Our extensive array of older adult programs are designed to ensure that seniors live full, active lives. All of our older adult services are designed to assist seniors in preserving their independence, in continuing to enjoy a fruitful life experience, and in accessing the spiritual and physical supports that are needed to live a life of happiness and independence.

At Catholic Charities Brooklyn and Queens, we provide a full array of quality services for older adults – from the most active to the frailest. Catholic Charities’ programs help older adults improve the quality of their lives and provide the support necessary so they can continue to remain active and healthy as they live in their own communities.

- Senior Centers
- Services for the Homebound Elderly
- Social Adult Day Programs for seniors diagnosed with Alzheimer’s disease
- Bereavement Services
- Senior Housing
- Nursing Homes
- Home Care Services
- Virtual Programming

Our Programs and Services for Older Adults

Catholic Charities Older Adult Services

718.722.6001
SENIOR CENTERS

Funded by the NYC Department for the Aging, our Senior Centers provide the following services to seniors age 60 and over:

- Nutritious meals
- Healthy aging programs including exercise classes
- Entitlement and benefits counseling
- Computer classes
- Cultural activities and events
- Trips
- Transportation services

LOCATIONS

The Bay Senior Center
3643 Nostrand Avenue
Brooklyn, NY 11229

Bayside Senior Center
221-15 Horace Harding Expressway
Bayside, NY 11364

Catherine Sheridan Senior Center
35-24 83rd Street
Jackson Heights, NY 11372

DellaMonica-Steinway Senior Center
23-56 Broadway
Astoria, NY 11106

Glenwood Senior Center
5701 Avenue H
Brooklyn, NY 11234

Hillcrest Senior Center
Currently at the Bayside Senior Center
New Site Under Construction

Howard Beach Senior Center
155-55 Cross Bay Boulevard
Howard Beach, NY 11414

The Lodge Senior Center
7711 18th Avenue
Brooklyn, NY 11214

Narrows Senior Center
930 53rd Street
Brooklyn, NY 11219

Northside Senior Center
179 North 6th Street
Brooklyn, NY 11211

Ozone Park Senior Center
103-02 101st Avenue
Ozone Park, NY 11416

Pete McGuinness Senior Center
715 Leonard Street
Brooklyn, NY 11222

Riverway Senior Center
230 Riverdale Avenue
Brooklyn, NY 11212

Seaside Senior Center
320 Beach 94th Street
Rockaway Beach, NY 11693

St. Charles Jubilee Senior Center
55 Pierrepont Street
Brooklyn, NY 11201

St. Louis Senior Center
230 Kingston Avenue
Brooklyn, NY 11213

Woodhaven - Richmond Hill Senior Center
8902 91st Street
Woodhaven, NY 11421

AGING IS JUST ANOTHER WORD FOR LIVING
SERVICES FOR THE HOMEBOUND ELDERLY

Our case management programs provide services in the home for the homebound elderly, including:

- Care management plans
- Home delivered meals
- Assessment for homecare
- Support services to keep frail seniors living safely in their homes and community

LOCATIONS

Benson-Ridge Senior Services
6823 Fifth Avenue
Brooklyn, NY 11220

Geriatric Initiative Depression & Alcohol Abuse Screening & Assistance
190-04 119th Avenue
St. Albans, NY 11412

Northeast Queens Home Delivered Meals Program
168-01B Hillside Avenue
Jamaica, NY 11432

Southwest Queens Senior Services
183-16 Jamaica Ave, 2nd Fl.
Jamaica, NY 11423

Southwest Queens Home Delivered Meals Program
103-02 101st Avenue
Ozone Park, NY 11416

Western Queens Home Delivered Meals Program
89-18 Astoria Blvd.
East Elmhurst, NY 11369

Sheepshead Bay – Nostrand Supportive Services (NORC)
3677 Nostrand Avenue, #3A
Brooklyn, NY 11229

Witnesses of Mercy Parish Volunteer Outreach Program
The Witnesses of Mercy Program provides outreach to the elderly and homebound by parish based volunteers.
SOCIAL ADULT DAY PROGRAMS
FOR SENIORS DIAGNOSED WITH
ALZHEIMER’S DISEASE

