



JULY 2021

Senior Voices

CATHOLIC CHARITIES NEIGHBORHOOD SERVICES
BAYSIDE SENIOR CENTER

221-15 Horace Harding Expressway, Bayside, New York 11364

Phone #: (718) 225 - 1144



July



DUE TO COVID-19 , CAPACITY AT CATHOLIC CHARITIES BAYSIDE SENIOR CENTER ARE LIMITED WITH SELECTED ACTIVITIES AT THIS TIME

NYC Department for the Aging



Zooming Along!

June 2021

JULY 2021

NYC Department for the Aging

Our Agency

The New York City Commission on Human Rights is a city agency within our local city government.

We're charged with the enforcement of the NYC Human Rights Law and with educating the public and encouraging positive community relations.

The Commission on Human Rights has 4 divisions:

- Law Enforcement Bureau
- Community Relations Bureau
- Office of Mediation and Conflict Resolution
- Office of the Chair

Question: Can you guess how many languages are spoken by the staff at our agency?

Basic Safety Tips
What can I do?

Crime Prevention Book For Seniors
A collection of tips for keeping you safe

Participants (31)

- Elizabeth Mui (me)
- Gia Ramsey (Host)
- Gia Ramsey (Co-Host)
- Heidi Matias (Co-Host)
- Alice LI
- Angillia Byer
- Arthur Douse
- Audrey Cohen
- Bob & Cheryl Berent
- Carol G.
- Claudia Reyna
- cynthia

Participants (24)

- Elizabeth Mui (me)
- Gia Ramsey (Host)
- Gia Ramsey (Co-Host)



WELCOME BACK



Dear Members,

We hope that you and your families are remaining healthy and safe during these unprecedented and still challenging times. In our reopening, our primary concern remains the health and well-being of our seniors, staff, vendors, volunteers and the greater Bayside community. Having reopened with limited capacity, selected activities, and Grab and Go meals on June 14th, 2021, Catholic Charities made the decision to remain with this process until further notice.

As we look forward to the upcoming weeks, our hope and expectation is that we will be able to resume as much pre-COVID activities as possible; and we are anxious to welcome our seniors, consultants, vendors and volunteers back to the center. The duration of getting back to normal will continue to be guided by national, state, local health officials, Catholic Charities, DFTA and their respective guidelines.

Bayside Senior Center is preparing for all scenarios, with our preparation efforts focused on welcoming our community back to the center at pre-COVID levels. This includes the implementation of public health control measures such as new levels of social distancing, cleaning and disinfection, the use of appropriate personal protective equipment if any, along with other necessary precautions as part of the ever changing landscape of senior services. We will continue to work to maintain our commitment to excellence in serving our seniors within the community through the modification of our learning platforms as needed, and so doing, will continue to strengthen the overall positive experiences for seniors at Bayside Senior Center.

We will continue to provide you with periodic updates. Please take care. Stay safe!

Sincerely,

Pang F. Chu, MMIS

Program Manager

Catholic Charities Bayside Senior Center

221-15 Horace Harding Expressway, Bayside, New York 11364

E-Mail: Pang.Chu@ccbq.org | www.ccbq.org

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JULY 2021

B A Y S I D E S E N I O R C E N T E R



Grab & Go Meals

MONDAY - FRIDAY FROM 12:30PM - 1:15 PM

***PLEASE CALL AND RESERVE YOUR MEALS TO BE
PICKED UP AT BAYSIDE SENIOR CENTER***

GRAB AND GO MEALS WILL BE LIMITED



MONDAY - FRIDAY

FROM 10:30AM - 12:00 PM

***PLEASE CALL AND RESERVE
SPACE WILL BE LIMITED***



WELCOME BACK



Queridos miembros,

Esperamos que usted y sus familias se mantengan saludables y seguros durante estos tiempos sin precedentes y aún desafiantes. En nuestra reapertura, nuestra principal preocupación sigue siendo la salud y el bienestar de nuestros adultos mayores, personal, proveedores, voluntarios y la gran comunidad de Bayside. Habiendo reabierto con capacidad limitada, actividades seleccionadas y comidas para llevar el 14 de junio de 2021, Caridades Católicas tomó la decisión de permanecer con este proceso hasta más adelante.

