

# Workshops Session II - Journey to Healing: Grief, Compassion and Hope

	Title	Description	Presenter
1.	<b>Perinatal Bereavement-Pregnancy &amp; Early Infant Loss.</b>	Coping with pregnancy and early infant loss through sharing and understanding of feelings in the grief process.	<b>Ivy Diamond, MSW</b> Currently working at North Shore University Hospital as a Maternal Fetal Social Worker. Facilitates the Perinatal Bereavement Support Group and Pregnancy after loss Support Group.
2.	<b>The Grief of Children: A Journey towards Healing</b>	This workshop will explore the unique ways in which children grieve, focusing on the tasks of grief, developmental factors and strategies for coping.	<b>Susan Thomas, LSCW</b> Presently Bereavement Coordinator for the Center for HOPE, Cohen Children's Medical Center, Northshore LIJ.  Certified Thanatologist.  Certified Trauma and Loss Specialist working with Bereaved Children, adults and families for the past twenty-four years.  Presents at numerous local and national conferences.  Maintains a private practice in New Hyde Park, NY.
3.	<b>Becoming You: A Journey after your Parent Dies</b>	As Adult Children transition from their initial intense grief, this interactive workshop will be an opportunity for adult children to witness their personal growth while listening and sharing their grief journey, accomplishments and challenges.  Education and validation will be provided.	<b>Lorraine Fitzgerald, LCSW-R</b> Received her Masters of Social Work from Fordham University in 1996.  Bereavement Coordinator for comprehensive Community Hospice in Lake Success  She maintains her private practice, specializing in bereavement and loss issues, in Mineola and Garden City.
4.	<b>Re-finding Yourself After Losing a Spouse.</b>	This workshop addresses the challenges involved with reconnecting with yourself and the world after losing a spouse.	<b>Anne Chapman Kane, Ph.D.,</b> An alumna of St. John's University is a clinical psychologist who has been working with the dying and bereaved for over 35 years.  Her practice focuses on helping people cope with loss of all kinds.  She has written and lectured widely on these topics.
5.	<b>Art Therapy</b>	Emotional experience such as grief is encoded in our brain as an unconscious, sensory reality.  This makes it difficult to express our feelings on a conscious, verbal level.  Art making reveals these emotions through archetypal symbols and brings it to a conscious level where it can be seen, discussed and ameliorated.  It is the sensory process of making art that is transformative and therefore no artistic ability is required.	<b>Lori P. Marabella, Atr, LCAT</b> is a licensed and registered creative art therapist who currently works with the infirmed, elderly and their families, supporting them through the last stages of life.  She also has experience working with the psychiatric population.  Prior to pursuing her vocation, she enjoyed a successful twenty six year career as a graphic and exhibit designer.
6. (a)	<b>Building a Strong Bereavement Program.</b>	Building and facilitating a strong program at the Parish level.  Discover what is involved in setting-up or beefing-up a parish bereavement support program, includes planning, support groups, events, recruiting, training and resources	<b>Elaine Stillwell</b> Former Bereavement Coordinator for the Diocese of Rockville Center, N.Y. (1998-2010), guiding 134 parishes.  Founder and Chapter Leader of the Compassionate Friends of Rockville Center, a support group for bereaved parents and siblings (1987-present).  Columnist for Grief Digest (2001-present).
6 (b)	<b>What Helps the Most</b>	Elaine shares her gifts of hope and inspiration to cope and survive the loss of a child, simply telling what she has learned after losing her two oldest children in a car accident.	Author of Death of a Child: Reflections for Grieving Parents: Sweet Memories and a Forever Angel (for grieving children).  Nationally known keynote speaker and workshop presenter.
7.	<b>Am I Going Crazy?</b>	Explores many of the questions, confusing thoughts & emotions bereaved parents face as they discover their "New Normal." Offers practical strategies and coping tools.	<b>Diane Roscigno, LPN</b> Diana is a bereaved parent and facilitates Death of a Child support groups as the chapter leader of Bereaved Parents of the USA.  She is the author of I am Still His Mother. Grief: Is this Normal? Am I going crazy?
8	<b>Suicide and Traumatic Loss</b>	This workshop explores grief difficulties of suicide survivors & other traumatic losses who experience anger, guilt, confusion and isolation when others blame or avoid them rather than support & comfort.	<b>William Feigelman, Ph.D., &amp; Beverly Feigelman</b> are survivors of 2002 suicide of their son, facilitators of a survivors of suicide support group and authors of forthcoming book "Devastating losses: How parents adapt after a suicide or drug death"
9.	<b>Spirituality &amp; Loss</b>	Finding Meaning In Suffering The presenter will examine some theological resources that are available when one's world has been ripped apart.	<b>Marilyn Martone, Ph.D</b> Senior Fellow of Vincentian Center for Church & Society.  2002 recipient of NEH Fellowship on "Justice, Equality and the "Challenge Of Disability"  2007 Recipient of Fellowship in Medical Ethics & Disability at Weill Cornell Medical College & hospital for special surgery.