Our Social Adult Day Programs serve those age 60 and over who are diagnosed with Alzheimer’s disease or related dementia. Programs offered to clients and their caregivers include:

- Case management
- Supportive counseling
- Group activities
- Caregivers support groups
- Training workshops
- Information and referral services in a caring environment
**FAMILY HOME CARE SERVICES AND CARE AT HOME**

Family Home Care Services of Brooklyn and Queens and Care at Home, Diocese of Brooklyn, Inc. are affiliates of Catholic Charities, which provide at-home care to over 2,500 elderly and disabled clients each year.

Services provided by Family Home Care Services include:

- Nursing supervision
- Personal care aide
- 24/7 supervision and case service management by a registered nurse

**Family Home Care Services**
168 Seventh Street, Brooklyn, NY 11215
Phone: 718-722-6001

Services provided by Care at Home include:

- Nursing supervision
- Free initial RN assessment
- Home health aide
- Personal care aide
- 24/7 supervision and case service management by a registered nurse

**Care at Home, Diocese of Brooklyn, Inc.**
168 Seventh Street, Brooklyn, NY 11215
Phone: 718-722-6001

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**VIRTUAL PROGRAMMING**

Due to COVID-19 our Older Adult Centers and programs have moved our incredible activities and classes online. Older adults can now connect to their peers and attend classes and activities either online over platforms such as Zoom or in some cases, over the phone.

Catholic Charities Brooklyn and Queens virtual program offerings range from art and exercise classes to lectures, discussion groups, and other services. Caregivers can also find links to webinars and classes about caregiving issues at our Social Adult Day Care programs.

In addition, our staff members keep in touch with the seniors through streamlined communication tools that are user-friendly to seniors, including text, e-mail, and robocalls. Through this system, we are able to keep in close contact about entertainment and programming, event announcements, regular communication, doctor’s appointment reminders and more. Communications are available in English, Spanish, Chinese and other languages as needed.

For more information about virtual activities within a specific location, please contact the center directly.
SAINTS JOACHIM & ANNE NURSING AND REHABILITATION CENTER

Saints Joachim & Anne Nursing and Rehabilitation Center is a 200 bed non-profit, non-sectarian health care facility overlooking the Atlantic Ocean in historic Coney Island, Brooklyn. Our home provides compassionate care and a welcoming setting for both short-term and long-term care residents. Elderly who require 24-hour nursing care receive high quality nursing and medical care from board certified physicians. Services include:

• Post-acute and short stay
• Long-term care
• Rehabilitation services
• Social work
• General medical care
• Recreation and medical subspecialties
• Pastoral care
• Specialized diet

Saints Joachim & Anne Nursing and Rehabilitation Center accomplishes its mission of promoting dignity, self-esteem and independence for its residents by offering:

• Chapel with full-time Chaplain, regular masses and other religious services
• Oceanside café
• Beauty/barber salon
• Large landscaped garden overlooking the ocean
• Comfortable sitting in common and recreation areas

CATHOLIC CHARITIES BEREAVEMENT SERVICES PROGRAM

Catholic Charities Bereavement Services Program serves bereaved individuals regardless of faith or culture. Bereavement Services are offered on a one-to-one basis as well as in a support group setting. Bereavement Support Groups meet in parishes of the Diocese and include Spanish-speaking groups.
SENIOR HOUSING

Catholic Charities is the region’s largest provider of affordable senior housing, currently offering 22 senior housing buildings with 2,186 units. Residents take part in a wide range of activities and events, including health fairs and workshops, providing residents with opportunities for education, socialization and recreation. Our residences also offer a vital link to social services and instill a sense of home, community and family.

Federally subsidized independent living is available for low-income seniors (62+) and mobility impaired adults.

Requests for an application must be made in writing to the central office, by contacting:

Catholic Charities Progress of Peoples Management
191 Joralemon Street, Brooklyn, NY 11201

Housing Information/Waiting List Request: 718-722-6001