Mientras esperamos las próximas semanas, nuestra esperanza y expectativa es que podamos reanudar la mayor cantidad posible de actividades anteriores a COVID; y estamos ansiosos por dar la bienvenida al centro a nuestros adultos mayores, consultores, proveedores y voluntarios. Mientras que la duración del regreso a la normalidad seguirá siendo guiada por funcionarios de salud nacionales, estatales y locales, Catholic Charities, DFTA y sus respectivas pautas.

Bayside Senior Center se está preparando para todos los escenarios, con nuestros esfuerzos de preparación enfocados en dar la bienvenida a nuestra comunidad al centro en los niveles anteriores a COVID. Esto incluye la implementación de medidas de control de salud pública tales como nuevos niveles de distanciamiento social, limpieza y desinfección, el uso de equipo de protección personal apropiado, si lo hubiera, junto con otras precauciones necesarias como parte del panorama siempre cambiante de los servicios para personas mayores. Continuaremos trabajando para mantener nuestro compromiso con la excelencia en el servicio a nuestros adultos mayores dentro de la comunidad a través de la modificación de nuestras plataformas de aprendizaje según sea necesario, y al hacerlo, continuaremos fortaleciendo las experiencias positivas generales para los adultos mayores en Bayside Senior Center.

Continuaremos proporcionándole actualizaciones periódicas. Por favor cuídate.
¡Mantenerse a salvo!