10	<b>Child &amp; Adolescent Responses to Death &amp; Loss</b>	This workshop will discuss the developmentally appropriate responses of children and adolescents to death and loss along with the roles that school personnel and parents can play in supporting the individual through the grieving process.	<b>Dr. Robert Eschenauer</b> In addition to being the proud father of 5 children Dr. Eschenauer has worked with children and adolescents for more than 35 years in both the NYC Dep't of Education (as a teacher, ED evaluator and psychologist) and his private practice as a mental health counselor.  He has been a counselor educator in higher education for over 30 years.
<b>AM Key Note Speaker</b>	<b>"Living and Dying with Faith and Hope"</b>	What impact does a deep awareness of our own mortality have upon our spirituality? What sustains Christian hope even in the face of death? How do our efforts to live holy, virtuous lives connect with how we accompany others in their dying and how we face death ourselves?  Dr. Christopher P. Vogt addresses these and other questions by drawing upon the centuries-old <i>Ars Moriendi</i> (Art of Dying) tradition and the best of contemporary theological scholarship.	<b>Christopher P. Vogt, Ph.D.,</b> Associate Professor of Moral Theology, St. John's College of Liberal Arts and Sciences, St. John's University and the author of Patience, Compassion, Hope and the Christian At of Dying Well.
	<b>Plenary Panel</b>		
	<b>Faith, Culture and Grief</b> <b>"The world is here" is the introduction to the Diocese of Brooklyn, a diocese of multi-cultural, multi-faith families, communities and churches. Additionally, many people in Brooklyn and Queens experience grief in a culture different from the country of their birth and where they may have first encountered death and loss. This panel addresses how faith and culture, and its mores, values, customs and ethnicity, may shape how we cope with grief as individuals and as communities.</b>		
	<b>Panelists:</b>		
	<b>Rev. Stephen Pietrowski, M.Div., LMSW,</b> is a priest of the Diocese of Rockville Center, serving as an associate pastor in St Patrick's Church in Bayshore, NY. Father Steve earned a Master's degree in Social Work from Adelphi University and has completed several post graduate courses toward a Ph.D. in Hospital Administration. He is a frequent speaker and consultant. As both a priest and a mental health professional, he has ministered at countless funerals and in private counseling to bereaved families for nearly 20 years. Following the September 11, 2001 attacks in NY, Father Steve, like so many clergy and religious, helped to minister to many victim's families and survivors of the tragedies.		
	<b>Jean B. Tropnas, M.D.,</b> is a Board Certified Psychiatrist who is an Clinical Assistant Professor of Psychiatry at SUNY Downstate Medical Center where he treats outpatients, supervises psychiatric residents and teaches psychiatry to medical students. He founded the Haitian-American Psychiatric Association (HAPA) in 1986. Following the January 2010 earthquake disaster in Haiti, Dr. Tropnas and a team of health professions reached out to the Brooklyn Haitian Community providing grief counseling, crisis intervention, education and referrals. He has also traveled to Haiti participating in the relief efforts, offering support and consultations to patients, their providers, students and teachers. at hospitals and homeless camps. For these efforts the American Psychiatric Association awarded him the 2010 <i>Profile of Courage</i> Award. Dr. Tropnas graduated from the State University Medical School in Port-au-Prince, Haiti and completed his Psychiatric Residency at Kings County Hospital/Downstate Medical Center, Brooklyn NY.		
	<b>Carmen I., Vazquez, Ph.D., ABPP</b> is a Board Certified clinical and forensic clinical psychologist. For over 25 years she has dedicated her clinical work, research, teaching and writing to helping people cope with the challenges of multicultural living. Her latest book, <b>Grief Therapy with Latinos</b> is a graduate textbook and clinical reference book for understanding and treating grief in the context of Latino Culture. Dr. Vazquez is a Clinical Professor in Psychiatry at New York University School of Medicine, and has a private practice in New York City. She has received many honors and awards and is the author of several books and articles that are resources for cross-cultural and immigrant mental health. She holds a Ph.D. from City University's APA approved program in Clinical Psychology.		
	<b>Moderator: Rafael A. Javier, Ph.D.,</b> Professor of Psychology and the Director Inter-agencies Training and Research Initiatives and the Post-Graduate Professional Programs at St. John's College of Liberal Arts and Sciences.		
<b>PM Key Note Speaker</b>	<b>"Honor Your Loved One's Life by Living Yours"</b>	As a father who lost his 17 year old on in an auto accident, Ron Villano's message begins with the heart to see a path through the darkness of grief.  His talk will include: Living your life is their gift to you; the three most powerful words you can use each day; and feeling good begins one moment a time.	<b>Ron Villano, M.S., LMHC, ASAC,</b> licensed psychotherapist, national speaker and author of <b>The Zing</b> .