



Health, Wellness & Community Day

Tues. Aug 20, 2019

11:30am – 3:00pm

P.S.106 1328 Putnam Ave, Brooklyn

It's a chance for networking, sharing information and plenty of family fun.

Lots of FREE GIVEAWAYS

*Back packs with School Supplies

D.J., Dancing and Fun

Zumba Demonstration: 12:30pm

Student performances by
Afterschool Program at PS 106
starting at 1:00pm

RAPP CLUB

DANCE CLUB

KID ZONE Activities

Raffle Drawing 2:45pm

Activities & Resource Tables:

- Affinity Health Plan
- Centers Adult Day Care
- Dept. of Public Service
- Four Seasons Healthcare Solutions: icy cart
- Healthplex, Inc: FREE Dental screenings
- NYC Office of Emergency Management
- Woodhull Hospital

- *Tips to make Eating Veggies Fun Demo*
- *Blood Pressure Screenings*
- *NY Life: Child Safety ID's*

Catholic Charities B&Q Programs:

- Community Program Services
- Integrated Health and Wellness
- Saint John XXIII Senior Services
- Glenwood Senior Center



FUNDING PROVIDED BY



Department of
Youth & Community
Development



For more info. about event or to register for Catholic Charities Afterschool Program at PS106 ~ contact Sasha 718-628-1905

**Sponsored by Catholic Charities Brooklyn and Queens Community Program Services
And CCNS Afterschool Program at PS 106**

***ALL GIVEAWAYS ARE ON A FIRST COME, FIRST SERVE BASIS WHILE SUPPLIES LAST!**

8/14/19