Atentamente,

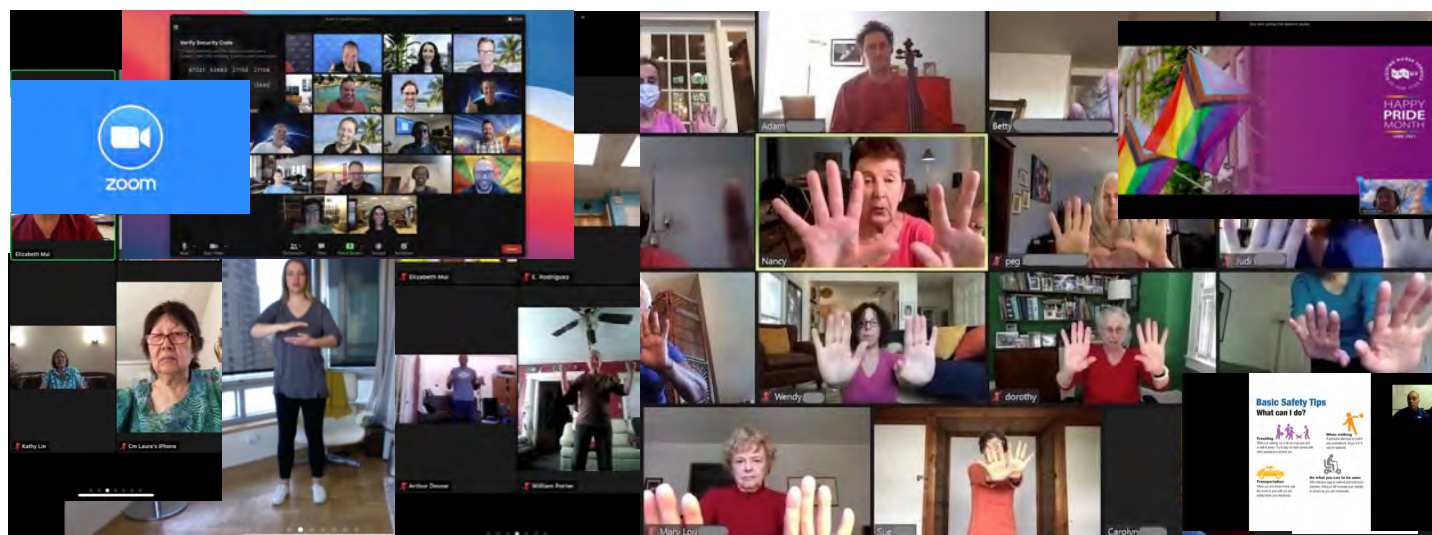




BAYSIDE SENIOR CENTER WILL CONTINUE WITH VIRTUAL PROGRAMING FOR SENIORS



IF INTERESTED, PLEASE CONTACT THE CENTER FOR DAILY SCHEDULE



NYC Department for the Aging

NYC Department for the Aging

NYC Department for the Aging



WELCOME BACK



親愛的會員

我們希望你及你的家人在這個疫情下都安全健康。在我們中心重新為大家服務之際，我們最關心的就是我們的老人家、工作人員、供應商、義工和貝賽社區。我們從 2021 年 6 月 14 重啟後開始只能接受有限數量的老人家來參與活動，而我們也只能供有限的活動以及提供飯餐外帶服務直至 Catholic Charities 作出另行通知。

我們希望未來的幾個星期內，可以為大家盡量提供像疫情爆發之前段的活動給大家。我們萬分期待與歡迎我們的老人家、活動導師、供應商以及義工們回來我們的中心。在準備恢復正常運作的期間，我們會謹慎地跟隨國家、州、地區政府的有關健康的部門，Catholic Charities 以及老人局所提工的指引作出安排。

貝賽老人中心努力地準備了很多不同的場景來歡迎大家回來。這些包括保持社交距離的指引、為中心進行清潔及消毒、使用適當的個人保護設備等等，用以預防影響我們所提供的服務。我們會承諾繼續為大家提供優秀的服務並增強貝賽老人中心的整體的正面體驗。

我們將會繼續為你們更新有關資訊。祝大家健康，保持安全!

BAYSIDE SENIOR CENTER



221-15 Horace Harding Expressway
Bayside, New York 11364

Phone: (718) 225-1144 Fax: (718) 229-7320

SENIOR CENTER STAFF



Pang Chu Program Manager
Kathy Lundgren Office Manager
Veronica Chow Case Manager
Yolanda De Martinez Custodian
Annmarie Payne Transportation Coordinator
Elizabeth Mui.....Recreational Coordinator

Henry Cadet Transportation
Laura Moy Kitchen Aide
Yung Ping Tam Kitchen Aide
Vincent Yuk Kitchen Aide



ADVISORY COUNCIL

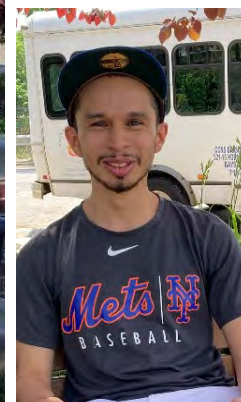
Officers:

Doris Polansky...President
Susan Hall ... Vice President
Pat Walton Treasurer
Leo Palumbo ... Secretary

Ellen Arnold
Rosa Farmer
Sally Pincus
Jane Chin

Members:

Rose Baskin
David Zirman
Carmela Pozzi
Fraternidad Sevilca



Catholic Charities Mission Statement

Catholic Charities Brooklyn and Queens translates the Gospel of Jesus Christ into action by affirming the dignity and value of every person, especially the most vulnerable members of our diverse society. Catholic Charities develops effective responses to human need and joins with all people of good will in advocating for a social order that promotes justice and embraces human development.



All Bayside Seniors have authorized the use of their photographs for the purposes of Agency marketing, fundraising and publication. Majority of newsletter pictures are taken by our own senior members.

Name: _____

FOURTH OF JULY WORD SEARCH

Circle each word from the list in the puzzle. The words can go in any direction.

F	I	R	E	W	O	R	K	S	N	G	B	C
I	N	Z	O	R	D	S	R	G	A	B	W	D
P	D	V	J	R	G	Y	F	O	J	U	L	Y
R	E	V	O	L	U	T	I	O	N	A	R	Y
F	P	O	F	B	H	F	B	M	G	P	H	N
O	E	S	G	F	O	U	R	T	H	V	D	S
O	N	U	T	G	Q	G	E	E	E	H	V	O
K	D	L	H	A	A	G	I	M	E	H	R	E
J	E	U	N	I	T	E	D	R	T	D	Y	U
D	N	Z	H	O	N	E	N	R	T	L	O	I
L	C	C	H	F	O	W	S	L	E	O	B	M
P	E	P	Q	G	W	B	R	I	T	A	I	N
D	F	G	H	R	T	Y	U	I	O	P	L	D

BRITAIN
FIREWORKS
FOURTH
FREEDOM
INDEPENDENCE

JULY
REVOLUTIONARY
STATES
UNITED



Fourth of July Word Search



(John) ADAMS
AMERICA
BOSTON
CELEBRATE
COLONIES
CONGRESS
CONSTITUTION
DECLARATION
DOCUMENT
FIREWORKS
FLAG
FOURTH

(Benjamin) FRANKLIN
FREEDOM
(Great) BRITAIN
(John) HANCOCK
HOLIDAY
INDEPENDENCE
(Thomas) JEFFERSON
JULY
LIBERTY
PARADE
PATRIOT
PHILADELPHIA

PICNIC
REVOLUTION
SALUTE
SIGN
SPEECHES
STARS
STRIPES
SUMMER
TAXES
TEA
(George)
WASHINGTON





INQUIRING MINDS WANT TO KNOW

JULY 2021

What is your favorite time of the year?

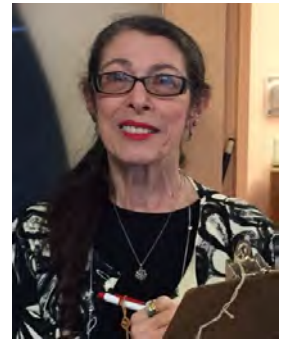
David Zirman—Enjoys weekends because it is his restful period.

Maria Fanelli—Enjoys springtime because everything is in bloom, the air is fresh and crisp and it is nice to see people come outside after the cold winter months.

Sally Pincus—Enjoys fall because it is time to wear sweaters and she goes to Philadelphia to be with family and their neighbors to happily celebrate her favorite holidays— Thanksgiving and Halloween.

Susan Dutton—likes fall because it is cool weather rather than hot and she sees people back from their vacation. Rose Baskin—Will see her grandchildren and great grandchildren more often and her daughter will get her out of the house by taking her to the supermarket.

I enjoy everyday because I can get up and have breakfast and go for a short walk and eventually go back to the Bayside Senior Center.



Advisory Council VP, Susan Hall



AMERICA
BLUE
CELEBRATE
FIREWORKS
FLAG
FOURTH
FREEDOM
HOLIDAY
INDEPENDENCE
JULY
PARADE
PICNIC
RED
STARS
STRIPES
SUMMER
UNITED
WHITE

4th of July

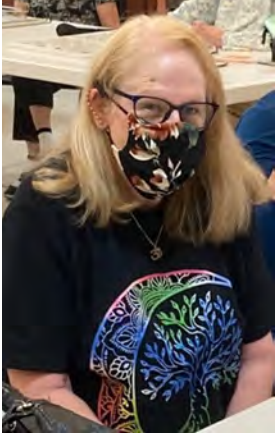
Q	F	V	S	J	S	F	A	C	O	F	E	K	S	Y
Q	K	I	P	U	O	R	X	C	R	A	K	C	X	A
R	U	K	R	U	M	E	A	E	I	T	G	G	E	D
J	R	C	R	E	K	M	E	T	R	R	G	P	Q	I
T	R	T	P	N	W	D	E	N	S	K	E	A	S	L
G	H	Q	I	P	O	O	O	R	R	N	D	M	W	O
K	A	H	C	M	P	A	R	A	D	E	E	C	A	H
O	S	Z	N	F	L	A	G	K	T	U	D	E	B	G
S	E	P	I	R	T	S	Y	I	S	L	T	L	X	L
Y	K	T	C	N	B	L	N	K	Z	B	H	E	Q	K
F	D	L	S	A	U	U	E	T	I	H	W	B	W	M
L	S	O	I	J	O	T	F	A	R	D	H	R	G	N
I	N	D	E	P	E	N	D	E	N	C	E	A	Z	R
Q	G	Q	Q	F	K	U	L	I	T	Z	V	T	U	S
E	Z	B	R	Z	S	Z	D	N	R	J	C	E	E	G

July 2021



Happy Recap!

June 2021



NYC Department for the Aging

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